

 **HL IB Biology**
Your notes

Water Potential

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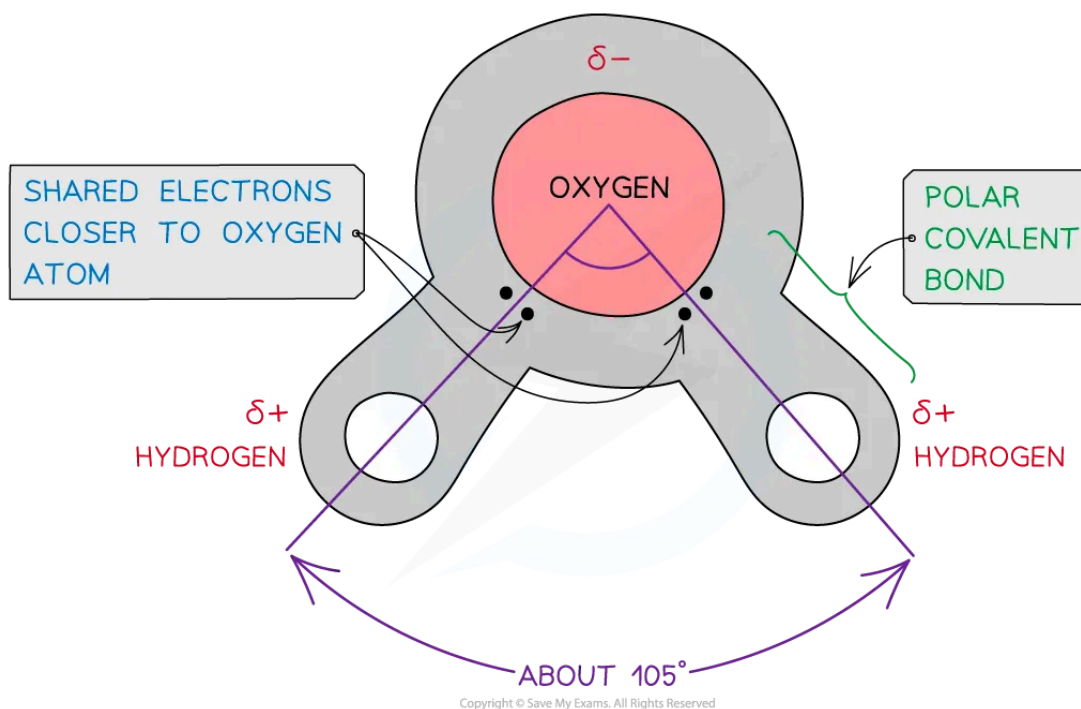
Your notes

Osmosis

Solvation & Water

- A solution typically consists of a solute dissolved in a solvent
- Water is a **very good solvent** because it is dipolar
 - The hydrogen side of the molecule is slightly positive while the oxygen side is slightly negative
- This enables water molecules to form **hydrogen bonds** with other **polar** solute molecules and ions
- Hydrogen bonding between water molecules is also considered at the start of the course, the notes can be found [here](#)
- The interaction between a solvent, such as water, and a solute is known as **solvation**

Hydrogen bond and electron arrangement in water diagram



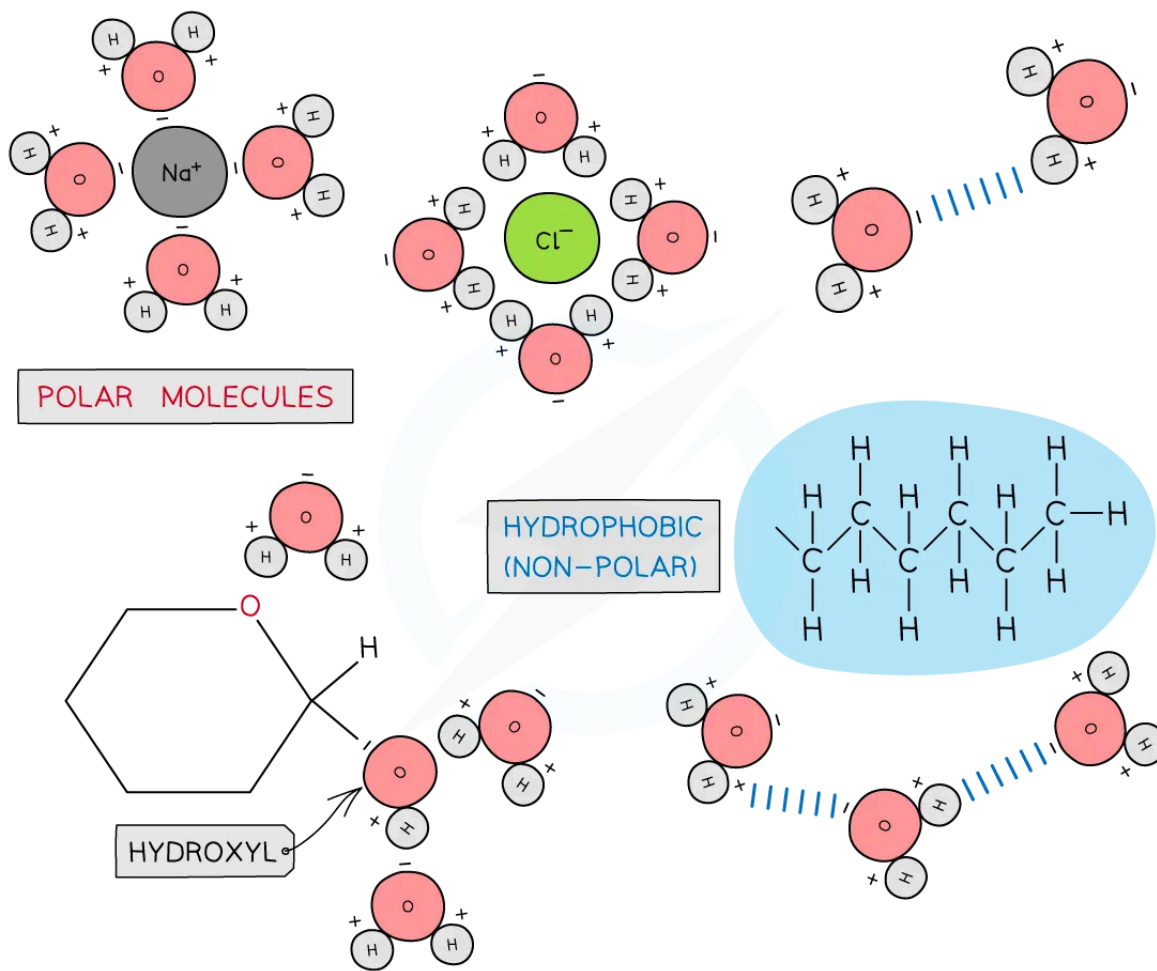
Water molecules are dipolar because electrons are distributed unevenly between the hydrogen and oxygen atoms

- Polar solvents, such as water, can orientate themselves towards polar solutes and ions to form hydrogen bonds or ion-dipole forces
 - This creates **hydration shells** around each solute particle

Dipolar nature of water diagram



Your notes



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The dipole nature of water molecules allow them to form hydration shells around polar solutes and ions

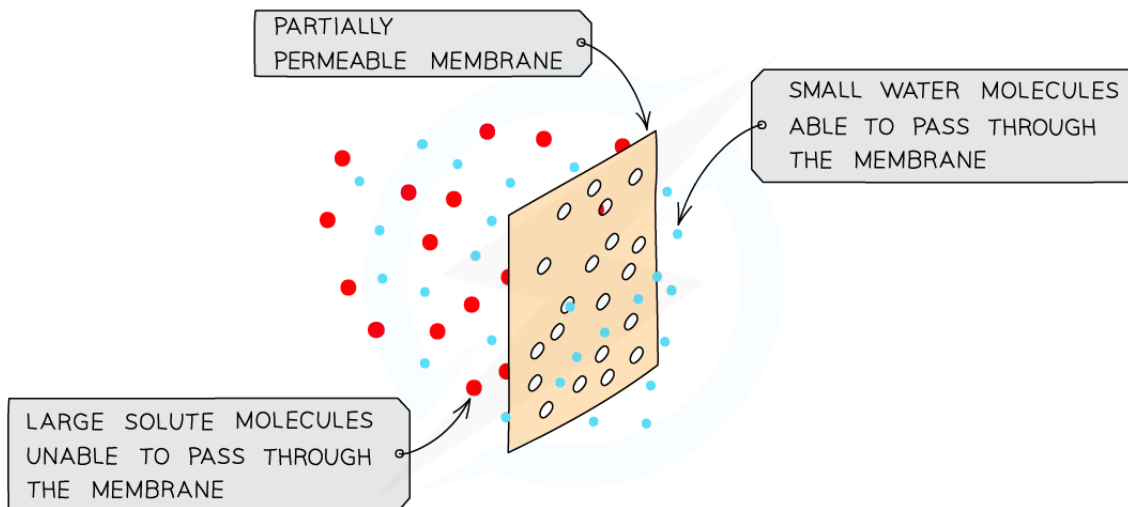


Your notes

Water Movement in Solutions

- All cells are surrounded by a cell membrane which is **partially permeable**
- Water can move in and out of cells by **osmosis**
- Osmosis is the **diffusion of water molecules** from a less concentrated (dilute) solution to a more concentrated solution across a partially permeable membrane
 - In doing this, water is moving down its **concentration gradient**
- The cell membrane is partially permeable which means it **allows small molecules (like water) through** but not larger molecules (like solute molecules)

Partially permeable membrane diagram



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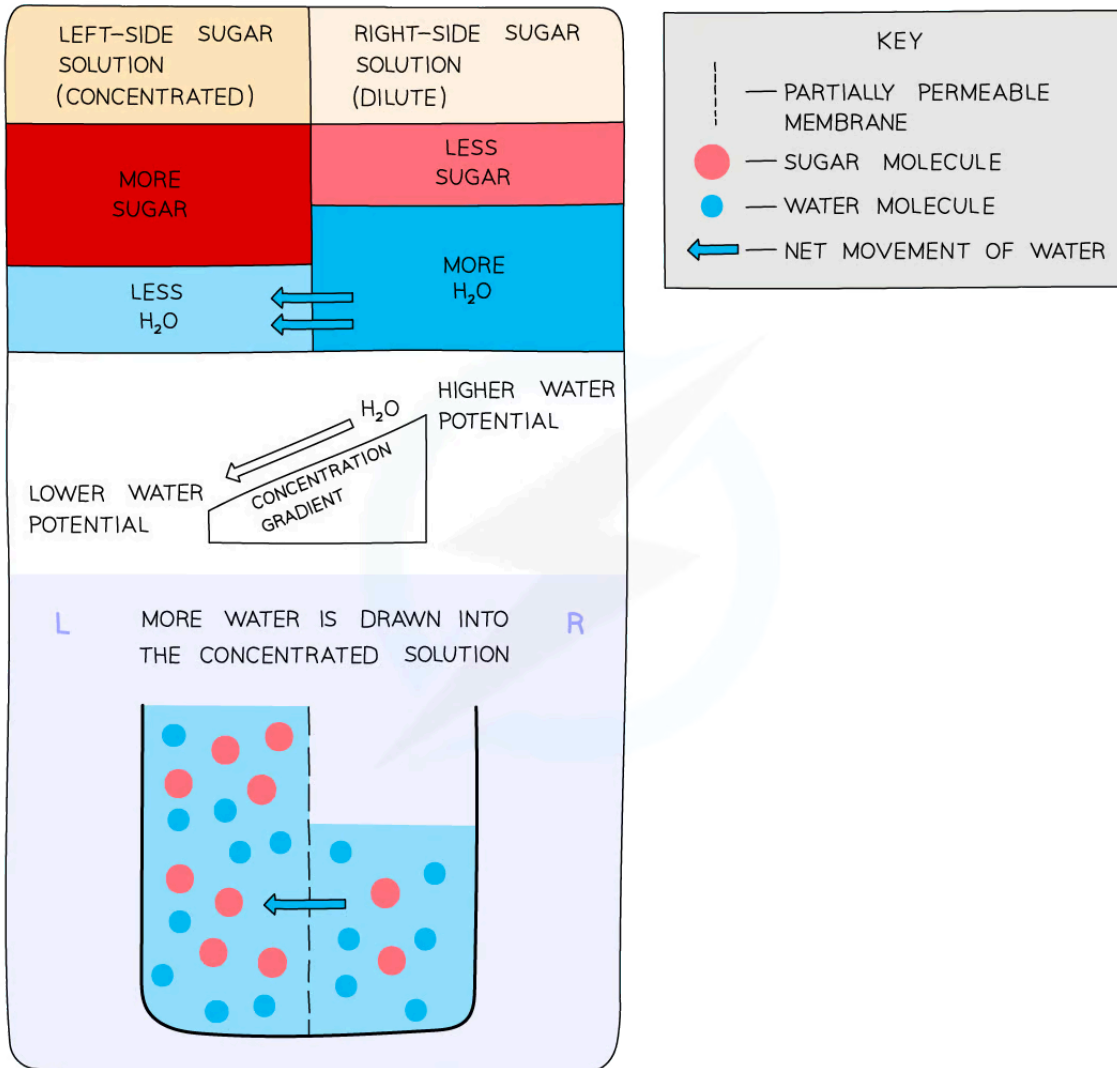
Osmosis and the partially permeable membrane.

- Osmosis can also be described as the **net movement of water molecules** from a region of **lower solute concentration** to a region of **higher solute concentration**, through a partially permeable membrane

Movement of water diagram



Your notes



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The water moves from the region of lower solute concentration (dilute solution) to the region of higher solute concentration (concentrated solution)

- If a cell is placed in a solution with a **lower solute concentration** (i.e. more dilute) than the cytoplasm of the cell, then there will be a **net movement** of water **into the cell** by osmosis
 - Solutions like this is referred to as being **hypotonic**
- If however, the solution outside the cell has a **higher solute concentration** (i.e. more concentrated) than the cytoplasm of the cell, then there will be a **net movement** of water **out** of the cell
 - These solutions are said to be **hypertonic**

- If the solute concentration is the **same** on both sides of the cell membrane, there will be **no net movement** of water into or out of the cell by osmosis
 - An solution with a similar concentration as the cytoplasm of a cell is referred to as an **isotonic** solution

Tonicity of solutions diagram



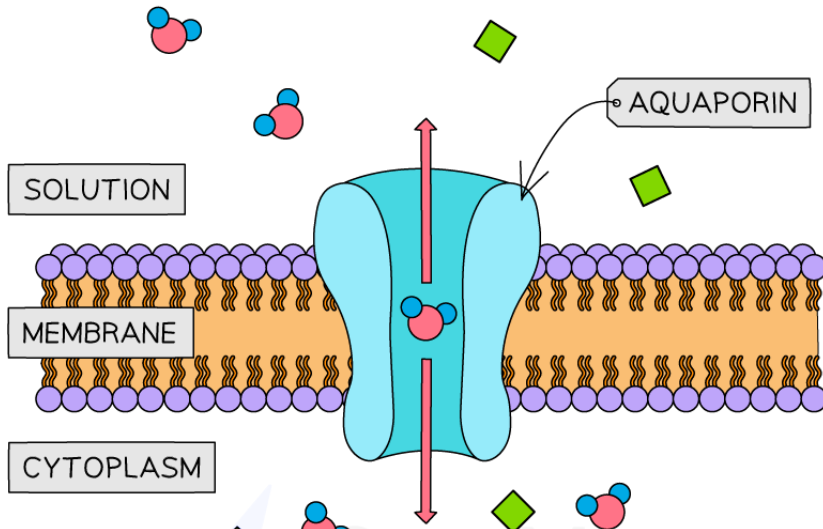
Your notes



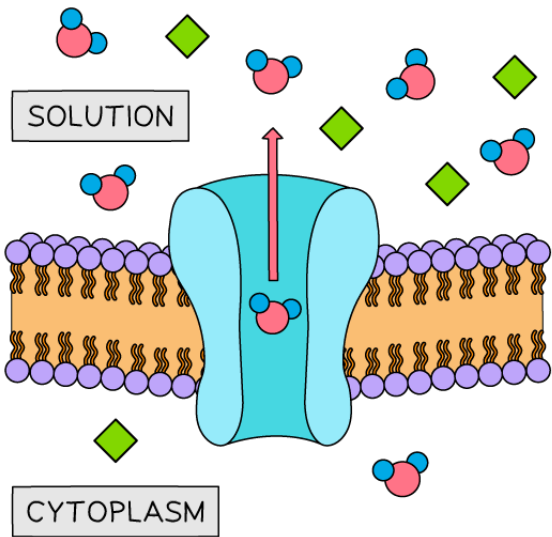
Your notes

KEY:
●●● = WATER
◆ = SOLUTE

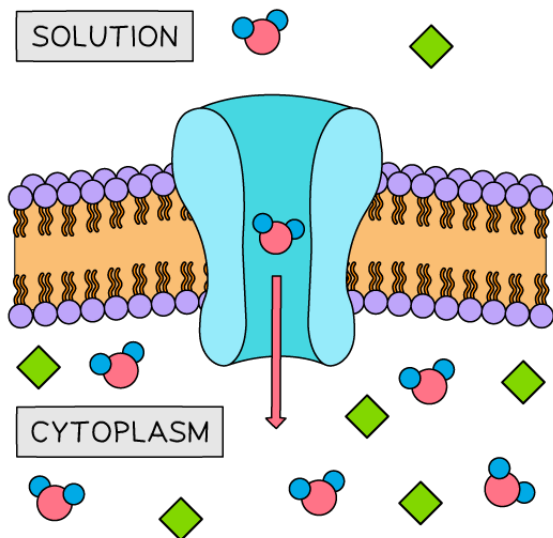
ISOTONIC SOLUTION



HYPERTONIC SOLUTION



HYPOTONIC SOLUTION



The net movement of water is determined by the relative solute concentration of the solution outside the cell



Your notes

Examiner Tip

Take note that water molecules are always moving into and out of cells due to the kinetic energy that the molecules possess. It is therefore incorrect to say that there would be no movement of water if a cell is placed in an isotonic solution. There would be no **net** movement of water in a particular direction in that case.

Osmosis in Cells



Your notes

Water Movement & Cells

- The direction of the net movement of water will depend on whether a cell is placed in a **hypertonic** or **hypotonic** solution
 - In a **hypertonic** solution there will be a **net movement** of water **out** of the cell, as the cytoplasm is more dilute than the outside solution
 - In a **hypotonic** solution there will be a **net movement** of water **into** the cell because now the outside solution is more dilute than the cytoplasm
- In an **isotonic solution**, the movement of water into the cell will be balanced out by the movement of water out of the cell
 - There will therefore be **no net movement** of water into or out of the cell
 - The cell is now in **dynamic equilibrium** with the isotonic solution
 - It is especially important for animal cells to maintain their **osmotic concentration** as any deviation from this equilibrium may either cause the cell to shrink or burst

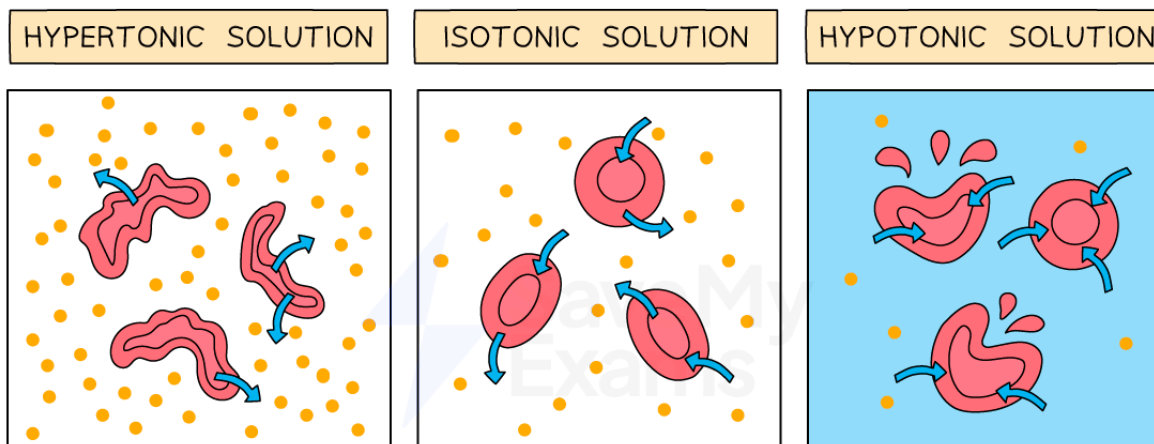


Your notes

Effects of Osmosis on Cells Without Cell Walls

- **Animal cells** lose and gain water as a result of osmosis
- As animal cells **do not have a supporting cellulose cell wall**, the results on the cell are more severe than on plant cells
- If an animal cell is placed into a **hypertonic solution** (more concentrated than the cytoplasm of the cell), it will lose water by osmosis and become **crenated** (shrivelled up)
 - This may lead to the formation of blood clots as crenated red blood cells may become stuck while moving through capillaries
- If an animal cell is placed into a **hypotonic solution** (more dilute than the cytoplasm of the cell), it will gain water by osmosis and, as it has **no cell wall to create turgor pressure**, will continue to do so until the cell membrane is stretched too far and **it bursts**
- Multicellular organisms must therefore **maintain isotonic tissue fluid** around their cells to prevent these harmful changes from happening

Osmosis in animal cells diagram



KEY:

 = MOVEMENT OF WATER BY OSMOSIS ● = SOLUTE

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The effects of water movement on animal cells

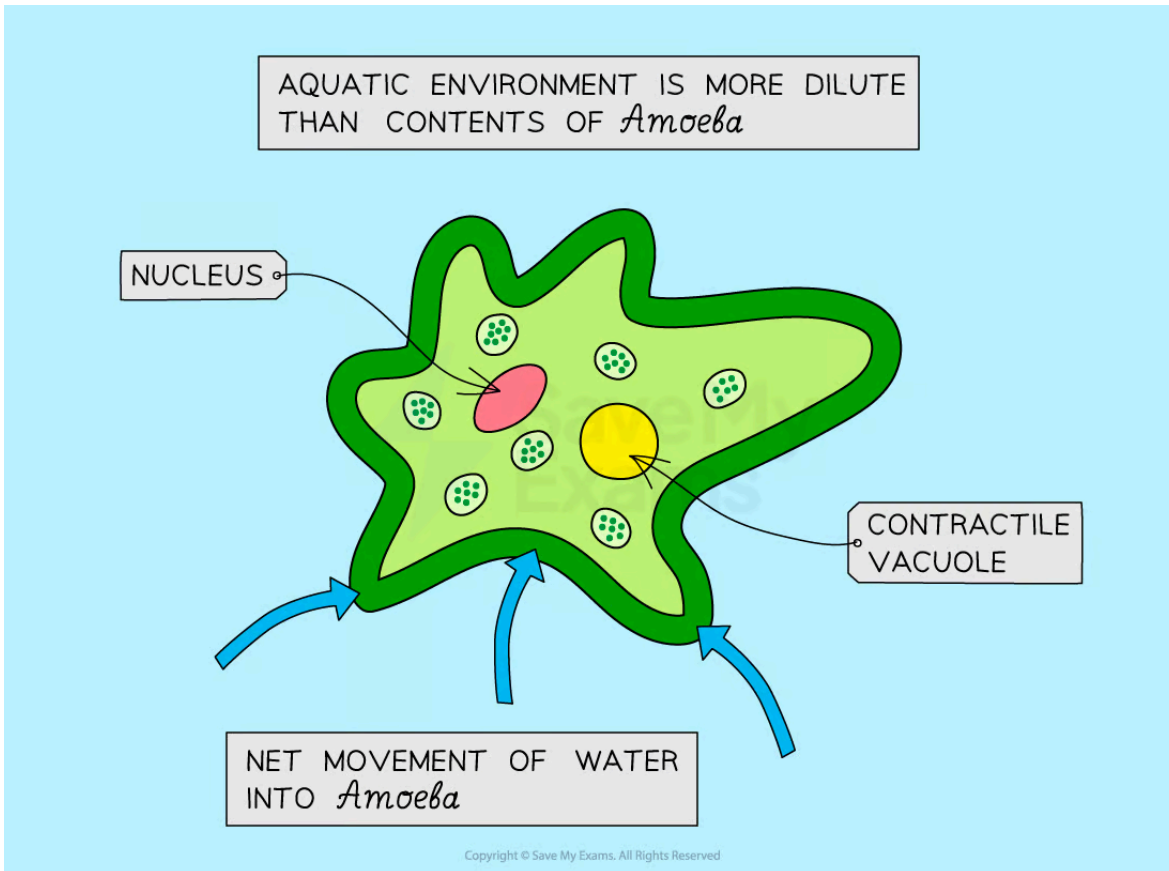
- Some unicellular organisms, such as the protozoan **Amoeba**, live in freshwater aquatic habitats that is **hypotonic** to their cytoplasm.
 - There will be a **constant net influx** of water into the organism by osmosis, which **increases** the internal pressure
- To prevent these organisms from bursting, they contain structures called **contractile vacuoles** in their cytoplasm

- Excess water will be continuously collected in the contractile vacuole and pumped out of the organism to maintain the osmotic concentration of the cytoplasm



Your notes

Osmosis in an amoeba diagram



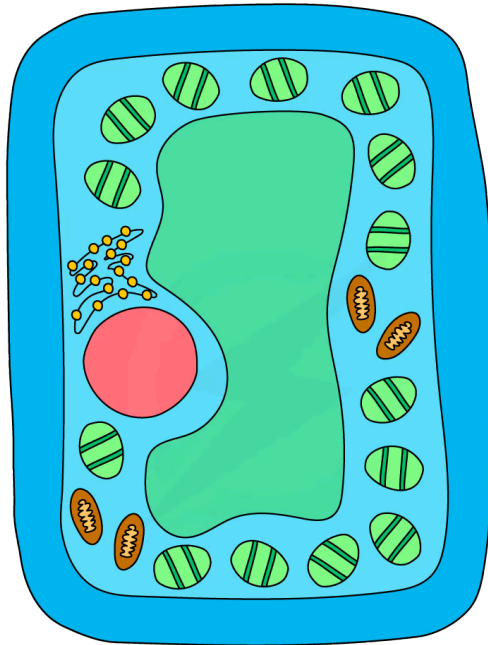
The contractile vacuole is responsible for removing excess water from Amoeba to prevent them from bursting



Your notes

Effects of Osmosis on Cells With Cell Walls

- If a plant cell is placed in a **hypotonic solution**, water will **enter** the plant cell through its partially permeable cell surface membrane by **osmosis**, as the solution has a **lower solute concentration** than the plant cell
- As water enters the **vacuole** of the plant cell, the **volume** of the plant cell **increases**
- The expanding **protoplast** (living part of the cell inside the cell wall) pushes against the cell wall and **pressure builds up** inside the cell
 - This pressure is known as **turgor pressure**
 - The inelastic cell wall prevents the cell from bursting
- The pressure created by the cell wall also stops too much water entering and this also helps to prevent the cell from bursting
- When a plant cell is fully inflated with water and has become rigid and firm, it is described as fully **turgid**
- This turgidity is important for plants as the effect of all the cells in a plant being firm is to provide **support** and **strength** for the plant – making the plant stand upright with its leaves held out to catch sunlight
- If plants do not receive enough water the cells cannot remain rigid and firm (turgid) and the plant **wilts**



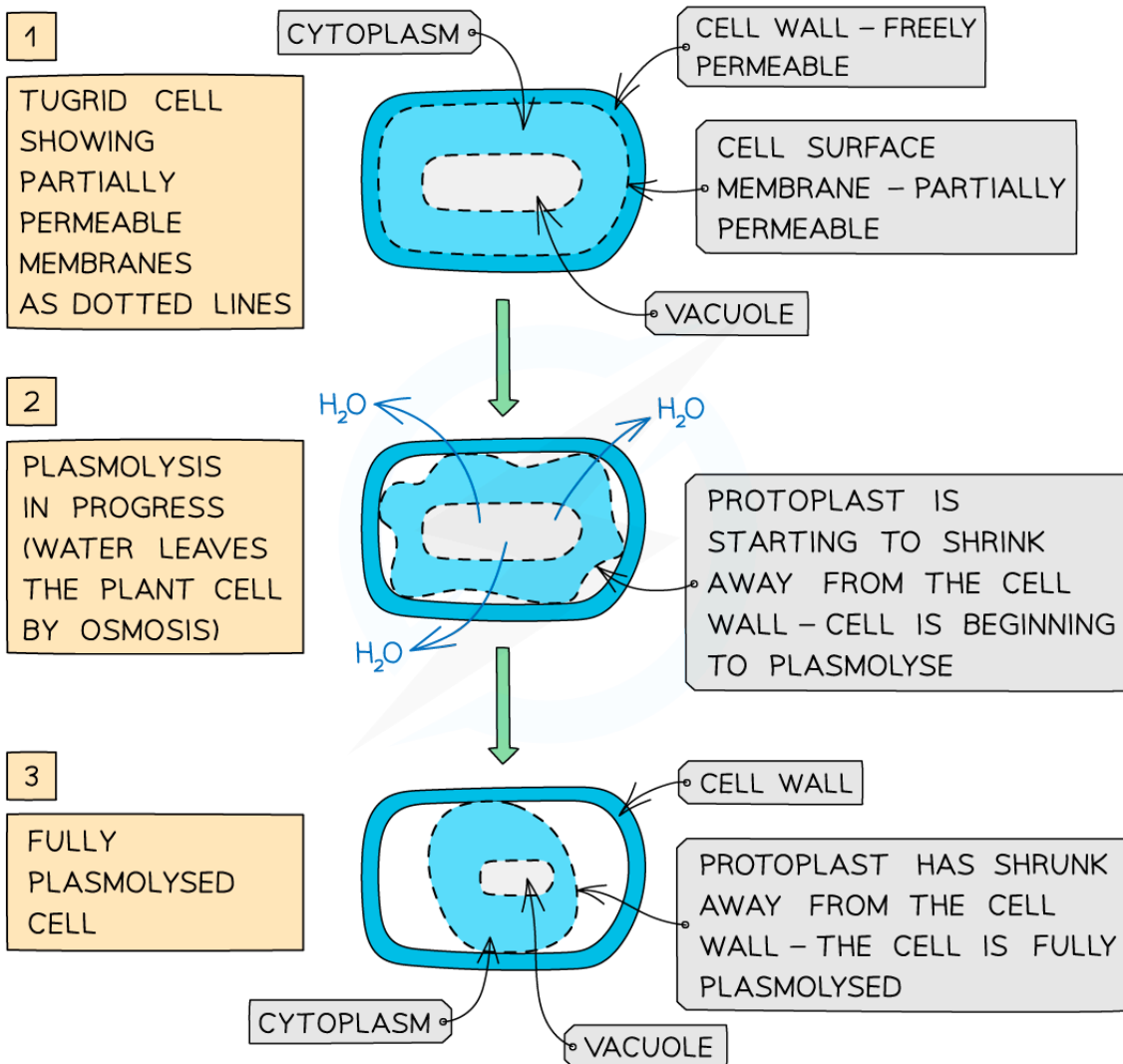
A TURGID
PLANT CELL



Your notes

The net movement of water into a plant cell will increase the turgor pressure and result in a turgid cell

- If a plant cell is placed in a **more concentrated solution**, water will **leave** the plant cell through its partially permeable cell surface membrane by **osmosis**
- As water leaves the **vacuole** of the plant cell, the volume of the plant cell **decreases**
- The protoplast gradually shrinks and no longer exerts pressure on the cell wall
- As the protoplast continues to shrink, it begins to pull away from the cell wall
- This process is known as **plasmolysis** – the plant cell becomes **flaccid** and is said to be **plasmolysed**



Plasmolysis of a plant cell that has been placed in a solution with a lower water potential than the cell itself

 **Examiner Tip**

Remember – plant cell membranes are composed of a phospholipid bilayer and are partially permeable (only certain molecules can cross), whereas plant cell walls are made of cellulose and are freely permeable. Thus, in a plasmolysed cell, the external solution will be exerting pressure on the protoplast, that is, there is not an empty space between the cell wall and protoplast.



Your notes

Application of Isotonic Solutions in Medicine

- In some cases, patients may require an **intravenous (IV) drip** to treat dehydration or to deliver medicine directly into the bloodstream
- It is important that the solution in the IV drip is **isotonic** in relation to blood plasma
 - The solution is usually a 0.9% sterile saline solution (saltwater)
 - If the solution was **hypotonic** then there would be a net movement of water into red blood cells **causing them to burst**
 - This would result in a **decrease** in the oxygen carrying capacity of blood
 - A **hypertonic** IV solution would result in a net movement of water out of the red blood cells causing them to **shriveled and become crenated**
 - This would **increase** the risk of blood clots forming as these red blood cells cannot move freely through capillaries
- Another important medical application of isotonic solutions is in the preparation of **donated human organs** for transplant surgery
 - These organs must be kept in an isotonic saline solution to **prevent damage** to the cells due to the net movement of water by osmosis



Your notes

Osmosis: Skills

Changes in Plant Tissue due to Water Movement

Experimental design; accurate quantitative measurements in osmosis experiments are essential

- Planning is an essential part of experimental biology, it will help ensure that valid conclusions can be made
- **Preliminary** (meaning "to come before") **research** must be completed to ensure the experiment design considers:
 - The **results** that will be collected
 - **Quantitative data** allows more valid conclusions to be made
 - **Qualitative data** (descriptive) can be useful to support the conclusions
 - How **measurements** will be made so they are as precise and as **accurate** as possible
 - The choice of **apparatus** and **techniques** should be **based on the science** surrounding the issue being investigated
 - How many **repeats** will be undertaken to ensure the data collected is reliable
 - The **variables** that will be **tested** and need to be **controlled**
- Once the preliminary research has been completed then **preliminary studies** can be conducted to further aid the experimental design
- These studies are very important for:
 - Identifying additional variables that affect the experiment
 - Finding the best way to control these variables
 - Deciding on the quantities and volumes of substances that are needed so that you do not run out of reactants/reagents
- Any experiment conducted without preliminary research or studies is likely to be invalid as the other variables that affect the results in the experiment will not have been identified and controlled

Estimation of osmotic concentration in tissues by bathing samples in hypotonic and hypertonic solutions

- The **osmotic concentration** (or **solute concentration**) in tissues can be estimated by bathing samples of plant tissue in solutions of different tonicity
- A **hypotonic solution** has a **lower osmotic concentration** than the tissue being bathed in it (so the tissue will increase in mass or length) whereas a **hypertonic solution** has a **higher osmotic concentration** (so the tissue will decrease in mass or length)
- An **isotonic solution** will have the **same osmotic concentration** as the tissue (so the mass or length will remain unchanged)
- It is possible to investigate the effects of immersing plant tissue in **solutions of different osmotic concentrations** and to **use the results to estimate the osmotic concentration of the plant tissue** itself
- The most common osmosis practical of this kind involves cutting **cylinders of potato** and placing them into solutions with a **range of different osmotic concentrations**

- **Usually sucrose solutions of increasing concentration** – at least 5 different concentrations are usually required



Your notes

Apparatus

- Potato x 2 (same variety)
- Cork borer (e.g. 5mm)
- White tile
- Scalpel
- 10cm ruler or vernier calipers
- Weighing balance (2dp)
- 10 cm³ sucrose solution (0 mol/dm³, 0.25 mol/dm³, 0.5 mol/dm³, 0.75 mol/dm³, 1.00 mol/dm³)
- 5 test tubes (in test tube rack)
- 10 cm³ measuring cylinder
- Paper towels

Method

- The required number of potato cylinders are cut
 - At least 5 for each of the solutions you are testing to ensure you have sufficient repeats
- They are all cut to the **same length** and, once blotted dry to remove any excess moisture, their **initial mass is measured and recorded** before placing into the solutions
- The potato cylinders are left in the solutions for a set amount of time (e.g. 30 minutes), usually in a water bath (set at around 30°)
 - The solutions are prepared by serial dilutions of a specific solute concentration determined during the preliminary research/trials)
- The cylinders are then removed and **dried**
 - This is done to **remove excess liquid**
- The **final length and mass** of each potato cylinder is then measured and recorded

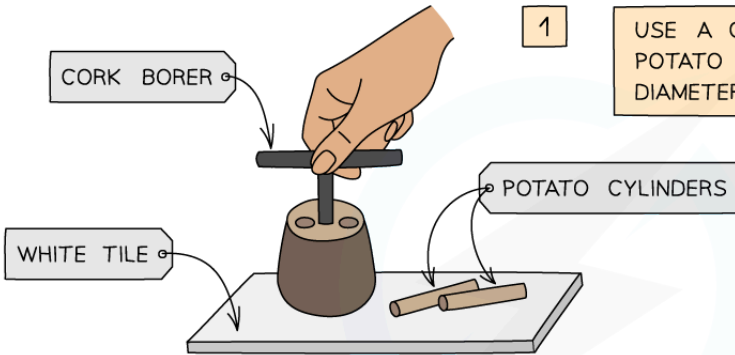


Your notes

OSMOSIS METHOD

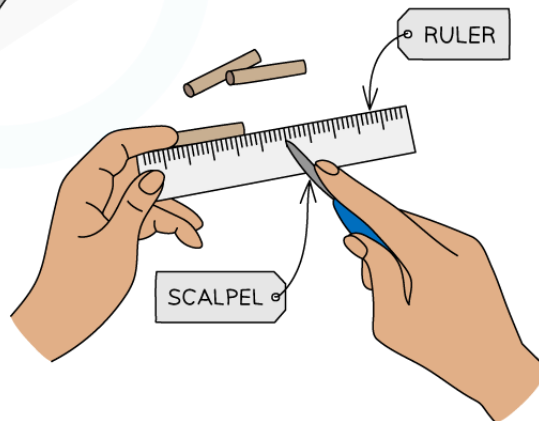
1

USE A CORK BORER TO CUT 5 POTATO CYLINDERS OF THE SAME DIAMETER



2

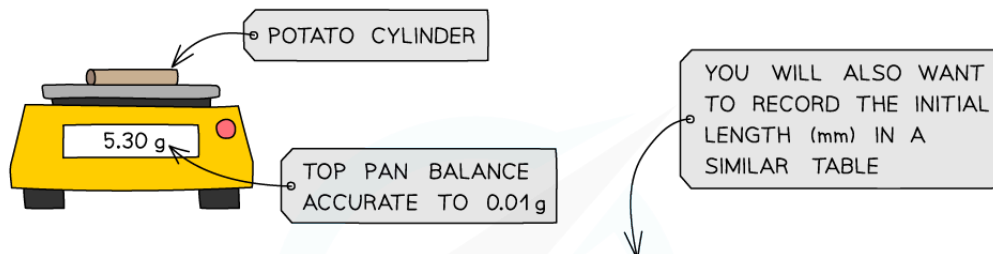
USE A SCALPEL AND RULER TO TRIM EACH POTATO CYLINDER SO THEY ARE ALL THE SAME LENGTH



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3

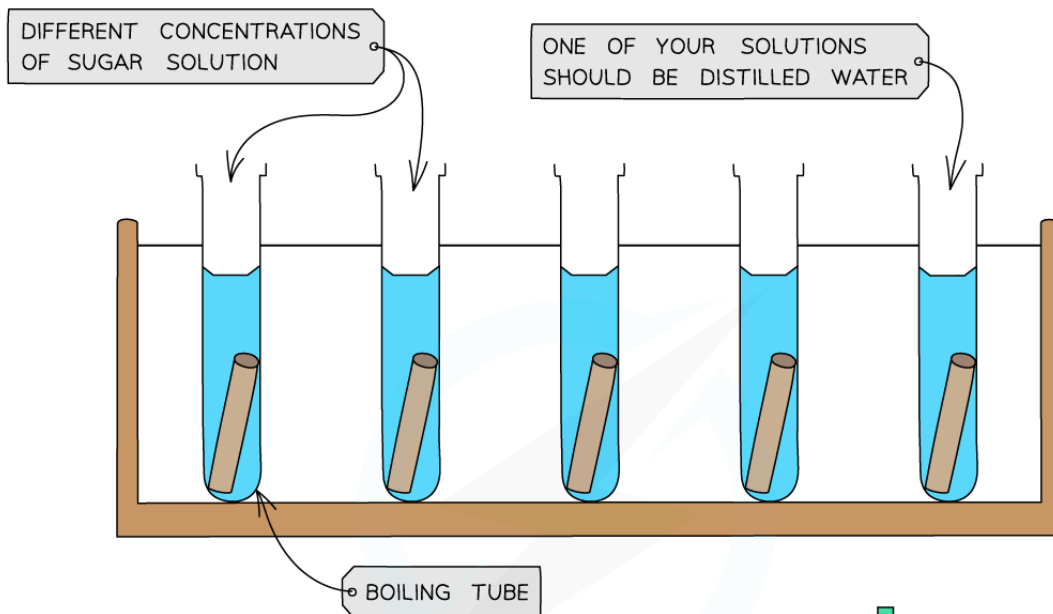
MEASURE THE MASS OF EACH POTATO CYLINDER AND RECORD IN A TABLE OF RESULTS



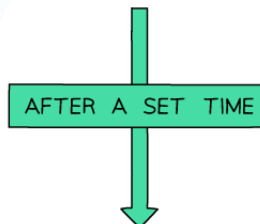
Concentration of sucrose solution mol/dm ³	Initial mass (g)	Final mass (g)	Change in mass (g)	% change in mass
0 (distilled water)	5.30			
0.25	5.32			
0.50	5.29			
0.75	5.31			
1.00	5.29			

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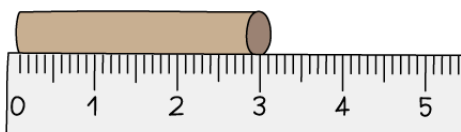
4 MEASURE 10cm^3 OF EACH SUGAR OR SALT SOLUTION AND POUR INTO EACH BOILING TUBE. LABEL EACH BOILING TUBE CLEARLY



5 ADD ONE POTATO CYLINDER TO EACH BOILING TUBE AND LEAVE FOR A SPECIFIED AMOUNT OF TIME



6 REMOVE THE POTATOES. BLOT DRY AND RECORD THE FINAL MASS AND LENGTH OF EACH



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You will need to use apparatus appropriately to measure out the volumes of your solutions and record your measurements

Analysis

- The **percentage change** in mass for each potato cylinder is calculated and then plotted

OSMOSIS ANALYSIS

Concentration of sucrose solution mol/dm ³	Initial mass (g)	Final mass (g)	Change in mass (g)	% change in mass
0 (distilled water)	5.30	5.80	+0.50	9.4
0.25	5.32	5.42	+0.10	?
0.50	5.29	5.24	-0.05	-1.0
0.75	5.31	5.11	-0.20	-3.8
1.00	5.29	5.02	-0.27	-5.1

1

CALCULATE THE PERCENTAGE CHANGE IN MASS FOR EACH CYLINDER

$$\frac{(\text{FINAL MASS} - \text{INITIAL MASS})}{\text{INITIAL MASS}} \times 100$$

 e.g. FOR 0.25 mol dm³

$$= \frac{(5.42 - 5.32)}{5.32} \times 100$$

$$= 1.9\%$$

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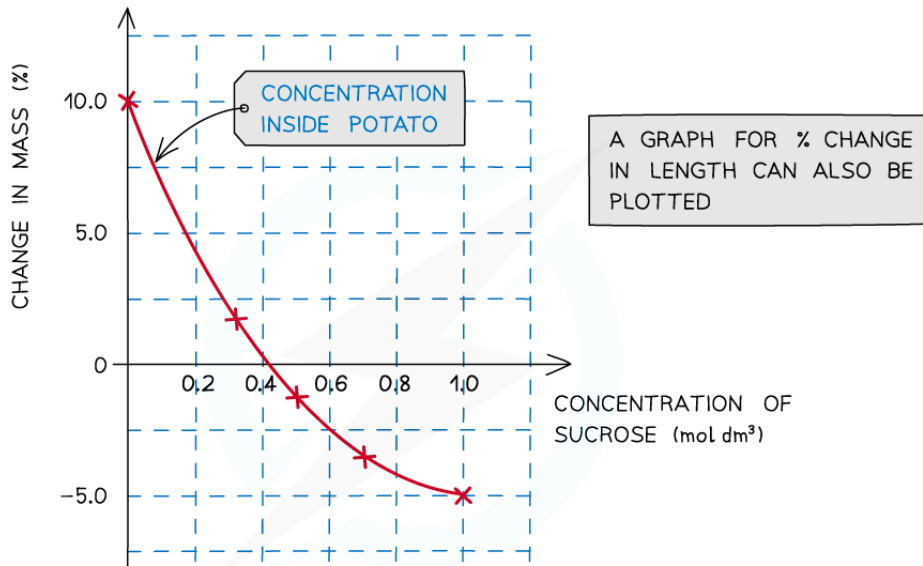
To find the percentage change in mass, the change in mass must be divided by the initial mass and then multiplied by 100



Your notes

2

PLOT A GRAPH FOR PERCENTAGE CHANGE IN MASS AGAINST SUGAR CONCENTRATION



3

USE THE GRAPH TO WRITE A CONCLUSION

THE POINT AT WHICH THE LINE OF BEST FIT CROSSES THE x-AXIS IS THE CONCENTRATION OF SUGAR INSIDE THE POTATO AS THIS IS WHERE THERE WOULD BE NO CHANGE IN THE MASS OF THE POTATO.

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A positive percentage change in mass indicates that the potato has gained water by osmosis

- A **positive** percentage change in mass indicates that the potato has gained water by osmosis (net movement of water from the solution into the potato) meaning the **solution** had a **lower osmotic concentration** than the potato
 - The gain of water makes the potato cells **turgid**, as the water exerts turgor pressure (or hydrostatic pressure) on the cell walls – the potatoes will feel hard
- A **negative** percentage change suggests the opposite, that is, the solution had a **higher osmotic concentration** than the potato
 - The potato cylinder in the **strongest sucrose concentration** will have **decreased in mass** the most as there is the **greatest concentration gradient** in this tube between the potato cells (lower osmotic concentration) and the sucrose solution (higher osmotic concentration)
 - More water molecules will move out of the potato cells by **osmosis**, making them **flaccid** and decreasing the mass of the potato cylinder – the potato cylinders will feel floppy



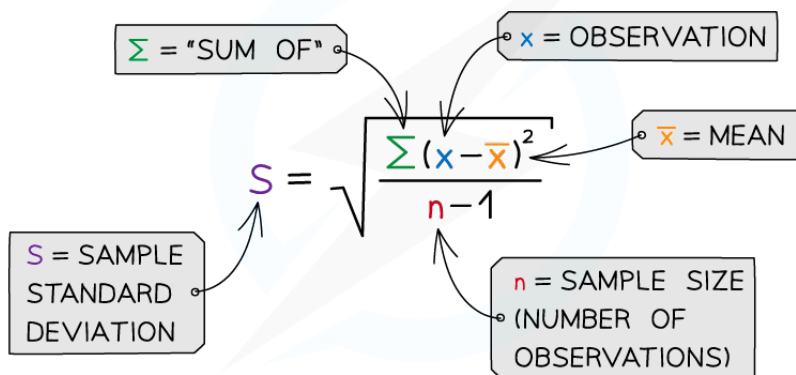
Your notes

- If looked at underneath the microscope, cells from this potato cylinder might be **plasmolysed**, meaning the cell membrane has pulled away from the cell wall
- If there is a potato cylinder that has neither increased nor decreased in mass, it means there was **no overall net movement of water** into or out of the potato cells
- The solution that this particular potato cylinder was in had the **same osmotic concentration** as the solution found in the cytoplasm of the potato cells, so there was **no concentration gradient** and therefore no net movement of water into or out of the potato cells
- The concentration of sucrose inside the potato cylinders can be found if a graph is drawn showing how the percentage change in mass changes with the concentration of sucrose solution
- The point at which the line of best fit **crosses the x-axis** is the concentration of sucrose inside the potato cylinders
- Calculating the **standard deviation** and **standard error** for the results of this experiment would allow the reliability of the length and mass measurements to be compared

Standard deviation

- It is important to have sufficient repeats when conducting experiments, like the one above, in order to ensure **reliable results**
 - These repeat values can be used to calculate a **mean** mass for the potato cylinders in each sucrose concentration
- The mean is a more informative statistic when it is provided alongside **standard deviation**
- Standard deviation measures the **spread of data** around the mean value
 - This is very useful when comparing consistency between different data sets during data analysis
- The standard deviation can be calculated using the following formula:

THE FORMULA FOR CALCULATING STANDARD DEVIATION IS:



The diagram shows the formula for sample standard deviation: $S = \sqrt{\frac{\sum (x - \bar{x})^2}{n - 1}}$. Callouts explain the symbols: Σ = "SUM OF", x = OBSERVATION, \bar{x} = MEAN, n = SAMPLE SIZE (NUMBER OF OBSERVATIONS), and S = SAMPLE STANDARD DEVIATION.

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Standard error

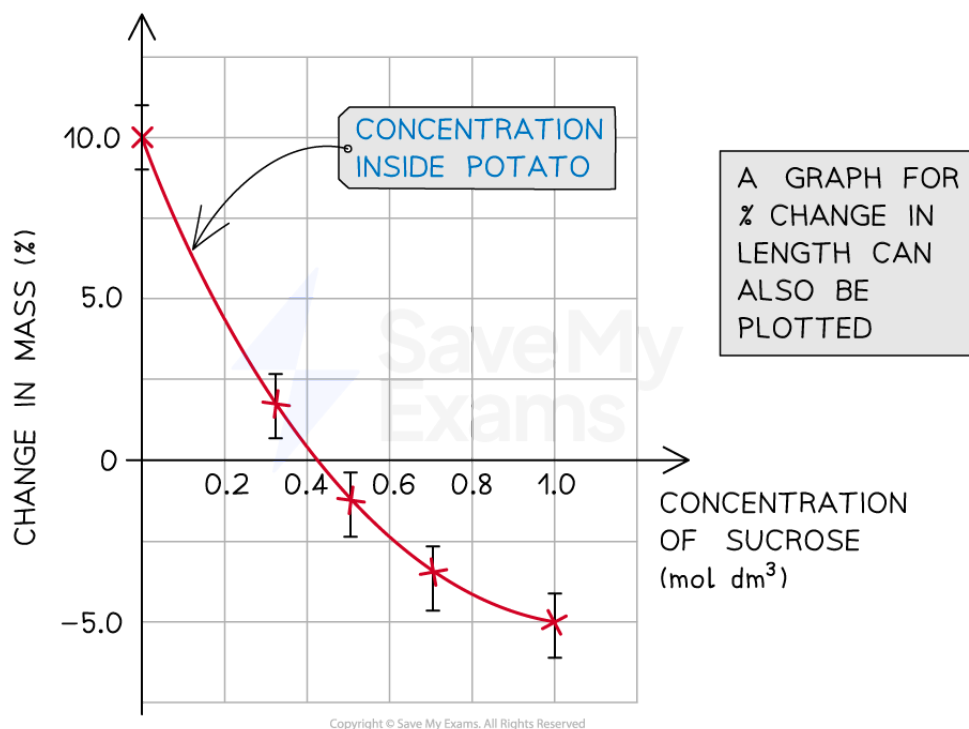
- The standard error gives an indication of how close the **sample mean** is to the **true population mean**
 - A large sample size results in a smaller standard error and the closer the sample mean will be to the true population mean

- Standard error (SE) can be calculated by dividing the standard deviation (S) by the square root of the sample size (n):

$$SE = \frac{S}{\sqrt{n}}$$

- When graphs of mean values are drawn, the standard error can be shown as **error bars** added to each plotted value
 - This demonstrate the **deviation** of the sample mean from the true population mean
 - Error bars will extend above and below the data points to indicate variability
- If error bars **overlap** then it suggest that the **difference** between the mean values is **not significant** while **non-overlapping** error bars indicate a **significant difference** between the means

Graph to show the use of error bars in an osmosis investigation



- In the graph above, there is no overlap between the error bars for the plotted values of sucrose concentrations between 0 and 0.6 mol dm⁻³, indicating a significant difference between these means
- The error bars for a sucrose concentration between 0.7 and 1.0 mol dm⁻³ do overlap, indicating no significant difference between the means

Examiner Tip

Note that you are not required to memorise the formulae for calculating these statistics. You do however, need to know how to use these statistical values to help analyse experimental data.



Your notes



Your notes

Water Potential (HL)

Water Potential

- Water potential (Ψ) can be defined as follows:
 - The potential energy of water, per unit volume, relative to pure water**
 - Potential energy is the energy stored in an object due to its position in relation to other objects
 - In this instance it is the **energy stored in water molecules** due to their position in relation to other molecules, e.g. **molecules of a solute** in a solution
- The unit of water potential is usually **kilopascals**, or **kPa**
- Water potential is always stated **relative to pure water** at atmospheric pressure and 20 °C:
 - The water potential of **pure water** is given a value of **0 kPa**
 - Note that the water molecules in pure water do technically have potential energy, but it is **impossible to determine**, and this designated value of zero allows for a **simple comparison** with solutions
 - As **solutes** are added to a solution, the **water potential decreases** into **negative values**; solutions with a high solute concentration have a **lower water potential**
 - Energy is stored in **hydrogen bonds** between solute molecules and water molecules in a solution, meaning that **less energy is available as potential energy**
 - Water molecules in a solution with a higher solute concentration therefore have **less potential energy**

Water Movement & Water Potential

- Water potential describes **the tendency of water molecules to move** from a **dilute** solution to a solution with a **high solute concentration**
 - Solutions with a high water potential contain water molecules with a **greater potential energy for movement**, and therefore a greater tendency to move
 - Solutions with a low water potential contain many hydrogen bonds between water molecules and solute molecules, **reducing the potential energy for movement** of the water molecules, and therefore their tendency to move
- Water molecules move **from an area of high water potential to an area of low water potential**
 - It can also be said that:
 - Water molecules move from an area of higher potential energy to an area of lower potential energy
 - Water molecules move from an area of low solute concentration to an area of high solute concentration



Your notes

Water Movement in Plant Tissue (HL)

Solute & Pressure Potential in Plant Cells

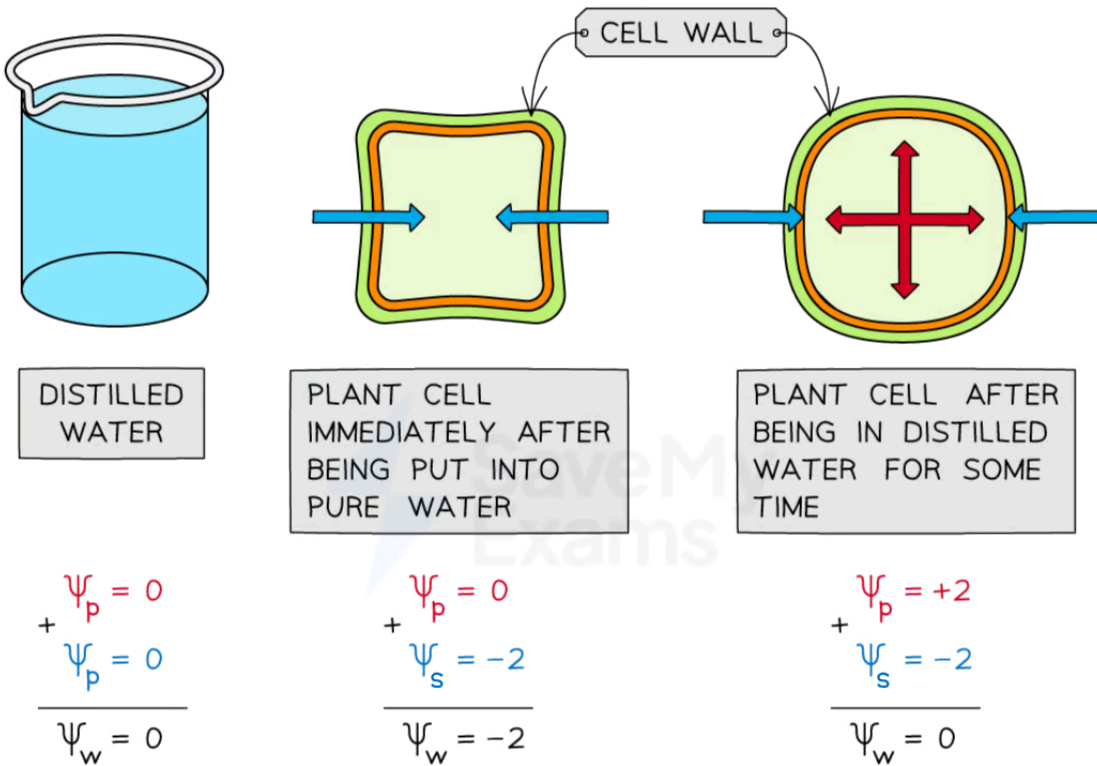
- Water potential is represented by Ψ or Ψ_w
- The water potential of a solution is influenced by several factors, including solute potential and pressure potential
 - Solute potential**, also known as osmotic potential, is represented by the symbol Ψ_s
 - Solute potential is the effect that **solutes** in a solution have on water potential:
 - Pure water with no dissolved solutes has a **solute potential of zero**
 - As **solutes are added** to a solution its **solute potential decreases** and becomes more negative
 - Provided that pressure potential (see below) remains constant, a decrease in solute potential will cause a **decrease in water potential**
 - The effect of solutes on water potential can be explained as follows:
 - Solute molecules bind to water molecules via hydrogen bonds as they dissolve
 - The potential energy available in the water is transferred to the hydrogen bonds
 - The reduction in potential energy means that the water potential is reduced
 - Pressure potential**, also referred to as turgor potential or turgor pressure, is represented by Ψ_p
 - Pressure potential is the hydrostatic pressure to which water is subjected
 - Pressure potential inside plant cells is usually positive as the cytoplasm exerts pressure on the inside of the cell wall; this is **turgor pressure** and provides support for plant tissues
 - Negative pressure potential can occur in xylem vessels where water and dissolved minerals are transported under tension
 - The total water potential of a solution is the sum of its solute potential and its pressure potential, as shown in the formula:

$$\Psi_w = \Psi_s + \Psi_p$$

Solute potential and pressure potential diagram



Your notes



KEY:

= DIRECTION OF WATER = DIRECTION OF PRESSURE

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(Left) Water potential is affected by solute potential and pressure potential; here both of these are zero, so the total water potential is zero

(Centre) Solute potential inside plant cells is below zero due to the presence of solutes in the cytoplasm; this means that plant cells placed in pure water have a lower water potential than their surroundings and water moves in by osmosis

(Right) As plant cells fill with water the pressure potential increases due to the pressure of the cytoplasm on the inside of the plant cell wall; the cell will fill with water until the pressure potential cancels out the effects of the solute potential

Water Movement in Plant Tissue

- Changes occur when plant tissue is bathed in either a hypotonic or hypertonic solution
- When plant tissue is placed in a **hypotonic solution**:
 - Plant cell cytoplasm contains dissolved substances which **lower the solute potential** of the plant cells
 - This contributes to a **lower water potential inside the plant cell**
 - Water moves from the surrounding solution **into the plant cell** down its water potential gradient
 - The inward movement of water leads to an increase in the volume of the cell cytoplasm and the **pressure potential increases** as the cytoplasm presses against the cell wall
 - Eventually the pressure potential reaches a point at which the **water potential is equal inside and outside the cell**, and the inward movement of water stops
 - Plant cells in this state are turgid and will provide structural support to the plant
- When plant tissue is placed in a **hypertonic solution**
 - The surrounding solution has a **lower solute potential** than that of the cell cytoplasm
 - This contributes to a **lower water potential in the surrounding solution**
 - Water moves **out of the plant cell** into the surrounding solution down its water potential gradient
 - The loss of water from the plant cell will result in a reduced volume of cytoplasm and a **decreased pressure potential** inside the cell
 - Plant cells will lose turgor pressure and the plant will begin to **wilt**

Examiner Tip

The terms hypotonic and hypertonic can be confusing, so here's a silly tip to help you remember

- **Hypotonic** - think hippo (as in the animal!) which really like lots of water; hypotonic solutions have lots of water molecules and are **more dilute**
- **Hypertonic** - think hyperactive or hyperglycaemic; 'hyper' = lots of something, so hypertonic solutions have lots of solutes (e.g. sugar) and are **less dilute**



Your notes