



# DP IB Biology: HL



## 6.6 Hormones, Homeostasis & Reproduction

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Your notes

## 6.6.1 Hormones

### Insulin & Glucagon

#### Introduction to Hormones

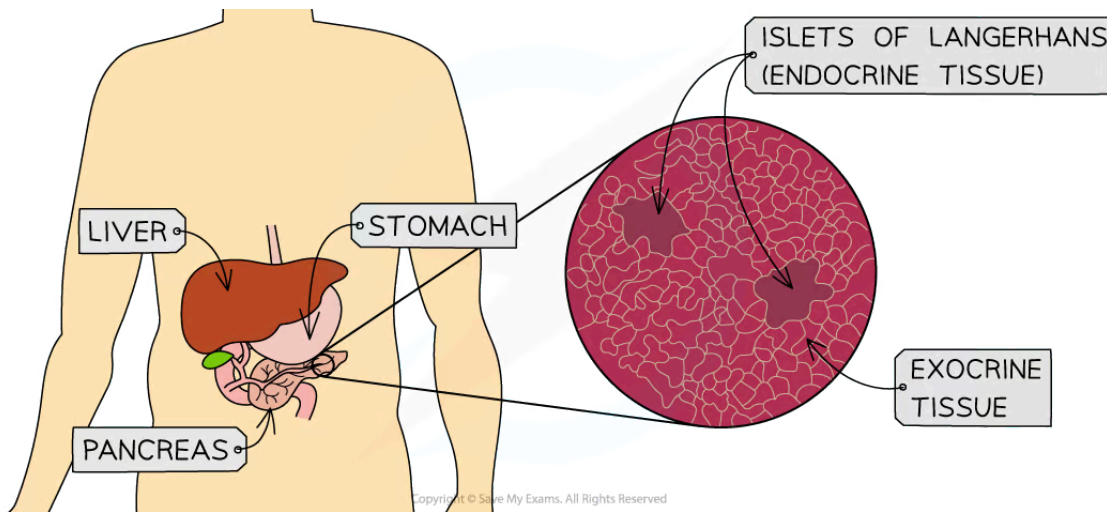
- A **hormone** is a chemical substance produced by an **endocrine gland** and **carried by the blood**
  - The endocrine glands that produce hormones in animals are known collectively as the **endocrine system**
  - A **gland** is a group of cells that produces and releases one or more substances (a process known as secretion)
- Hormones are **chemicals** which transmit information from one part of the organism to another and that bring about a **change**
- They alter the activity of one or more **specific target organs**
  - Hormones only affect cells with **receptors** that the hormone can bind to
  - These are either found on the cell surface membrane, or inside cells
  - Receptors have to be **complementary** to hormones for there to be an effect
- Hormones are used to control functions that **do not need instant responses**

#### Insulin and Glucagon

- The pancreas is an organ found in the abdomen of mammals
- It functions as both an **endocrine gland** and an **exocrine gland**
  - Endocrine glands secrete hormones **directly** into the blood, whereas exocrine glands secrete substance **via a duct**
  - The **exocrine** function of the pancreas is to **produce digestive enzymes** to be delivered to the small intestine
  - The **endocrine** function of the pancreas is to **produce the hormones glucagon and insulin**
- Within the pancreas, these two functions are performed by **different tissues**
  - Most of the cells of the pancreas secrete digestive enzymes, but throughout the organ, there are small sections of cells known as the **islets of Langerhans** that produce hormones
  - The islets of Langerhans contain **two** cell types: **alpha cells** ( $\alpha$  cells), which secrete **glucagon**, and **beta cells** ( $\beta$  cells), which secrete **insulin**



Your notes



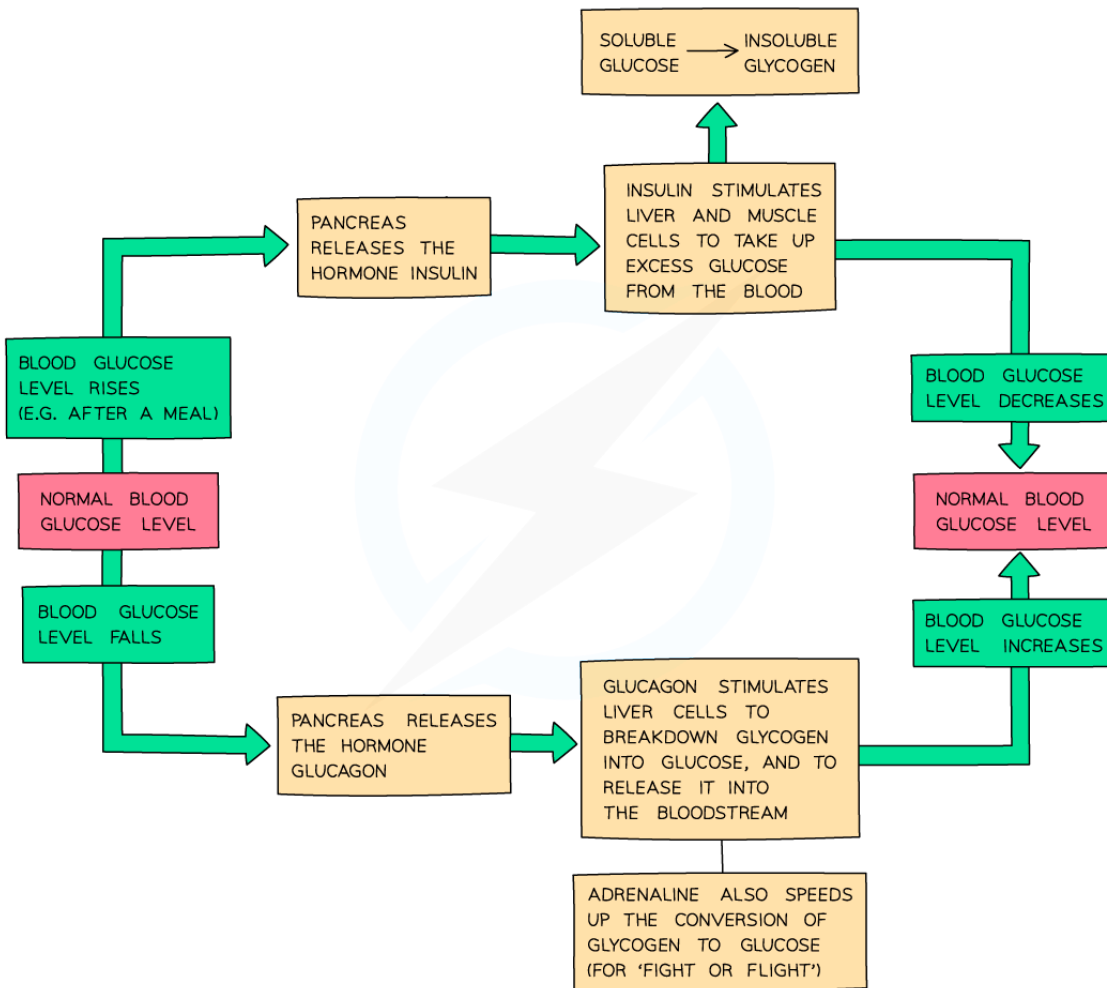
*The location and structure of the pancreas*

### The control of blood glucose by glucagon and insulin

- If the concentration of glucose in the blood **decreases** below a certain level, cells may not have enough glucose for **respiration** and so may not be able to function normally
- If the concentration of glucose in the blood **increases** above a certain level, this can also **disrupt the normal function of cells**, potentially causing major problems
- The control of blood glucose concentration is a key part of **homeostasis**
- Blood glucose concentration is controlled by **glucagon** and **insulin**:
  - **Glucagon** is synthesised and secreted by  **$\alpha$  cells** when **blood glucose falls** and stimulates liver and muscle cells to **convert stored glycogen into glucose** to be released into the blood, **increasing blood glucose concentration**
  - **Insulin** is synthesised and secreted by  **$\beta$  cells** when **blood glucose rises** and stimulates liver and muscle cells to **convert excess glucose into glycogen** to be stored, **decreasing blood glucose concentration**



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### Control of blood glucose levels

#### 💡 Examiner Tip

The terms glucagon and glycogen are very often mixed up by students as they sound similar. Remember:

- Glucagon is the **hormone**
- Glycogen is the **polysaccharide** that **glucose is stored as**

Learn the differences between the spellings and what each one does so you do not get confused in the exam!



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## Diabetes

- There are over 3 million people suffering from diabetes in the UK
- Diabetes is a condition in which the homeostatic control of blood glucose has failed or deteriorated
- In individuals with diabetes their **insulin function is disrupted** which allows the **glucose concentration in the blood to rise**
- An elevated blood glucose level can lead to noticeable symptoms, some of which are harmful, e.g.
  - The kidneys are unable to filter out this excess glucose in the blood and so it is often present in the **urine**
  - The increased glucose concentration also causes the kidneys to produce large quantities of urine, making the individual feel thirsty due to **dehydration**
  - Continuously elevated blood glucose levels can also damage tissues, in particular their proteins
- There are two different types of diabetes: **type I** and **type II**

### Type I diabetes

- **Type I diabetes** is a condition in which the pancreas fails to produce sufficient insulin to control blood glucose levels
- It normally begins in childhood due to an **autoimmune response** whereby the body's immune system **attacks the  $\beta$  cells** of the islets of Langerhans in the pancreas
  - The  $\beta$  cells **produce** and **release insulin**
- Insulin causes the cells to take up glucose from the blood for **respiration** and for storage as **glycogen**; without insulin the glucose remains in the blood, resulting in an individual feeling **fatigued**
- If the blood glucose concentration reaches a dangerously high level after a meal then **organ damage** can occur
- Type I diabetes is normally treated with regular blood tests to check glucose levels, **insulin injections** and a diabetes appropriate **diet**
  - Health authorities encourage type I diabetics to eat a similar diet to the general public. They suggest five portions of fruit and veg a day, minimally processed food and consuming more polysaccharides than monosaccharides or disaccharides
- The insulin used by diabetics can be **fast-acting** or **slow-acting**; each allowing for a different level of control

### Type II diabetes

- Type II diabetes is more common than type I
- It usually develops in those **aged 40 and over**, however more and more young people are developing the condition
- In type II diabetes the pancreas still produces insulin but the receptors have reduced in number or no longer respond to it
- The lack of response to insulin means there is a **reduced glucose uptake** by the cells, which leads to a **high blood glucose concentration**
  - This can cause the  **$\beta$  cells** to produce more and more insulin in the attempt to lower blood glucose levels

- Eventually the  $\beta$  cells can no longer produce enough insulin and blood sugar becomes uncontrollable
- For type II diabetes treatment involves a **sugar and fat controlled diet** and an **exercise regime**
  - Any food that is rapidly digested into sugar will cause a sudden, dangerous spike in blood sugar
- **Obesity** is a major risk factor for type II diabetes



Your notes

**Type I Diabetes and Type II Diabetes Table**

	Type 1	Type 2
<b>Cause</b>	Inability of pancreas to produce insulin	Cells of the body become resistant to insulin or insufficient insulin produced by the pancreas
<b>Treatment</b>	Monitoring blood glucose levels and injecting human insulin throughout the day (particularly after meals consumed)	Maintain a low-carbohydrate diet and regular exercise to reduce need for insulin

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## Thyroxin

- **Thyroxin** is a **hormone** that is released from the **thyroid gland**, located in the neck
- Thyroxin's main role is to **regulate** the **basal metabolic rate** (BMR); this is the speed at which **metabolic reactions occur** in the body when it is at rest
  - Thyroxin therefore **targets almost all cells in the body**, as all cells metabolise
  - However, the most metabolically active cells, such as those of the **liver, muscle** and **brain**, are most affected
- Thyroxin plays a role in regulating body temperature
  - If the body becomes **cooler**, this triggers **increased thyroxin secretion** by the thyroid gland
  - The increase in thyroxin **increases the metabolic rate**, which **increases the generation of body heat**
  - This causes **body temperature** to rise
- Thyroxin **deficiency**, caused by a condition known as **hypothyroidism**, has the following effects on the body:
  - Lack of energy
  - Low mood
  - Forgetfulness
  - Weight gain
    - Less glucose and fat is broken down by cellular respiration to release energy
  - Constantly feeling cold
    - Less heat is generated by respiration
  - Constipation
    - Muscular contractions in the gut wall slow down due to reduced energy from respiration
  - Impaired brain development in children



Your notes



Your notes

## 6.6.2 Hormones Continued

### Leptin

- **Leptin** is a **hormone** that is secreted by fat storage cells known as **adipose cells**
- The concentration of leptin in the blood is controlled by the **amount of adipose tissue** in the body
- As we eat food over a period of time, adipose cells store fats in the form of **lipids**
  - As adipose cells fill up, they secrete **more leptin**
  - This leptin circulates in the blood and targets groups of cells in the **hypothalamus** that are responsible for **controlling appetite**
  - It does this by **binding to receptors** in the membranes of these cells
  - This **inhibits appetite** and causes the **sensation of hunger to be suppressed**, or stopped
- If food intake is **low** over a period of time, the lipid reserves in adipose cells are **used up** and the adipose cells become empty again
  - As adipose cells empty and shrink, they secrete **less leptin**
  - The suppression of **appetite** stops, and the **sensation of hunger returns**





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## Testing Leptin

- As leptin **inhibits appetite** and causes the sensation of hunger to be suppressed, it was once thought that **clinical obesity** could be **controlled by injecting patients with leptin**
- Early trials in mice showed promise
  - Mice with a genetic leptin deficiency were shown to be less active and to gain weight faster than mice without this deficiency
  - Individuals with leptin deficiency lost 30% of their body mass when injected with leptin
- However, clinical trials to test whether this could be an effective treatment for obesity in humans found it to be **ineffective**

## Reasons for the failure to control obesity with leptin injections

- Unlike in mice, most obese humans have **very high concentrations of leptin in their blood**
  - There are some human individuals who have problems with leptin production, but these are the exception rather than the rule
- It seems as though their bodies have become **resistant to the effects of the hormone**
  - The **target cells** in the **hypothalamus** become **resistant to leptin** and therefore **fail to respond to it**
  - This leads to a **lack of appetite suppression**, causing a **continuous sensation of hunger** and **excessive food intake**
- This means that **injections of extra leptin fail to control obesity** in the majority of obese patients
- Other problems with the clinical trials included
  - The need to inject leptin **several times a day**
  - **Irritation** at the injection site
  - **Regain of any weight lost** after the end of the trial
- It is always important to remember that while other mammalian research models such as mice are important, they are **not always perfect**

## Melatonin

- Many **physiological processes** and **behavioural patterns** occur in **regular, daily rhythms** in organisms throughout the plant and animal kingdoms
  - Many animal species are only active for a **specific part of the 24-hour cycle** e.g. nocturnal animals are only active at night
- Humans are **adapted** to live in a 24-hour cycle and many aspects of our physiology and behaviour, including **physical activity, sleep, body temperature**, and **secretion of hormones**, follow specific and regular cycles throughout the 24-hour period
  - These daily cycles are known as **circadian rhythms**
- In humans, many circadian rhythms are influenced by the hormone **melatonin**
  - Melatonin is **secreted** by the **pineal gland**, which is located in the **brain**
  - Melatonin secretion **increases in the evening** in response to **darkness** and **decreases at dawn** in response to **light**
- Although melatonin affects **many aspects of human physiology and behaviour**, one of the main circadian rhythms it controls is our **sleep-wake cycle**
  - **Increasing melatonin** levels lead to feelings of **tiredness** and **promote sleep**
  - **Decreasing melatonin** levels lead to the body's preparation for **waking up** and **staying awake during the day**
- Experiments have also suggested that
  - Increased melatonin at night contributes to the **night-time drop in core body temperature** in humans
  - Melatonin receptors in the kidney enable melatonin produced at night to cause the **night-time decrease in urine production** in humans
  - Melatonin is **still released in the absence of light and dark signals**, but on a slightly longer cycle than the usual 24 hours
    - Subjects living in the dark with no access to natural daylight still release melatonin on a roughly 24 hour cycle
    - This suggests that the role of light is to **reset the melatonin system** every day to keep the circadian rhythm in line with daylight hours



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## Uses of Melatonin

- **Jet lag** is the term used to describe the **various symptoms** a person can experience after **crossing multiple time zones** during a long **flight**
- The symptoms can include:
  - Difficulty in remaining awake during the day
  - Difficulty in sleeping during the night
  - General fatigue
  - Irritability
  - Headaches
  - Indigestion
- Jet lag occurs because the body's **circadian rhythms** are **still set to the timing of day and night** in the **time zone** from which the person has just **departed**, rather than the time zone they have just arrived in
- Jet lag usually only last for a **few days** as the body adjusts to the new day and night regime
- **Melatonin tablets** are sometimes taken to **prevent** or **reduce** jet-lag symptoms
  - The tablets are normally taken **just before going to sleep**
  - Some clinical trials have shown this use of melatonin to be **effective** in **promoting sleep** and reducing other jet lag symptoms
  - However, the **safe** and **appropriate** use of this medication **still needs more testing**



Your notes



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## 6.6.3 Reproduction: Background

### William Harvey & Sexual Reproduction in Deer

- William Harvey (1578 - 1657) was an English **physician** who contributed greatly to our understanding of anatomy and physiology
- He is mainly remembered for his work on the **circulation of the blood**, however, he also spent a lot of time studying **how life passes from one generation to the next** and conducted much research into **sexual reproduction**
- At the start of the 17th century there was **very little understanding** of how each sex; males and females, contributed to **producing offspring**
  - The main hypothesis at the time was that the **semen** produced by males **combined with the menstrual blood** of females to form an '**egg**', which would then develop into a **foetus** inside the mother
- William Harvey's work on understanding sexual reproduction involved **testing this old hypothesis** using animals, mainly **deer**
- His work included:
  - Dissecting the **uteruses**, or **wombs**, of female deer at all stages of pregnancy
    - Harvey found that the uterus was always empty at the time of conception i.e. just after successful mating, **disproving the hypothesis** that semen and menstrual blood combined in the uterus to form a foetus
    - Harvey expected to find 'eggs' developing in the uterus immediately after mating; instead, he only found something developing there **two or more months after mating**
  - Dissecting the **ovaries** of female deer throughout the mating season
    - He found **no sign** of an '**egg**'
    - Note that **he did not have access to a microscope** during his work

## William Harvey's Experimental Technique

**NOS: Developments in scientific research follow improvements in apparatus; William Harvey was hampered in his observational research into reproduction by lack of equipment. The microscope was invented 17 years after his death**

- In scientific research, **critical developments often follow improvements in scientific apparatus**
  - For example, distant objects in Space often remain undiscovered until a telescope, or some other piece of equipment, powerful enough to detect them is developed
- William Harvey was greatly held back in his observational research into reproduction by a **lack of suitable equipment**
  - The **microscope** was invented 17 years after his death
  - Harvey failed to solve the mystery of sexual reproduction because **effective microscopes were not available** when he was working
  - This meant he could not find and observe male and female gametes, so the fusion of gametes and subsequent embryo development remained undiscovered
    - In addition, Harvey's decision to use deer as a study species was unlucky, as deer embryos remain microscopically small i.e. small enough that they can only be viewed using a microscope, for an unusually long period of time
- Although the presence of sperm cells in semen was first reported in 1677, it wasn't until the 19th century that the fertilisation of an egg cell by a sperm cell was finally observed
  - This showed that something contained within the egg **and** the sperm was being **inherited by offspring**, which led to a much **greater understanding of sexual reproduction**
- The fact that scientific research is often held back by a lack of **sufficiently powerful** or **precise apparatus** is a problem that will continue into the future
- In some ways this is very exciting, as it suggests that our scientific knowledge and understanding of the universe will **continue to expand** as new **scientific techniques** and **technologies** are developed



Your notes



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## 6.6.4 Reproduction: Sex Determination in Males

### SRY Gene

- In **sexual reproduction** in **humans**, a sperm from a male fuses with, or fertilises, an egg from a female to form a zygote, which then develops into an **embryo**
- To begin with the embryo develops **in the same way regardless of its sex**, and **embryonic gonads** develop that will either become **ovaries** in females or **testes** in males
- The factor that determines whether the embryonic gonads will develop into ovaries or testes is the **presence or absence** of a **single gene** known as the **SRY gene**
  - The SRY gene is located on the **Y chromosome**, meaning that is only present in roughly 50% of embryos
  - The SRY gene codes for a DNA-binding protein known as TDF, or testis determining factor, which stimulates the expression of further genes responsible for the **development of testes**
- If the SRY gene is present in the embryo's DNA, the **embryonic gonads** will develop into **testes**
- If the embryo has **two X chromosomes**, and therefore the SRY gene is **not present** in its DNA, the **embryonic gonads** will develop into **ovaries**



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## Testosterone

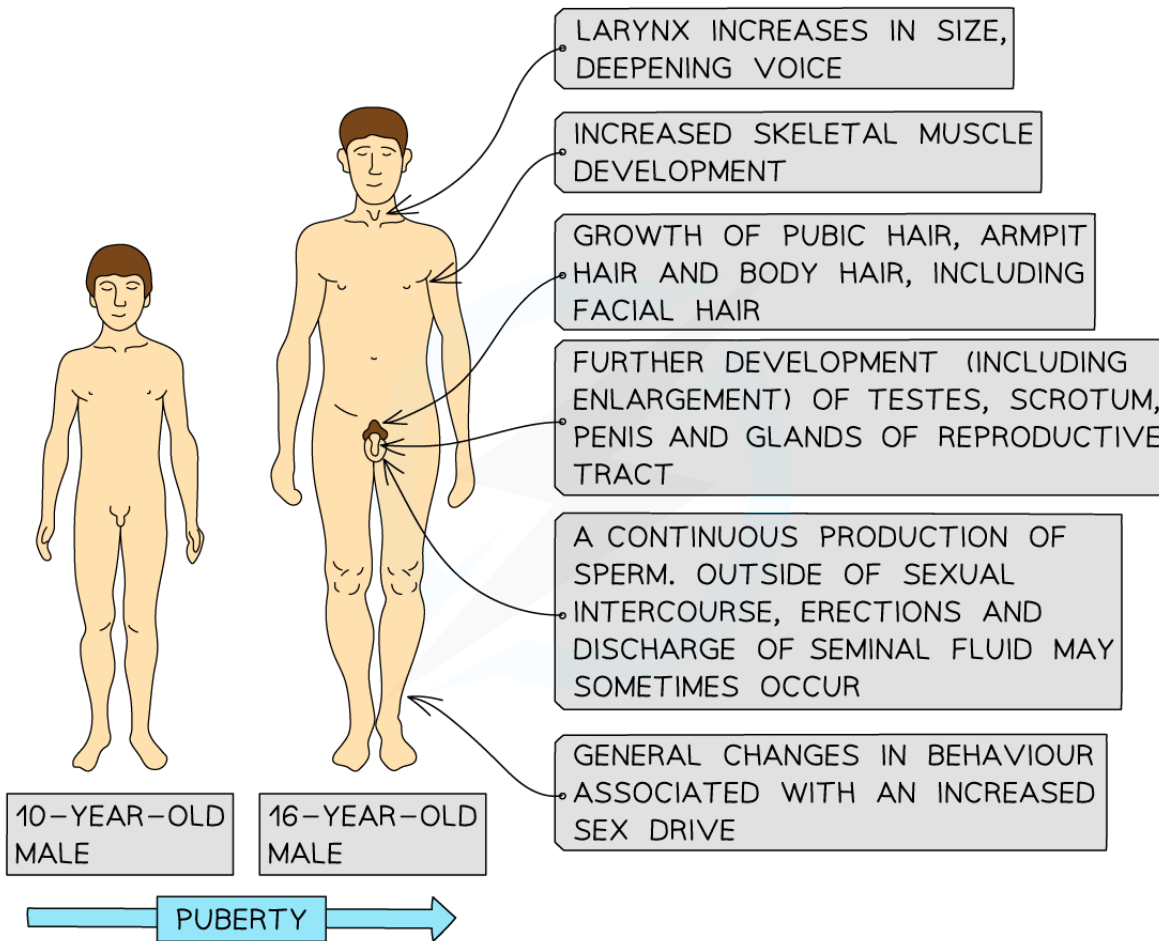
- During embryonic development, at the time when the embryo is developing into a foetus, the testes develop **testosterone-secreting cells** which produce and secrete **testosterone**
- This testosterone causes **pre-natal development of male genitalia**
  - This testosterone secretion declines in the latter stages of pregnancy so that, at birth, the testes are **inactive**
- During **puberty** in males, **testosterone secretions increase** once again
- This leads to:
  - The stimulation of **sperm production in the testes**; a primary sexual characteristic of males
  - The development of male **secondary sexual characteristics** e.g.
    - The penis gets larger
    - Growth of facial hair
    - Deepening of the voice

## Secondary sexual characteristics

- **Primary sexual characteristics** are the features of reproductive organs that differ between males and females
  - They are **present during development** in the uterus
- **Secondary sexual characteristics** are the changes that occur **during puberty** as children grow into adults
- They are controlled by the release of **hormones**
  - **Oestrogen and progesterone** in females
  - **Testosterone** in males
- Some changes occur in both males and females, including:
  - The **further development of sexual organs**
  - The **growth of body hair**
- **Emotional changes** also occur at this time due to the increased levels of hormones in the body



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**Secondary sexual characteristics of a human male**





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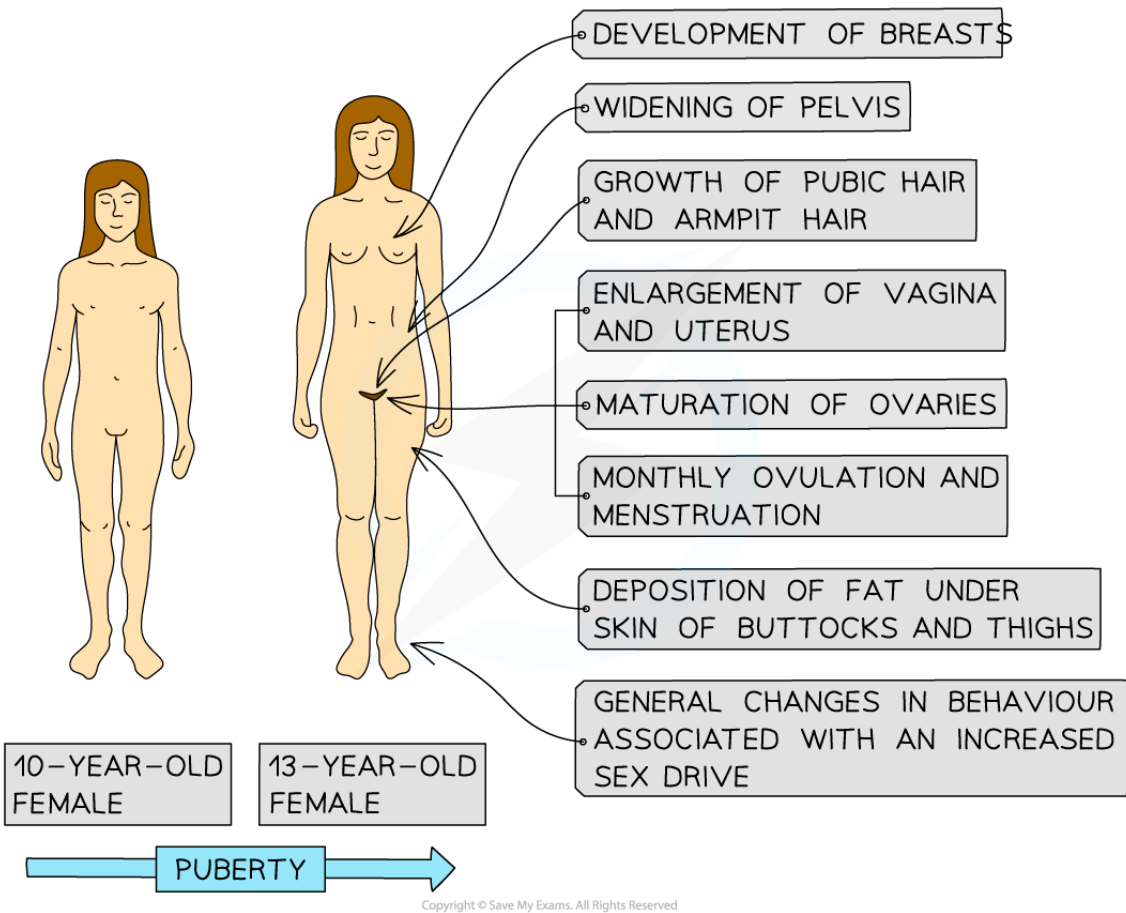
## 6.6.5 Reproduction: Sex Determination in Females

### Oestrogen & Progesterone

- During early development an embryo develops **embryonic** gonads that will either become **ovaries** in females or **testes** in males
- The factor that determines whether the embryonic gonads will develop into ovaries or testes is the **presence or absence** of a **single gene** known as the **SRY gene**
- The SRY gene is on the **Y chromosome**, so if the embryo has **two X chromosomes** the embryonic gonads will develop into **ovaries**
- This means **testosterone** will not be secreted by the developing embryo
- The two female hormones **oestrogen** and **progesterone** are **present throughout pregnancy**
  - These hormones are secreted by the **mother's ovaries** and the **placenta**
- The absence of foetal testosterone and presence of maternal oestrogen and progesterone causes female reproductive organs to develop
- During female **puberty**, **oestrogen and progesterone secretions increase**.
- This leads to:
  - The start of the **menstrual cycle**
  - The development of female **secondary sexual characteristics** e.g. breast development



Your notes



**Secondary sexual characteristics of a human female**

## Menstrual Cycle

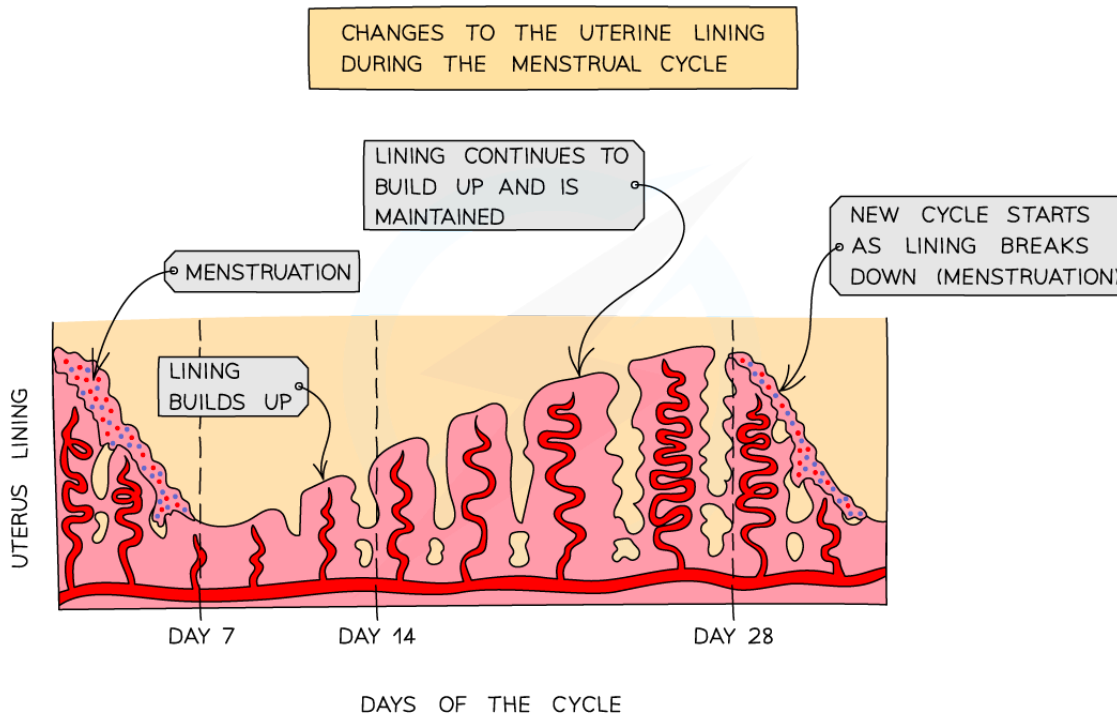
- The **menstrual cycle** is the series of changes that take place in the female body leading up to and following the release of an egg from the ovaries
  - It starts in early adolescence in girls and is controlled by **hormones**
  - The average menstrual cycle is **28 days** long
- The **uterus lining**, or **endometrium**, thickens from **day 7** through to **day 28** of the cycle in preparation for receiving a fertilised egg
- The release of an egg, or **ovulation**, occurs about **halfway** through the cycle on **day 14**, and the egg then travels down the oviduct to the uterus
  - Eggs develop inside fluid-filled sacs known as **egg follicles** inside the ovary
  - The follicle releases the egg at ovulation and becomes an empty follicle known as a **corpus luteum**
- Failure to fertilise the egg leads to **menstruation**, commonly known as a period
  - Menstruation involves the loss of menstrual blood via the vagina
  - This is caused by the **breakdown of the endometrium**
- Menstruation takes place roughly between **days 1–7** of the cycle
  - The number of days during which menstruation occurs can vary
- After menstruation finishes, the endometrium starts to **thicken again** in preparation for the **possible implantation** of a fertilised egg in the next cycle



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### Changes in the endometrium during the menstrual cycle

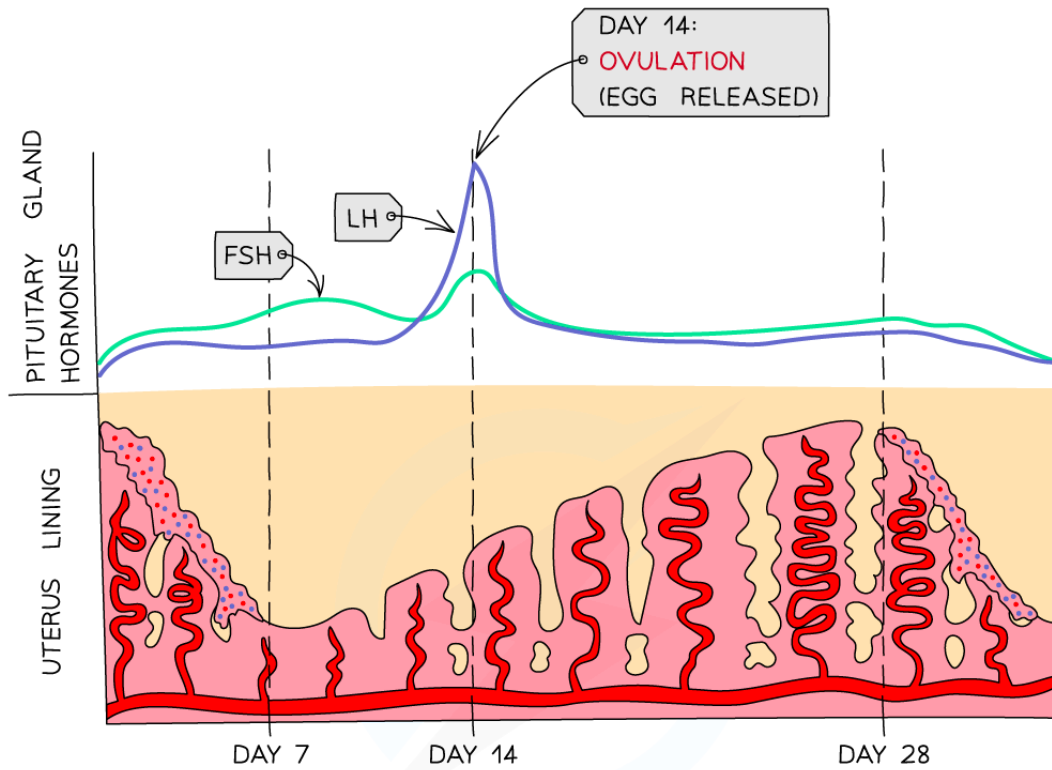
#### How ovarian and pituitary hormones control the menstrual cycle

- **Four hormones** control the events that occur during the menstrual cycle:
  - Two of these hormones are produced by the **pituitary gland** in the brain
    - **Follicle-stimulating hormone (FSH)**
    - **Luteinising hormone (LH)**
  - The other two hormones are produced in the **ovaries**
    - **Oestrogen**; produced by the **egg follicle**, and by the **corpus luteum** after ovulation
    - **Progesterone**; produced by the corpus luteum
- The roles of FSH and LH:
  - FSH is secreted by the **pituitary gland** and stimulates the **development** of several immature **egg cells** in **follicles** in the **ovary**
  - FSH also stimulates the **secretion of oestrogen** by the **follicle wall**
  - The **pituitary gland** is stimulated to release LH when **oestrogen** levels have reached their **peak**
  - LH causes **ovulation to occur**; the shedding of the mature egg cell from the follicle and its release from the ovary



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- The shedding of the mature egg cell leaves behind an empty egg follicle called the corpus luteum
- LH also **stimulates** the production of **progesterone** from the corpus luteum



**FSH**

- STIMULATES EGG MATURATION IN THE FOLLICLES OF THE OVARY
- STIMULATES FOLLICLES IN THE OVARIES TO SECRETE OESTROGEN

**LH**

- AT ITS PEAK STIMULATES OVULATION (RELEASE OF EGG INTO OVIDUCT)
- RESULTS IN THE FORMATION OF A CORPUS LUTEUM

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**Changes in the levels of the pituitary hormones FSH and LH in the blood during the menstrual cycle**

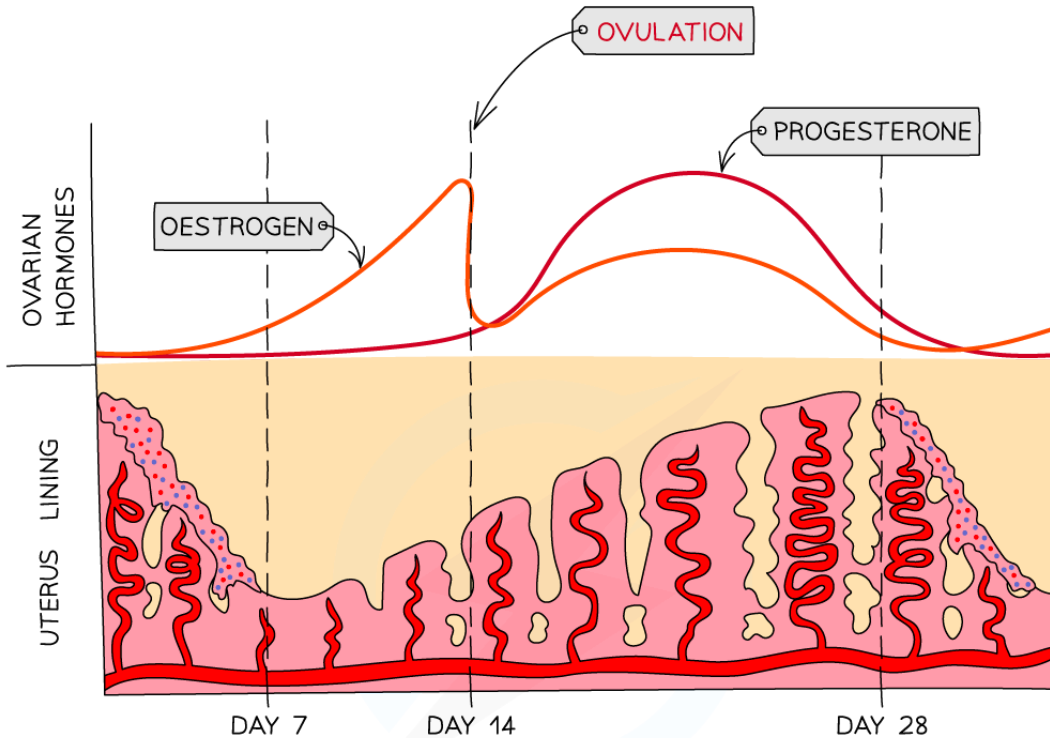
- The roles of oestrogen and progesterone:
  - **Oestrogen** levels rise from **day 1** to **peak** just before **day 14**
  - This causes the **endometrium** to start **thickening** and the egg cell to **mature**
  - The peak in oestrogen occurs just before the egg is released
  - **Progesterone** stays low from day 1–14 and starts to rise once ovulation has occurred
    - Progesterone is produced by the corpus luteum
  - The increasing levels of progesterone cause the endometrium to continue to thicken
  - A fall in progesterone levels as the corpus luteum deteriorates causes the endometrium to **break down**, resulting in **menstruation**



Your notes



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**OESTROGEN**

- STIMULATES THE UTERUS TO DEVELOP A LINING (TO REPLACE THE LINING LOST DURING MENSTRUATION)
- POST-OVULATION, INHIBITS FSH AND LH PRODUCTION IN THE PITUITARY GLAND

**PROGESTERONE**

- MAINTAINS AND THICKENS LINING OF THE UTERUS
- INHIBITS FSH AND LH PRODUCTION
- IF FERTILISATION DOESN'T OCCUR, LEVELS DROP AND MENSTRUATION OCCURS.

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**Changes in the levels of oestrogen and progesterone in the blood during the menstrual cycle**

**Negative and positive feedback mechanisms controlling the menstrual cycle**

- The four hormones all **interact** to control the menstrual cycle via both negative and positive feedback
  - FSH and oestrogen

- FSH stimulates the development of a follicle, and the follicle wall produces the hormone oestrogen; it can be said that **FSH stimulates the production of oestrogen**
- As well as causing growth and repair of the endometrium, oestrogen also causes an **increase in FSH receptors**; this makes the follicles **more receptive to FSH** which, in turn, **stimulates more oestrogen production**
  - This is **positive feedback**
- When oestrogen levels are high enough, it **inhibits the secretion of FSH**
  - This is **negative feedback**
- LH and oestrogen
  - When oestrogen rises to a high enough level, it **stimulates the release of LH** from the pituitary gland, causing ovulation on around day 14 of the cycle
  - After ovulation, **LH causes the wall of the follicle to develop into the corpus luteum**, which **secretes more oestrogen**
    - This is **positive feedback**
- LH and progesterone
  - **LH** stimulates the wall of the follicle to develop into the **corpus luteum**, which **secretes progesterone**
  - Progesterone thickens and maintains the endometrium but also **inhibits the secretion of FSH and LH** from the pituitary gland
    - This is **negative feedback**

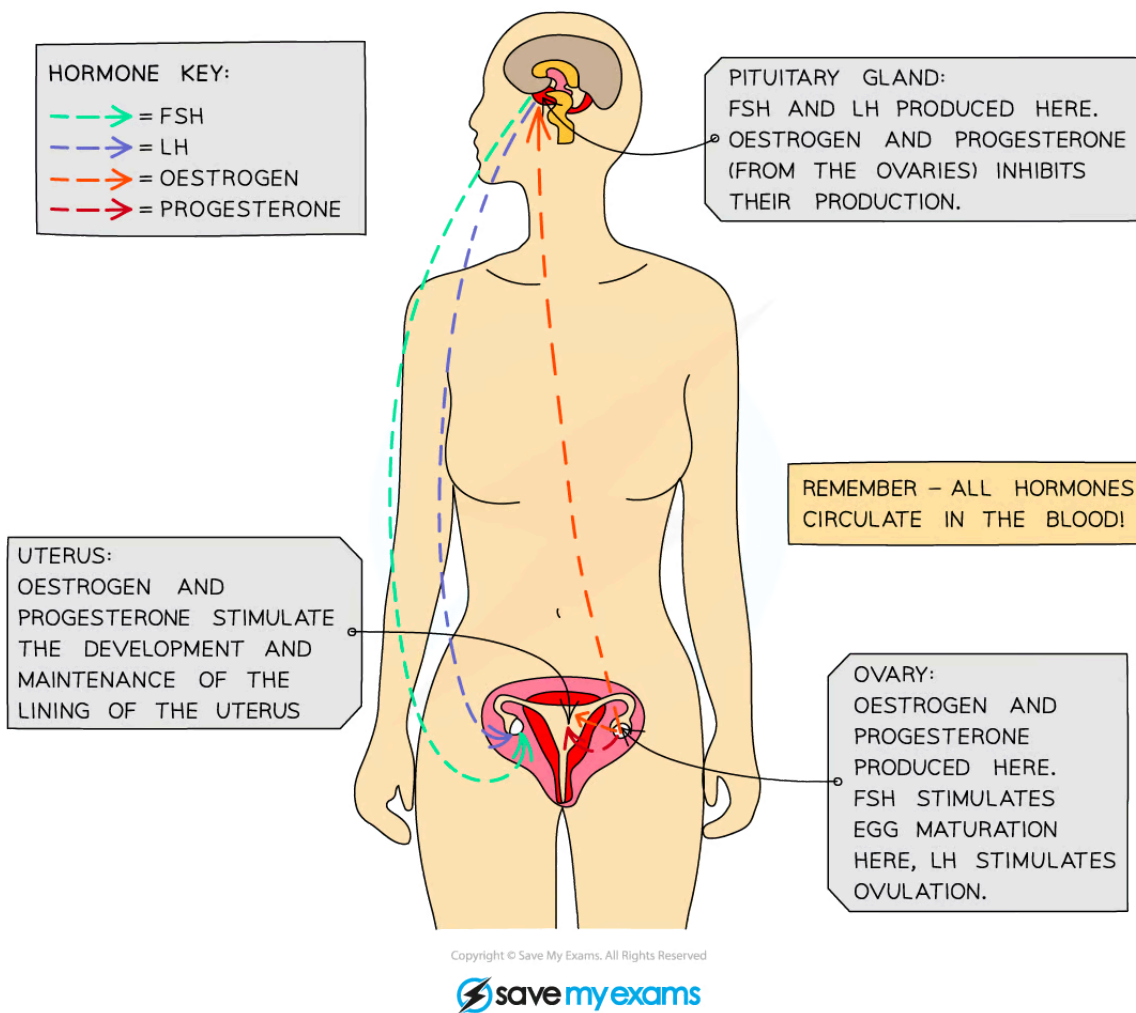


Your notes





Your notes



**Where hormones involved in the menstrual cycle are made and act - remember that hormones travel around the body in the bloodstream but only have an effect on a target organ**

## Hormones & IVF

- A couple may find it difficult to conceive a baby **naturally**
- This can be due to **insufficient levels of reproductive hormones** affecting the development of egg and sperm cells, or as a result of **issues with the reproductive system of the male or female**
- One possible treatment is for eggs to be fertilised by sperm **outside the body** in carefully controlled laboratory conditions
  - This is known as ***in vitro* fertilisation**, or **IVF**
- Although the process can vary, it normally follows the same main steps:
  - The first step involves stopping the normal secretion of hormones; the woman takes a drug to **inhibit the secretion of FSH and LH** from the pituitary gland
    - This also causes oestrogen and progesterone secretions to stop
  - This **temporarily halts the menstrual cycle**, allowing doctors to control the **timing** and **quantity** of **egg production** in the woman's ovaries
  - The woman is then given **injections of FSH and LH to stimulate the development of follicles**; as the injection gives a much higher FSH concentration than is present during a normal menstrual cycle, '**superovulation**' occurs
    - Many more follicles than normal begin to mature
  - The eggs are then collected from the woman and fertilised by sperm from the man in **sterile conditions in the laboratory**
  - The fertilised eggs develop into **embryos**
  - At the stage when they are tiny balls of cells, about **48 hours after fertilisation**, one or more embryos are inserted into the mother's uterus
  - Finally, **extra progesterone** is normally given to the woman to ensure the **endometrium** is **maintained**
- The success rate of IVF is low (~30%) but there have been many improvements and advancements in medical technologies which are helping to increase the success rate



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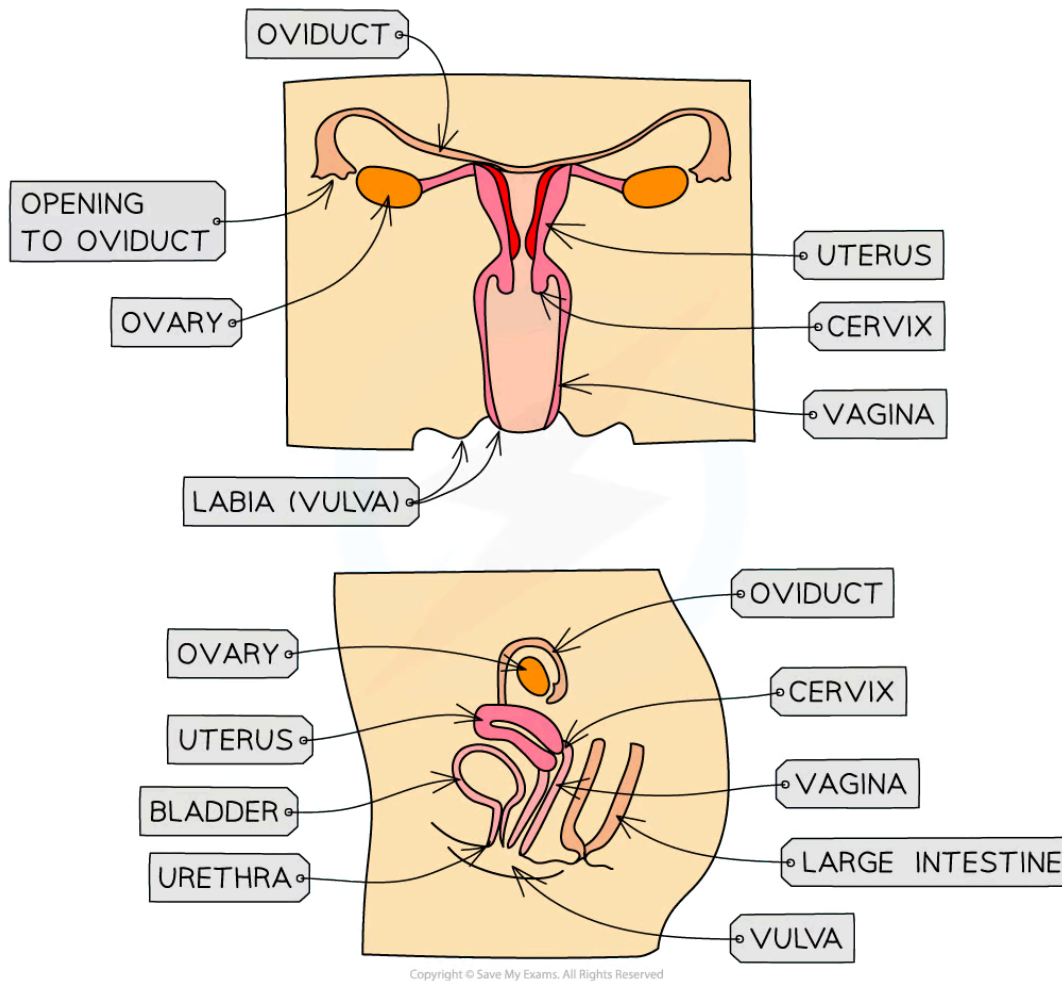


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## 6.6.6 Skills: Reproduction Diagrams

### Male & Female Diagrams

- You should be able to **annotate diagrams** of the female and male **reproductive systems** to show the names of the different **structures**
- You should also be able to recall the **function** of each of these structures



**Front and side view of the female reproductive system**

**Female Reproductive System Table**



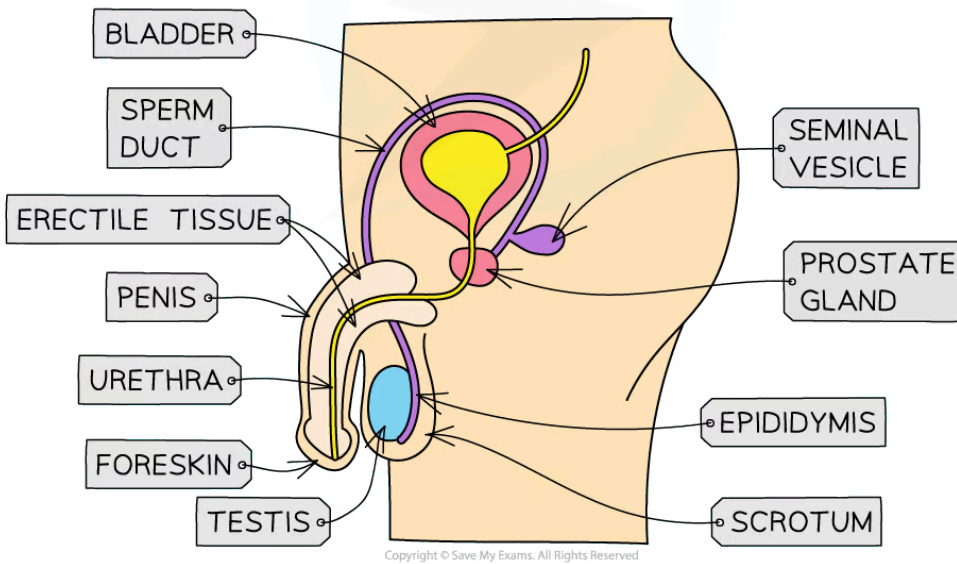
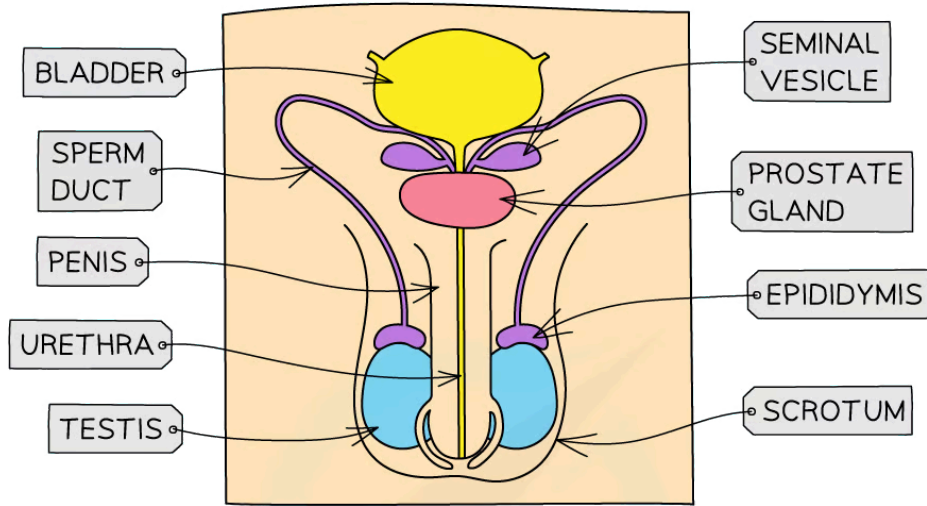
Your notes

Structure	Function
<b>Oviduct</b>	Connects the ovary to the uterus and is lined with ciliated cells to push the released ovum down it. Fertilisation occurs here
<b>Ovary</b>	Contains ova (female gametes) which will mature and develop when hormones are released
<b>Uterus</b>	Muscular bag with a soft lining where the fertilised egg (zygote) will be implanted to develop into a foetus
<b>Cervix</b>	Ring of muscle at the lower end of the uterus to keep the developing foetus in place during pregnancy
<b>Vagina</b>	Muscular tube that leads to the inside of the woman's body, where the male's penis will enter during sexual intercourse and sperm are deposited
<b>Vulva</b>	A collection of structures (including the pubic mound, labia, clitoris and hymen), one function of which is to protect the more internal parts of the female reproductive system

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Your notes



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**Front and side view of the male reproductive system**

**Male Reproductive System Table**



Your notes

Structure	Function
<b>Prostate gland and seminal vesicle</b>	Produces fluid called semen that provide sperm cells with nutrients
<b>Sperm duct</b>	Sperm passes through the sperm duct to be mixed with fluids produced by the glands before being passed into the urethra for ejaculation
<b>Urethra</b>	Tube running down the centre of the penis that can carry out urine or semen, a ring of muscle in the urethra prevents the urine and semen from mixing
<b>Testis</b>	Contained in a bag of skin (scrotum) and produces sperm (male gamete) and testosterone (hormone)
<b>Scrotum</b>	Sac supporting the testes outside the body to ensure sperm are kept at temperature slightly lower than body temperature
<b>Penis</b>	Passes urine out of the body from the bladder and allows semen to pass into the vagina of a woman during sexual intercourse
<b>Epididymis</b>	Coiled tubes that store sperm until ejaculation

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