

HL IB Physics



Your notes

Radioactive Decay

Contents

- * Isotopes & Radioactive Decay
- * Background Radiation
- * Alpha, Beta & Gamma Particles
- * Radioactive Decay Equations
- * Activity & Half-Life
- * Decay Constant & Half-Life (HL)
- * The Law of Radioactive Decay (HL)
- * Applications of Radioactivity
- * Mass Defect & Nuclear Binding Energy
- * Binding Energy per Nucleon Curve
- * Nuclear Stability (HL)
- * Nuclear Energy Levels (HL)
- * Evidence for the Neutrino (HL)



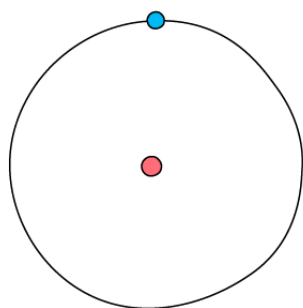
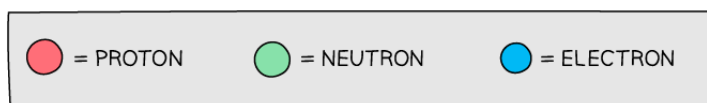
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Isotopes & Radioactive Decay

Isotopes

- **Elements** are defined by a **fixed** number of **protons** in their atoms
 - For example, all hydrogen atoms have 1 proton, and all carbon atoms have 6 protons
- However, atoms of an element can have **different** numbers of **neutrons**
 - These different versions of elements are called **isotopes**
- An isotope is defined as:

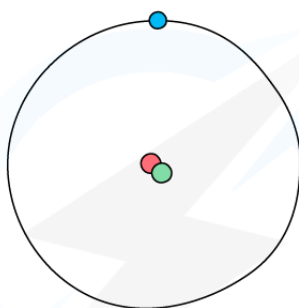
Nuclei that have the same number of protons but different numbers of neutrons
- For example, hydrogen has two isotopes, **deuterium** and **tritium**
 - All three isotopes contain 1 proton, but different numbers of neutrons



HYDROGEN



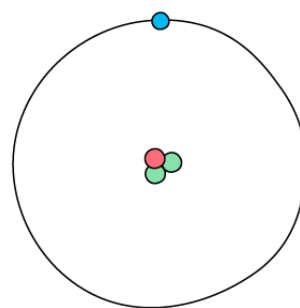
(1 PROTON,
0 NEUTRONS)



DEUTERIUM



(1 PROTON,
1 NEUTRON)



TRITIUM



(1 PROTON,
2 NEUTRONS)

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The three atoms shown above are all forms of hydrogen, but they each have different numbers of neutrons

- Since nucleon number A includes the number of protons and neutrons, an isotope of an element will have
 - A **fixed** proton number, Z
 - A **different** nucleon number, A

- Some isotopes have an imbalance of neutrons and protons which makes them **unstable**
 - This means they constantly decay and emit radiation to achieve a more stable form
 - This can happen from anywhere between a few nanoseconds to 100,000 years



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Isotopic Data

- Isotopic data is defined as:

The relative amounts of different isotopes of an element present within a substance
- The mass of an element is displayed on the periodic table as relative atomic mass
- This takes the masses and abundances of all the naturally occurring isotopes of an element into account

			4.00 He HELIUM 2
14.01 N NITROGEN 7	16.00 O OXYGEN 8	19.00 F FLUORINE 9	20.18 Ne NEON 10
30.97 P PHOSPHORUS 15	32.07 S SULFUR 16	35.45 Cl CHLORINE 17	39.95 Ar ARGON 18

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Isotopic data is used to determine the relative atomic masses of elements on the periodic table

- The relative atomic mass of an element can be calculated using the relative abundance values
- The percentage abundance of different isotopes in a sample can be obtained using a mass spectrometer

Table of isotopic data for a sample of oxygen

Isotope	Percentage abundance
^{16}O	99.76
^{17}O	0.04
^{18}O	0.20

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- For example, a sample of oxygen may contain three isotopes: $^{16}_8\text{O}$, $^{17}_8\text{O}$ and $^{18}_8\text{O}$
- The relative atomic mass of this sample of oxygen can be calculated using:
 $(16 \times 0.9976) + (17 \times 0.0004) + (18 \times 0.002) = 16.0044$
- To two decimal places, the relative atomic mass of the sample of oxygen is 16.00
- A common use of isotopic data is **carbon dating** of archaeological artefacts
 - This involves using the ratio of the amount of stable isotope carbon-12, to the amount of unstable isotope, carbon-14
 - The age of a sample of dead tissue can be determined by comparing the ratio of these isotopes to the ratio in a sample of living tissue



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Worked example

Which of the following rows shows a pair of nuclei that are isotopes of one another?

		nucleon number	number of neutrons
A.	nucleus 1	39	19
	nucleus 2	35	22
B.	nucleus 1	37	20
	nucleus 2	35	18
C.	nucleus 1	37	18
	nucleus 2	35	20
D.	nucleus 1	35	20
	nucleus 2	35	18

Answer: B

- In Nucleus 1:
 - Nucleon number: 37
 - Neutrons: 20
 - Protons = $37 - 20 = 17$
- In Nucleus 2:
 - Nucleon number: 35
 - Neutrons: 18
 - Protons = $35 - 18 = 17$
- They have the **same number of protons** but different numbers of neutrons hence, they are isotopes of each other



Your notes

Radioactive Decay

- Radioactive decay is defined as:
The spontaneous disintegration of a nucleus to form a more stable nucleus, resulting in the emission of an alpha, beta or gamma particle
- The **random nature** of radioactive decay can be demonstrated by observing the count rate of a Geiger-Muller (GM) tube
 - When a GM tube is placed near a radioactive source, the counts are found to be irregular and cannot be predicted
 - Each count represents a decay of an unstable nucleus
- These fluctuations in count rate on the GM tube provide **evidence** for the **randomness of radioactive decay**



The variation of count rate over time of a sample radioactive gas. The fluctuations show the randomness of radioactive decay

Characteristics of Radioactive Decay

- Radioactive decay is both **spontaneous** and **random**
- A spontaneous process is defined as:

A process which cannot be influenced by environmental factors

- This means radioactive decay cannot be affected by environmental factors such as:
 - Temperature
 - Pressure
 - Chemical conditions
- A random process is defined as:

A process in which the exact time of decay of a nucleus cannot be predicted

- Instead, the nucleus has a constant probability, ie. the same chance, of decaying in a given time
- Therefore, with large numbers of nuclei, it is possible to statistically predict the behavior of the entire group



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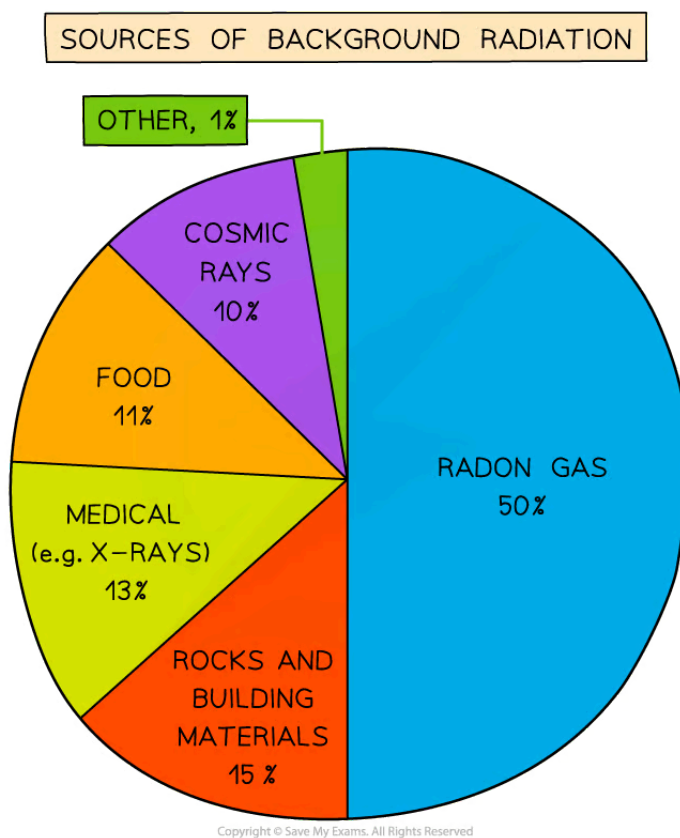


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Background Radiation

Background Radiation

- Background radiation is defined as:
The ionising radiation present in the environment
- The sources of background radiation can be separated into:
 - Natural sources
 - Artificial sources



In the UK, radon gas is by far the largest proportion of background radiation, whereas radiation due to nuclear waste and fallout accounts for less than 1%

Natural Sources of Background Radiation

Radon gas from rocks and buildings

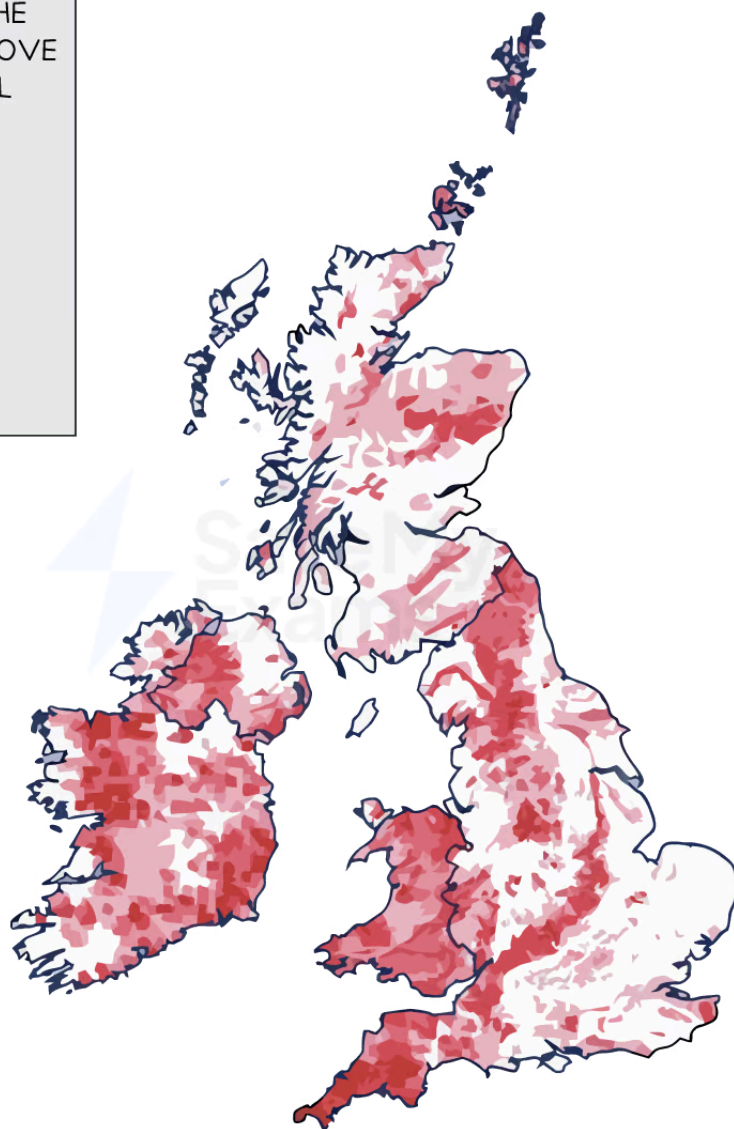
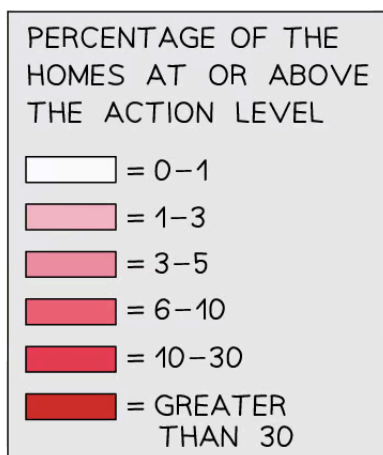
- Airborne radon gas comes from rocks in the ground, as well as building materials e.g. stone and brick
- This is due to the presence of radioactive elements, such as uranium, which **occur naturally** in small amounts in all rocks and soils

- Uranium decays into radon gas, which is an alpha emitter
- This is particularly dangerous if inhaled into the lungs in large quantities
- Radon gas is tasteless, colourless and odourless so it can only be detected using a Geiger counter
- Levels of radon gas are generally very low and are not a health concern, but they can vary significantly from place to place
 - For example, in the UK, some areas may contain rocks and soil which emit higher concentrations of radon gas



Your notes

Radon Concentration Map of the UK



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Radon gas occurs naturally in all rocks and soils. The concentration of radon gas varies from region to region in the UK. The darker red regions show where higher radon concentrations are more likely to occur

Cosmic rays from space

- The Sun emits an enormous number of subatomic particles (predominantly protons and alpha particles) every second
- Some of these enter the Earth's atmosphere at high speeds
- When they collide with molecules in the air, this leads to the production of gamma radiation
- Other sources of cosmic rays are supernovae and other high-energy cosmic events

Carbon-14 in biological material

- All organic matter contains a tiny amount of carbon-14
- Living plants and animals constantly replace the supply of carbon in their systems hence the amount of carbon-14 in the system stays almost constant

Radioactive material in food and drink

- Naturally occurring radioactive elements can get into food and water since they are in contact with rocks and soil containing these elements
- Some foods contain higher amounts such as potassium-40 in bananas
- However, the amount of radioactive material is minuscule and is not a cause for concern

Artificial Sources of Background Radiation

Nuclear medicine

- In medical settings, nuclear radiation is utilised all the time
- For example, X-rays, CT scans, radioactive tracers, and radiation therapy all use radiation

Nuclear waste

- While nuclear waste itself does not contribute much to background radiation, it can be dangerous for the people handling it

Nuclear fallout from nuclear weapons

- Fallout is the residue radioactive material that is thrown into the air after a nuclear explosion, such as the bomb that exploded at Hiroshima
- While the amount of fallout in the environment is presently very low, it would increase significantly in areas where nuclear weapons are tested

Nuclear accidents

- Nuclear accidents, such as the incident at Chernobyl, contribute a large dose of radiation to the environment
- While these accidents are now extremely rare, they can be catastrophic and render areas devastated for centuries

Accounting for Background Radiation

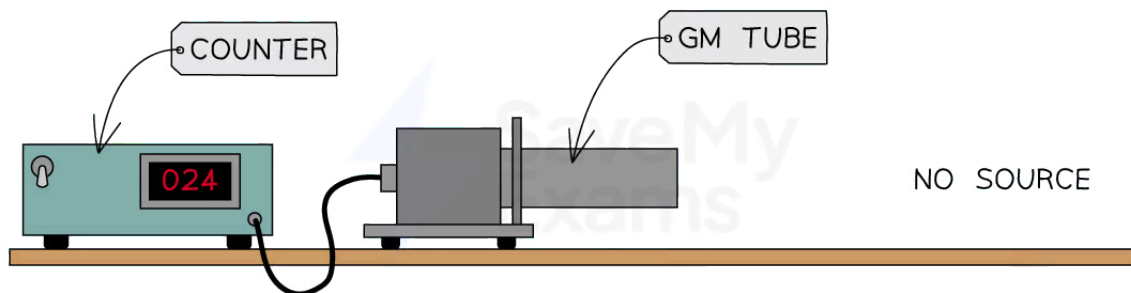
- Background radiation must be accounted for when taking readings in a laboratory



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- This can be done by taking readings with no radioactive source present and then subtracting this from readings with the source present
- This is known as the **corrected count rate**

Measuring Background Count Rate

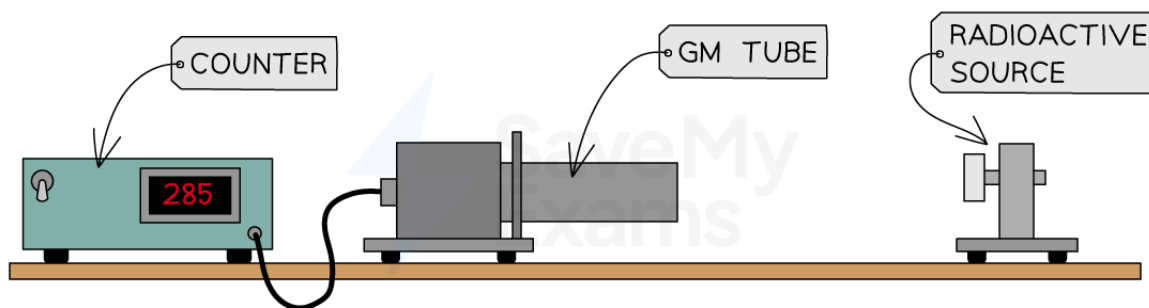


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The background count rate can be measured using a Geiger-Müller (GM) tube with no source present

- For example, if a Geiger counter records 24 counts in 1 minute when no source is present, the background radiation count rate would be:
 - 24 counts per **minute** (cpm)
 - $24/60 = 0.4$ counts per **second** (cps)

Measuring Corrected Count Rate of a Source



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The corrected count rate can be determined by measuring the count rate of a source and subtracting the background count rate

- Then, if the Geiger counter records, for example, 285 counts in 1 minute when a source is present, the corrected count rate would be:
 - $285 - 24 = 261$ counts per **minute** (cpm)
 - $261/60 = 4.35$ counts per **second** (cps)
- When measuring count rates, the **accuracy** of results can be improved by:
 - Repeating readings and taking averages
 - Taking readings over a long period of time



Your notes

Worked example

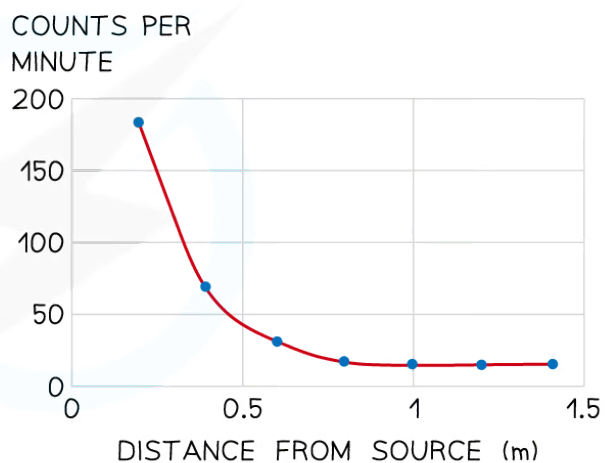
A student is using a Geiger counter to measure the counts per minute at different distances from a source of radiation.

Their results and a graph of the results are shown below.

RESULTS TABLE

Distance from source (m)	Counts per minute
0.2	180
0.4	67
0.6	29
0.8	17
1.0	15
1.2	15
1.4	15

GRAPH



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Determine the background radiation count.

Answer:

- The background radiation is the amount of radiation detected in the absence of a radioactive source
- When the source is moved back far enough, all radiation is absorbed by the air before reaching the Geiger-counter
- This is shown at 1.0 m where the count rate becomes constant
- Therefore, the readings after 1.0 m are due to background radiation only
- Background radiation count = **15 counts per minute**



Your notes

Alpha, Beta & Gamma Particles

Alpha, Beta & Gamma Decay

- Some isotopes of elements are **unstable**
 - This can happen when a nucleus has an **imbalance** of protons and neutrons or too much **energy**
- To become more stable, a nucleus can emit particles or radiation by the process of **radioactive decay**
- The **three** main types of radioactive particle or radiation are:
 - Alpha particles
 - Beta particles
 - Gamma radiation

Alpha Particles

- An alpha (α) particle is a high-energy helium nucleus
 - It contains **2 protons** and **2 neutrons**
 - It has a mass of **4u** and a charge of **+2e**
- The nuclear notation for an alpha particle is:



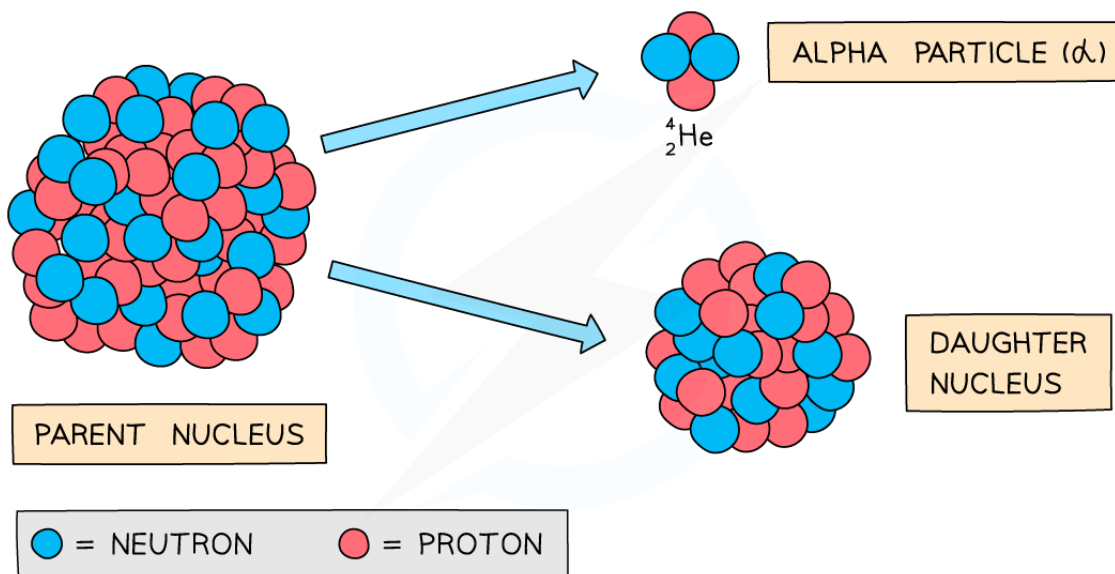
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Nuclear notation for an alpha particle (a helium nucleus)

- Alpha particles are usually emitted by large, unstable nuclei with too many nucleons (protons and neutrons)
- When an unstable nucleus decays, its composition changes
- When an alpha particle is emitted from a nucleus:
 - The nucleus loses 2 protons: **proton number decreases by 2**
 - The nucleus loses 4 nucleons: **nucleon number decreases by 4**
- As there is a change in proton number, the parent nucleus is a **different element** to the daughter nucleus



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During alpha decay, a parent nucleus becomes a daughter nucleus by emitting an alpha particle (helium nucleus)

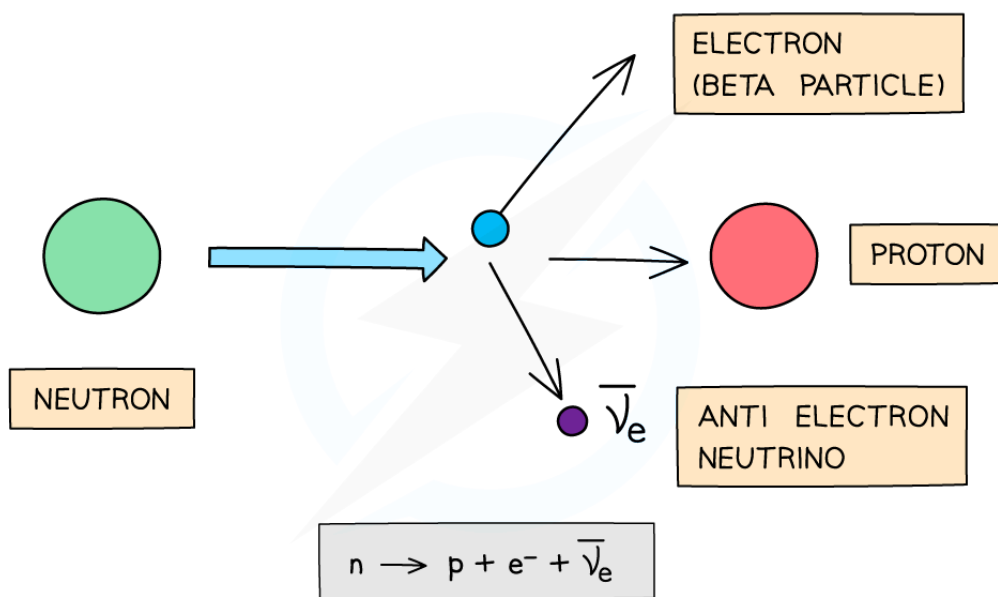
Beta-Minus Decay

- A beta-minus (β^-) particle is a high-energy **electron**
 - It has a mass of **0.0005u** and a charge of **-1e**
- The nuclear notation for a beta-minus particle is:



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- Beta-minus particles are usually emitted by unstable nuclei with too many **neutrons**
- Beta-minus decay is when a **neutron** turns into a **proton** and emits an **electron** and an **anti-electron neutrino**
- Electrons have a proton number of -1, so overall:
 - The **proton number increases by 1**
 - The **nucleon number remains the same**



Beta-minus decay often happens in unstable nuclei that have too many neutrons. The nucleon number stays the same, but the proton number increases by one

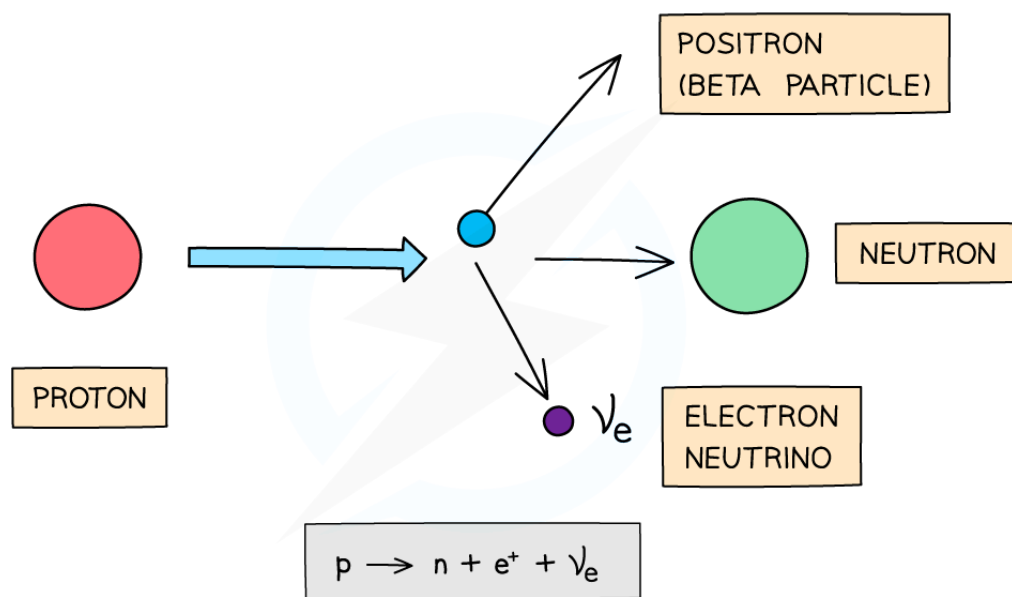
Beta-Plus Decay

- A beta-plus (β^+) particle is a high-energy **positron**
 - It is the antimatter particle of the electron
 - It has a mass of **0.0005u** and a **charge of +1e**
- The nuclear notation for a beta-minus particle is:

$${}_{+1}^0\beta$$

BETA PLUS

- Beta-plus particles are usually emitted by unstable nuclei with too many **protons**
- Beta-plus decay is when a **proton** turns into a **neutron** and emits a **positron** and an **electron neutrino**
- Positrons have a proton number of +1, so overall:
 - The **proton number decreases by 1**
 - The **nucleon number remains the same**



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Beta-plus decay often happens in unstable nuclei that have too many protons. The nucleon number stays the same, but the proton number decreases by one

Gamma Radiation

- Gamma (γ) rays are a type of high-energy electromagnetic radiation
- They are emitted by nuclei that need to lose some energy
- The nuclear notation for gamma radiation is:



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Nuclear notation for gamma rays

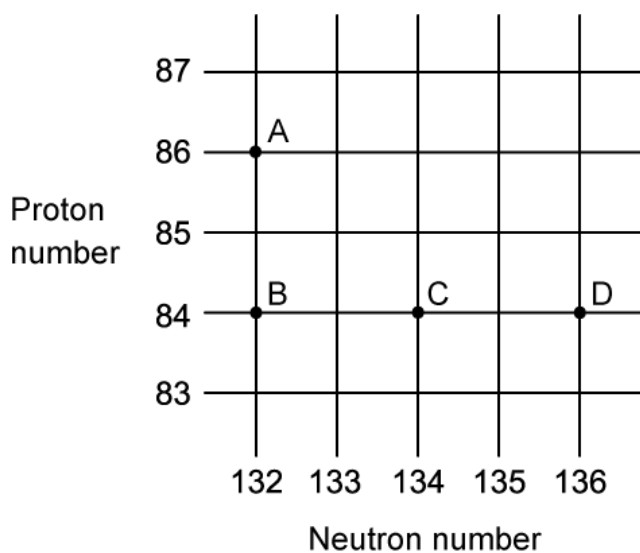
- Gamma particles are **photons**, so they have a proton number of 0, so overall:
 - The **proton number remains the same**
 - The **nucleon number remains the same**



Your notes

Worked example

The radioactive nucleus ${}_{86}^{222}\text{Rn}$ undergoes alpha decay into a daughter nucleus Po.



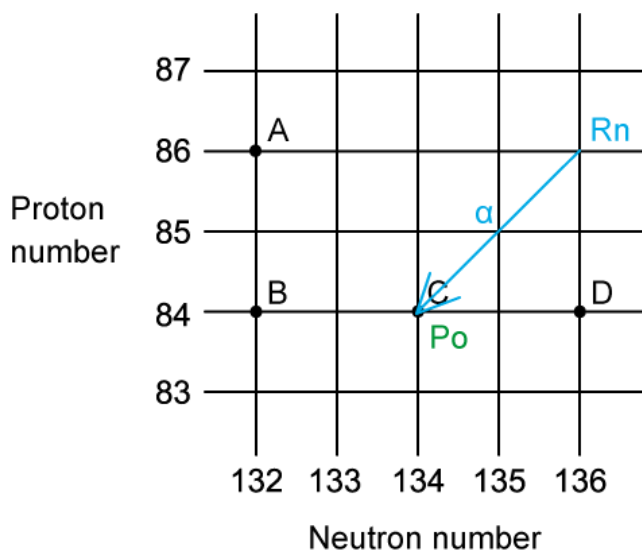
- (a) Which letter in the diagram represents the daughter product?
 (b) What is the nucleon number and proton number of Po?

(a) Answer: C

- The number of neutrons in ${}_{86}^{222}\text{Rn}$ is $222 - 86 = 136$
- In alpha decay, the parent nucleus loses a helium nucleus (2 protons, 2 neutrons)
 - Proton number: 86 decreases to 84
 - Neutron number: 136 decreases to 134



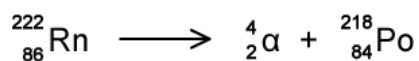
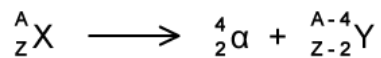
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- Therefore, the correct answer is C

(b)

- The equation for alpha decay is as follows:



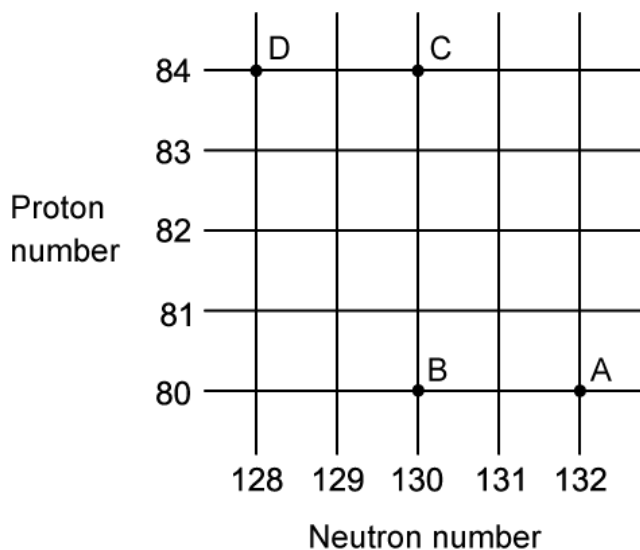
- Hence the daughter nucleus Po has
 - Nucleon number = $222 - 4 = 218$
 - Proton number = $86 - 2 = 84$



Your notes

Worked example

A radioactive substance with a nucleon number of 212 and a proton number of 82 decays by β -plus emission into a daughter product which further decays by β -plus emission into a granddaughter product.



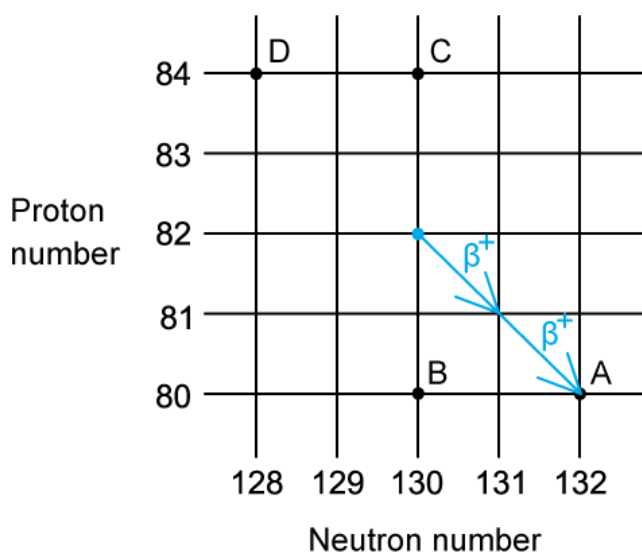
Which letter in the diagram represents the granddaughter product?

Answer: A

- The number of neutrons in the parent nucleus is $212 - 82 = 130$
- In beta-plus decay, a proton turns into a neutron
 - Proton number: 82 decreases to 80
 - Neutron number: 130 increases to 132



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- Therefore, the correct answer is **A**

Examiner Tip

Remember to avoid the common mistake of confusing the number of neutrons with the nucleon number. In alpha decay, the nucleon (protons and neutrons) number decreases by 4 but the number of neutrons only decreases by 2.

To remember which type of beta emission occurs, try to think of beta 'plus' as the 'proton' that turns into the neutron (plus an electron neutrino)



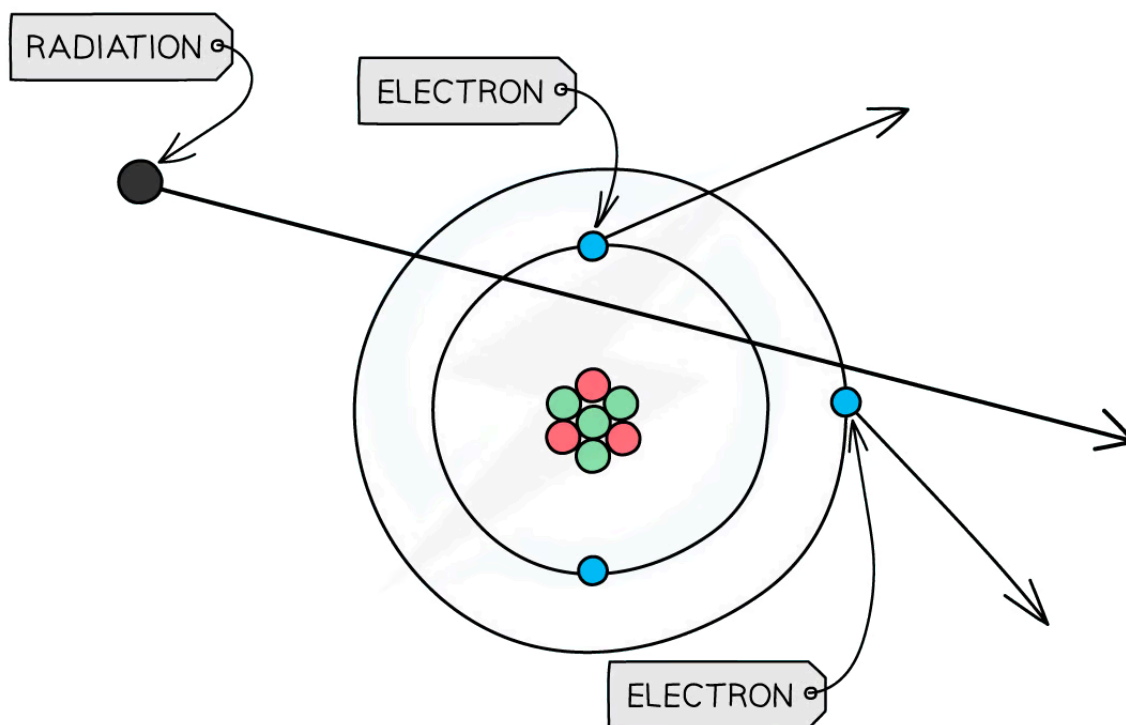
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Properties of Alpha, Beta & Gamma

- Alpha, beta and gamma radiation can be characterised by
 - Ionising ability** - a measure of the amount of ionisation caused when nuclear radiation passes through a material
 - Penetrating power** - a measure of the distance nuclear radiation will travel before losing all its energy
- The greater the ionising ability of a type of radiation, the lower its penetrating power, and vice versa

Ionising ability

- If any type of radiation collides with an atom, it can knock out electrons, ionising **the atom**
- This can cause chemical changes in materials and damage to living cells
- The ionising ability of radiation can be quantified by the number of ion pairs it produces per cm of air
 - Highly ionising** radiation may produce 10^4 ion pairs per cm of air
 - Weakly ionising** radiation may produce 1 ion pair per cm of air



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When radiation passes close to atoms, it can knock out electrons, ionising the atom

Penetrating power

- The distance radiation can travel before losing most, or all, of its energy, is described by its **penetrating power**
- The **lower** the penetrating power of a type of radiation, the **shorter** its range in air

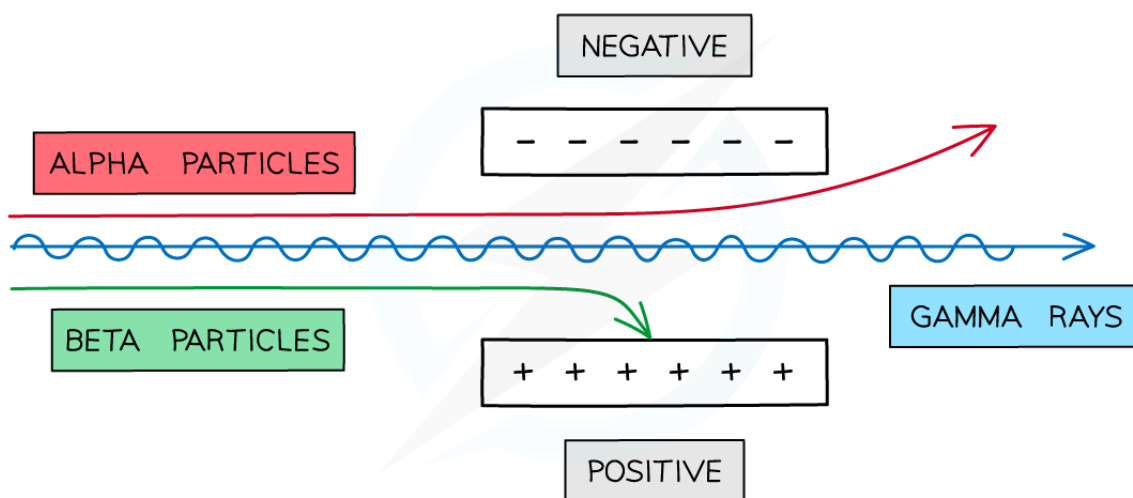


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- Highly ionising radiation has a **low** penetrating power
- Weakly ionising radiation has a **high** penetrating power

Deflection in Electric and Magnetic Fields

- When a charged particle enters an **electric field** it will undergo a deflection
 - Alpha particles are deflected towards the **negative** plate
 - Beta particles are deflected towards the **positive** plate
 - Gamma radiation is **not** deflected and travels straight through between the plates



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Alpha and beta particles are deflected by an electric field whereas gamma rays are not

- When a charged particle moves in a **magnetic field**, it will also undergo a deflection
- Faster-moving particles move in larger circular paths according to the equation:

$$Bqv = \frac{mv^2}{r} \Rightarrow r = \frac{mv}{Bq}$$

- The larger the circular path, the greater the deflection
- The amount of deflection of a particle depends on:
 - The speed of the particle, v
 - The mass of the particle, m
 - The charge on the particle, q

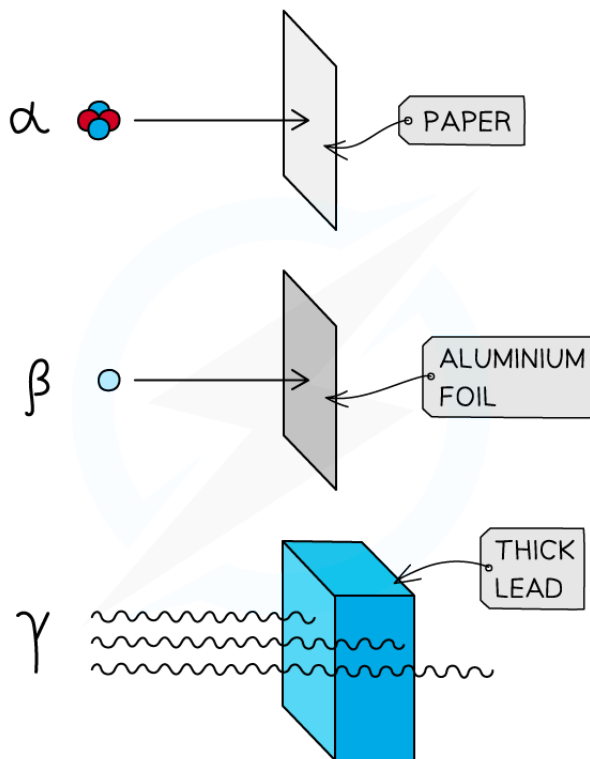
Comparing Alpha, Beta & Gamma

- The ionising abilities and penetrating powers of alpha, beta and gamma can be investigated by
 - Measuring the count rate of a radioactive source using a Geiger counter
 - Placing different materials between the source and the detector
 - Measuring the count rate again to see if the material causes a significant reduction



Your notes

- Alpha particles can be stopped by a single **sheet of paper**
- Beta particles can be stopped by a few millimetres of **aluminium foil**
- The intensity of gamma radiation can be reduced by several **metres of concrete** or several **centimetres of lead**



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Alpha particles are highly ionising and easily absorbed by atoms whereas gamma radiation is highly penetrating and requires very thick lead to reduce its intensity

- The properties of the different types of radiation are summarised in the table below:

Comparison of alpha, beta and gamma radiation

Radiation	Range in air	Ionising	Penetrating	Absorbed by:
Alpha	3–7 cm	Highly	Weakly	Paper
Beta	20 cm – 3 m	Moderately	Moderately	Aluminium foil \approx 3mm
Gamma	Infinite; follows an inverse square law	Weakly	Highly	Thick lead or concrete

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Properties of Alpha Radiation

- Alpha is the **most** ionising type of radiation
 - This is due to it having the highest charge of $+2e$
 - This means it produces the greatest number of ion pairs per cm in air
 - This also means it can do more damage to cells than the other types of radiation
- Alpha is the **least** penetrating type of radiation
 - This means it travels the shortest distance in air before being absorbed
 - Alpha particles have a range of around 3–7 cm in air
- Alpha particles can be deflected **slightly** in strong electric and magnetic fields
 - Alpha particles have the highest charge, but also the greatest mass, so their high momentum means they **deflect less** than a beta particle (in a given field)

Properties of Beta Radiation

- Beta is a **moderately** ionising type of radiation
 - This is due to it having a charge of $\pm 1e$
 - This means it can do some slight damage to cells (less than alpha but more than gamma)
- Beta is a **moderately** penetrating type of radiation
 - Beta particles have a range of around 20 cm - 3 m in air, depending on their energy
- Beta particles can be deflected through **large angles** by electric and magnetic fields
 - Beta particles typically travel at much greater speeds than alpha particles, but have much less mass, so they **deflect significantly more** than an alpha particle (in a given field)

Properties of Gamma Radiation

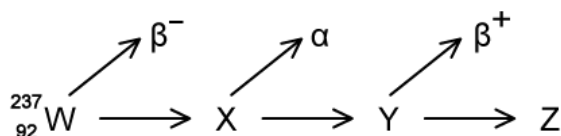
- Gamma is the **least** ionising type of radiation
 - This is because it is an electromagnetic wave with no charge
 - This means it produces the least number of ion pairs per cm in air
 - It can still cause damage to cells, but not as much as alpha or beta radiation. This is why it is used for cancer radiotherapy
- Gamma is the **most** penetrating type of radiation
 - This means it travels the furthest distance in air before being absorbed
 - Gamma radiation has an infinite range and follows an **inverse square law**
- Gamma rays are **not deflected** in magnetic and electric fields as they are electrically neutral
 - However, they can transfer their energy to atomic electrons which can be deflected



Your notes

Worked example

Three successive radioactive decays are shown in the diagram below. Each decay results in a particle being emitted.



The first decay results in the emission of a beta-minus particle.

The second decay results in the emission of an alpha particle.

The third decay results in the emission of a beta-plus particle.

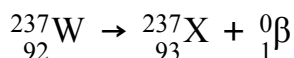
What is nuclide Z?

- A. ${}^{237}_{90}\text{Z}$ B. ${}^{233}_{92}\text{Z}$ C. ${}^{237}_{89}\text{Z}$ D. ${}^{233}_{90}\text{Z}$

Answer: **D**

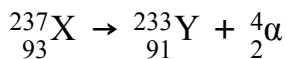
Step 1: Write the equation for the β^- decay

- A β^- particle is an electron
- The nucleon number stays the same
- The proton number increases by 1



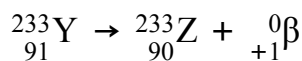
Step 2: Write the equation for the α decay

- An α particle is a helium nucleus
- The nucleon number reduces by 4
- The proton number reduces by 2



Step 3: Write the equation for the β^+ decay

- A β^+ particle is a positron
- The nucleon number stays the same
- The proton number reduces by 1



Step 4: Determine the final nucleon Z

- The final nucleon, Z will be:



Your notes



Your notes

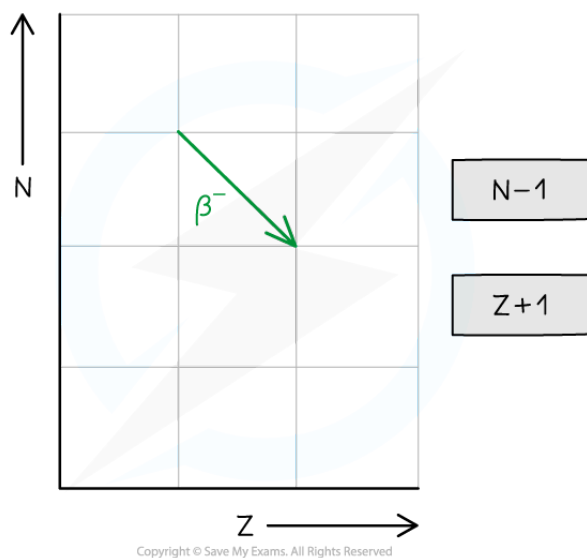
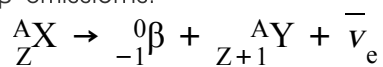
Radioactive Decay Equations

Radioactive Decay Equations

- There are four reasons why a nucleus might become unstable, and these determine which decay mode will occur
 - Too many neutrons = beta-minus emission
 - Too many protons = beta-plus emission or electron capture
 - Too many nucleons = alpha emission
 - Too much energy = gamma emission

If there are too many neutrons...

- Beta-minus** (β^-) emission occurs
- One of the **neutrons** in the nucleus changes into a **proton** and a β^- particle (an electron) and antineutrino is released
- The nucleon number is constant
 - The neutron number (N) decreases by 1
 - The proton number (Z) increases by 1
- The general decay equation for β^- emission is:



Representing beta-minus decay graphically

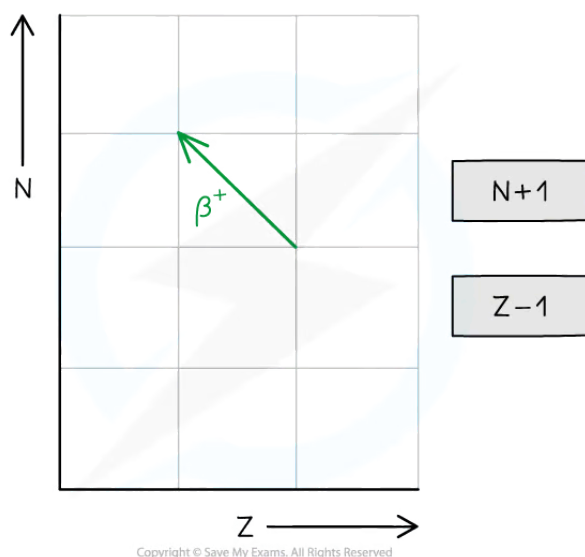
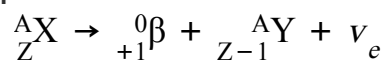
If there are too many protons...

- Beta-plus** (β^+) emission or **electron capture** occurs
- In beta-plus decay:



Your notes

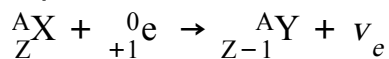
- A **proton** changes into a **neutron** and a β^+ particle (a positron) and neutrino are released
- In electron capture:
 - An orbiting electron is taken in by the nucleus and combined with a proton causing the formation of a neutron and neutrino
- In both types of decay, the nucleon number stays constant
 - The neutron number (N) increases by 1
 - The proton number (Z) decreases by 1
- The general decay equation for **β^+ emission** is:



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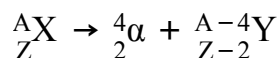
Representing beta-plus decay graphically

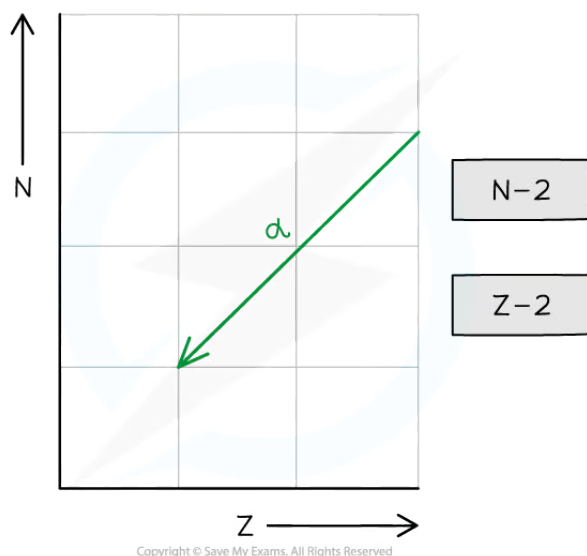
- The decay equation for **electron capture** is:



If there are too many nucleons...

- **Alpha** (α) emission occurs
- An α particle is a helium nucleus
- The nucleon number decreases by 4 and the proton number decreases by 2
 - The neutron number (N) decreases by 2
 - The proton number (Z) decreases by 2
- The general decay equation for α emission is:





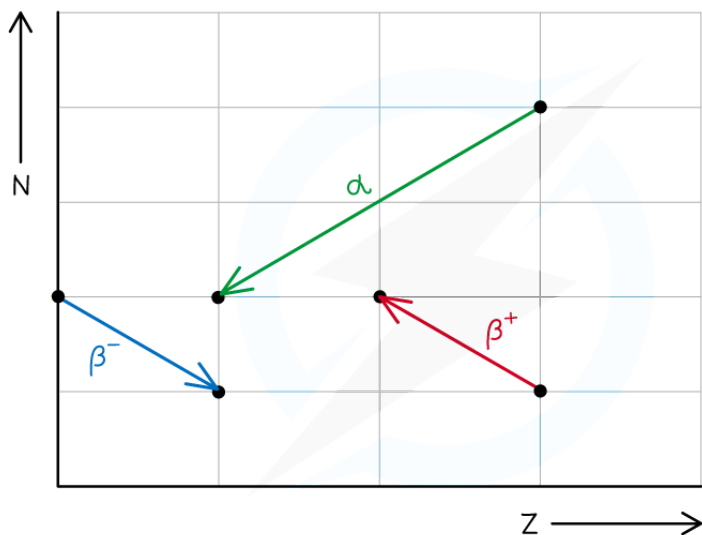
Representing alpha decay graphically

If there is too much energy...

- **Gamma** (γ) emission occurs
- A gamma particle is a high-energy electromagnetic radiation
- This usually occurs after a different type of decay, such as alpha or beta decay
- This is because the nucleus becomes excited and has excess energy

Representing Nuclear Processes Graphically

- In summary, alpha decay, beta decay and electron capture can be represented on an N-Z graph as follows:




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α	
N-2	Z-2

β^-	
N-1	Z+1

β^+	
N+1	Z-1

 Your notes

Representing nuclear processes graphically



Worked example

A nucleus with 84 protons and 126 neutrons undergoes alpha decay. It forms lead, which has the element symbol Pb.



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Which of the isotopes of lead pictured is the correct one formed during the decay?

Answer: A

Step 1: Calculate the mass number of the original nucleus

- The mass number is equal to the number of protons plus the number of neutrons
- The original nucleus has 84 protons and 126 neutrons

$$84 + 126 = 210$$

- The mass number of the original nucleus is 210

Step 2: Calculate the new atomic number

- The alpha particle emitted is made of two protons and two neutrons
- Protons have an atomic number of 1, and neutrons have an atomic number of 0
- Removing two protons and two neutrons will reduce the atomic number by 2

$$84 - 2 = 82$$

- The new nucleus has an atomic number of **82**

Step 3: Calculate the new mass number

- Protons and neutrons both have a mass number of 1
- Removing two protons and two neutrons will reduce the mass number by 4

$$210 - 4 = 206$$

- The new nucleus has a mass number of **206**



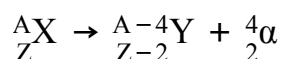
Worked example

Plutonium-239 is a radioactive isotope that contains 94 protons and emits α particles to form a radioactive isotope of uranium. This isotope of uranium emits α particles to form an isotope of thorium which is also radioactive.

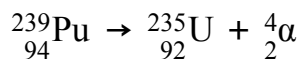
Write two equations to represent the decay of plutonium-239 and the subsequent decay of uranium.

Answer:

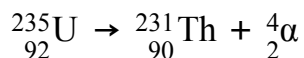
Step 1: Write down the general equation of alpha decay



Step 2: Write down the decay equation of plutonium into uranium

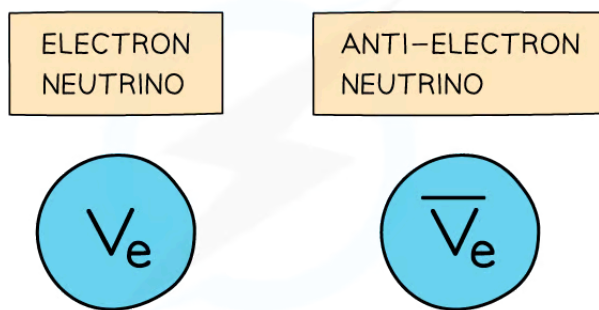


Step 3: Write down the decay equation of uranium into thorium



Neutrinos & Antineutrinos

- An electron neutrino is a type of subatomic particle with no charge and negligible mass which is also emitted from the nucleus
- The anti-neutrino is the antiparticle of a neutrino
 - Electron anti-neutrinos are produced during β^- decay
 - Electron neutrinos are produced during β^+ decay



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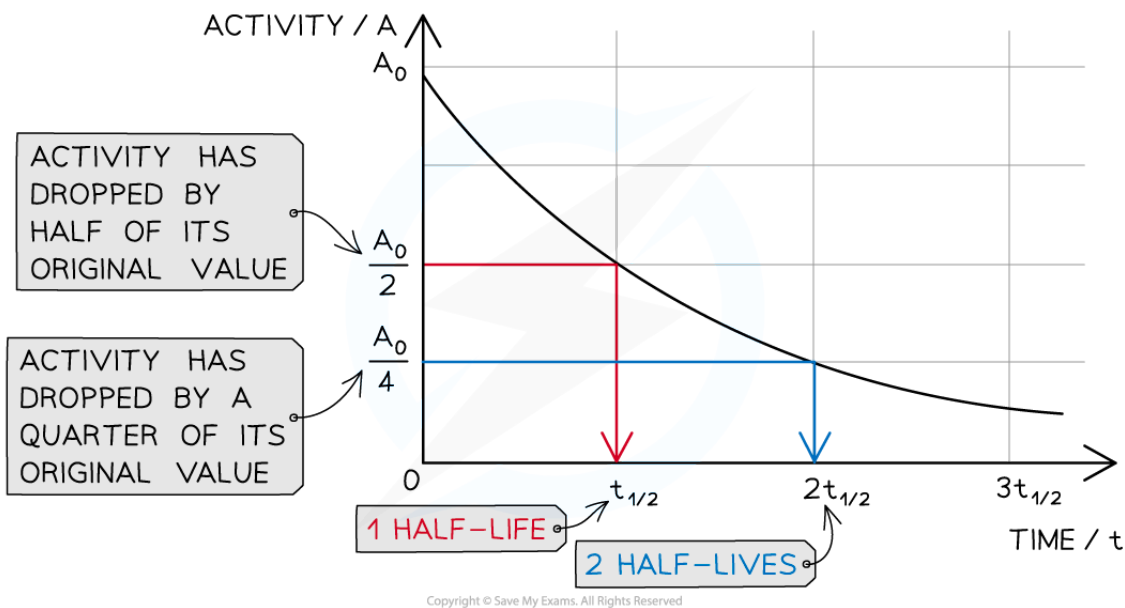
Activity & Half-Life

Activity & Half-Life

- The **activity** of a radioactive sample is defined as:
The number of nuclei which decay in a given time
- Activity is measured in **becquerels** (Bq)
 - One becquerel is equivalent to a nucleus decaying every second
- It is impossible to know when a particular unstable nucleus will decay
- But the **rate** at which the activity of a sample decreases can be predicted
 - This is known as the **half-life**
- Half-life is defined as:
The time taken for half the undecayed nuclei to decay or the activity of a source to decay by half
- In other words, the time it takes for the activity of a sample to fall to half its original level
- Different isotopes have different half-lives and these can vary from a fraction of a second to billions of years in length

Using Half-life

- Scientists can measure the half-lives of different isotopes accurately:
- Uranium-235 has a half-life of 704 million years
 - This means it would take 704 million years for the activity of a uranium-235 sample to decrease to half its original amount
- Carbon-14 has a half-life of 5700 years
 - So after 5700 years, there would be 50% of the original amount of carbon-14 remaining
 - After two half-lives, or 11 400 years, there would be just 25% of the carbon-14 remaining
- With each half-life, the amount remaining **decreases by half**



Graph showing how the activity of a radioactive sample changes over time. Each time the original activity halves, another half-life has passed

- The time it takes for the activity of the sample to decrease from 100 % to 50 % is the half-life
- It is the same length of time as it would take to decrease from 50 % activity to 25 % activity
- The half-life is **constant** for a particular isotope
- The following table shows that as the number of half-life increases, the proportion of the isotope remaining **halves**

NUMBER OF HALF-LIVES	PROPORTION OF ISOTOPE REMAINING
0	1
1	1/2
2	1/4
3	1/8
4	1/16
...	...

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Worked example

A radioactive sample has a half-life of 3 years. What is the ratio of decayed nuclei to original nuclei, after 15 years?

Answer:

Step 1: Calculate the number of half-lives

- The time period is 15 years
- The half-life is 3 years

$$\text{half-life} = 15 / 3 = 5$$

- There have been 5 half-lives

Step 2: Raise $1/2$ to the number of half-lives

- The proportion of nuclei remaining is

$$(1/2)^5 = 1/32$$

- So $1/32$ of the original nuclei are remaining

Step 3: Write the ratio correctly

- If $1/32$ of the original nuclei are remaining, then $31/32$ must have decayed
- Therefore, the ratio is **31 decayed : 32 original**, or **31:32**

Worked example

A particular radioactive sample contains 2 million un-decayed atoms. After a year, there are only 500 000 atoms left un-decayed.

Determine the half-life of the material.

Answer:

Step 1: Calculate how many times the number of un-decayed atoms has halved

- There were 2 000 000 atoms to start with
- **1 000 000** atoms would remain after **1 half-life**
- **500 000** atoms would remain after **2 half-lives**
- Therefore, the sample has undergone 2 half-lives

Step 2: Divide the time period by the number of half-lives

- The time period is a year
- The number of half-lives is 2
- 1 year divided by 4 (2^2) is a quarter of a year or 3 months
- Therefore, the half-life of the sample is **3 months**

Decay Curves

- To calculate the half-life of a sample, the procedure is:
 - Measure the initial activity, A_0 , of the sample
 - Measure how the activity changes with time
 - Determine the half-life of this original activity
- The time taken for the activity to decrease to half its original value is the **half-life**



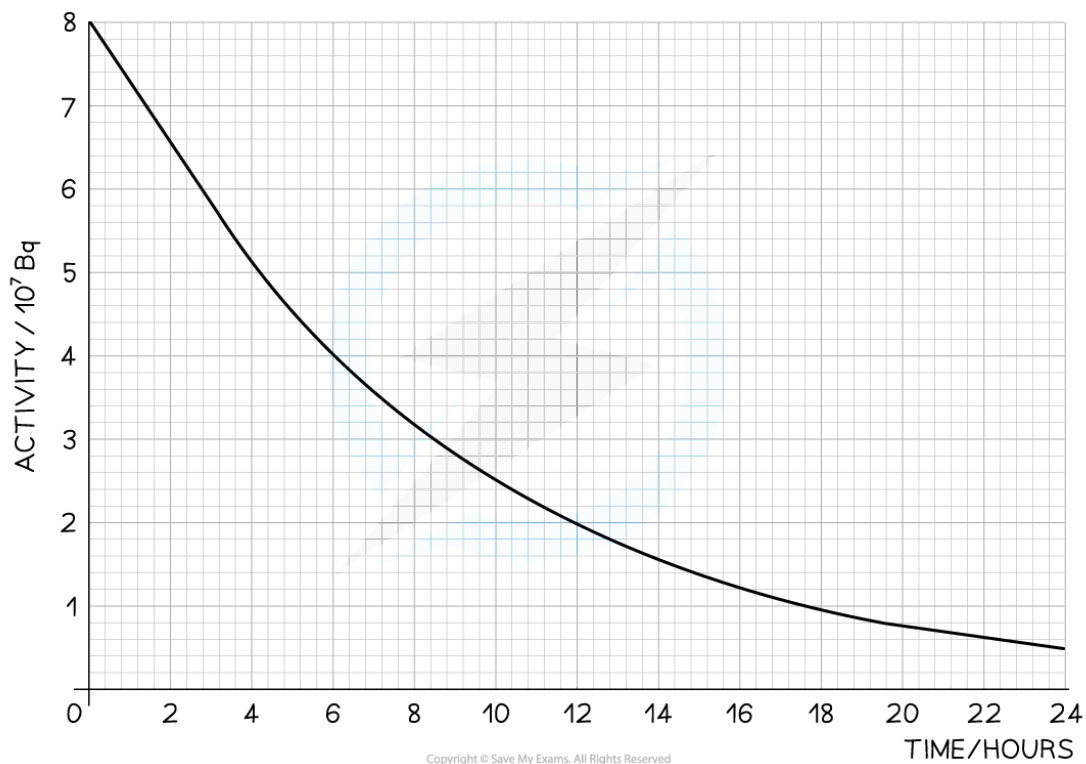
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Your notes

 **Worked example**

The radioisotope technetium is used extensively in medicine. The graph below shows how the activity of a sample varies with time.



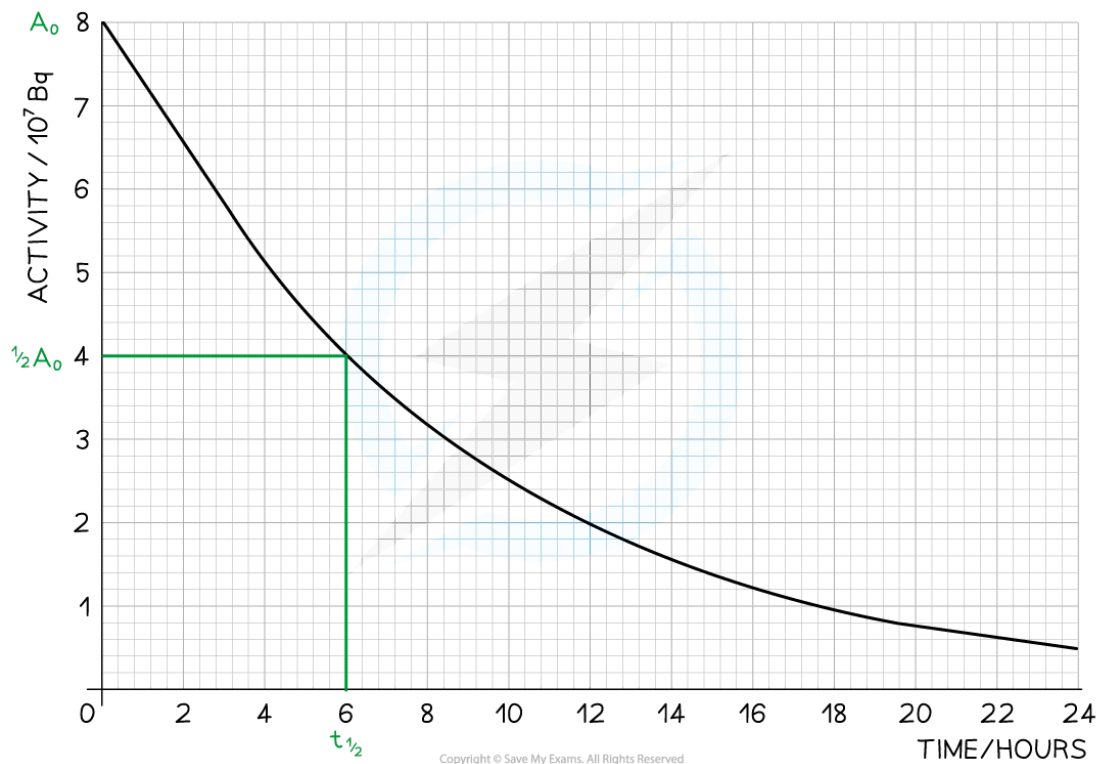
Determine the half-life of this material.

Answer:

Step 1: Draw lines on the graph to determine the time it takes for technetium to drop to half of its original activity



Your notes



Step 2: Read the half-life from the graph

- In the diagram above the initial activity, A_0 , is 8×10^7 Bq
- The time taken to decrease to 4×10^7 Bq, or $\frac{1}{2}A_0$, is 6 hours
- The time taken to decrease to 2×10^7 Bq is 6 **more** hours
- The time taken to decrease to 1×10^7 Bq is 6 **more** hours
- Therefore, the half-life of this isotope is **6 hours**



Your notes

Decay Constant & Half-Life (HL)

Decay Constant & Half-Life

- Since radioactive decay is spontaneous and random, it is useful to consider the average number of nuclei that are expected to decay per unit time
 - This is known as the **average decay rate**
- As a result, each radioactive element can be assigned a **decay constant**
- The decay constant λ is defined as:

The probability that an individual nucleus will decay per unit of time

- When a sample is highly radioactive, this means the number of decays per unit time is very high
 - This suggests it has a high level of **activity**
- Activity, or the number of decays per unit time can be calculated using:

$$A = \frac{\Delta N}{\Delta t} = -\lambda N$$

- Where:
 - A = activity of the sample (Bq)
 - ΔN = number of decayed nuclei
 - Δt = time interval (s)
 - λ = decay constant (s^{-1})
 - N = number of nuclei remaining in a sample
- The activity of a sample is measured in **becquerels** (Bq)
 - An activity of 1 Bq is equal to one decay per second, or $1 s^{-1}$
- This equation shows:
 - The greater the decay constant, the **greater the activity** of the sample
 - The activity depends on the number of **undecayed nuclei remaining** in the sample
 - The minus sign indicates that the number of nuclei remaining **decreases** with time
- Half-life and decay constant can be linked, using an equation called the **exponential decay equation**

$$N = N_0 e^{-\lambda t}$$

- This equation shows how the number of undecayed nuclei, N , changes over time, t , where N_0 is the initial number of nuclei in the sample
- When time t is equal to the half-life $t_{1/2}$, the number of undecayed nuclei in the sample, N , will fall to half

of its original value $\left(N = \frac{1}{2}N_0\right)$

$$\frac{1}{2}N_0 = N_0 e^{-\lambda t_{1/2}}$$

- The formula linking half-life and decay constant can then be derived as follows:

divide both sides by N_0 : $\frac{1}{2} = e^{-\lambda t_{1/2}}$

take the natural log of both sides: $\ln\left(\frac{1}{2}\right) = -\lambda t_{1/2}$

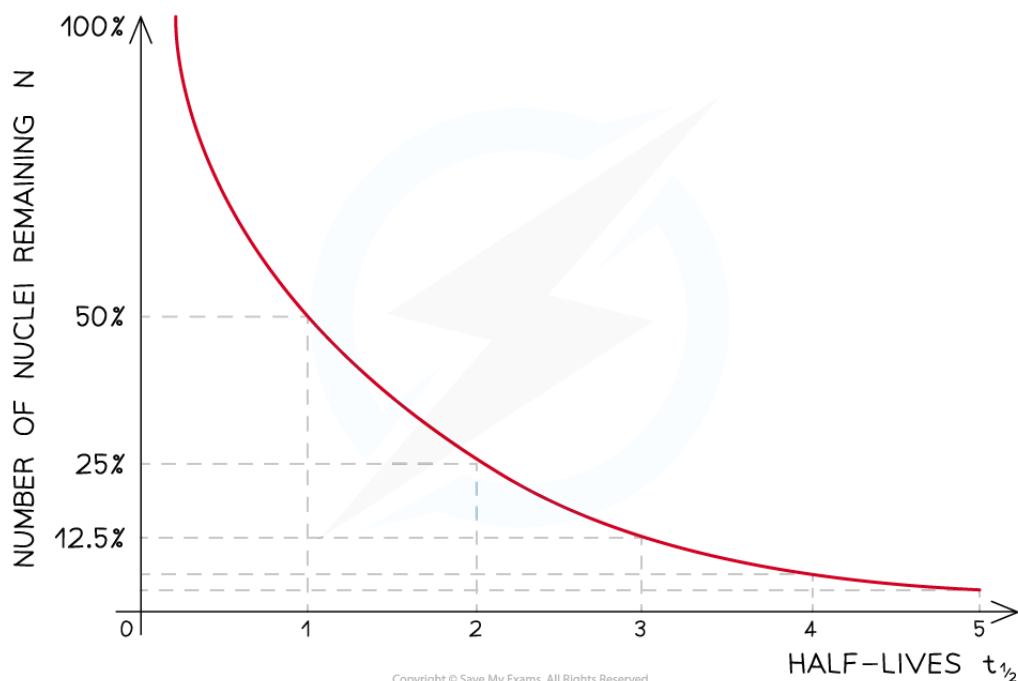
apply properties of logarithms: $\lambda t_{1/2} = \ln 2$

- Therefore, half-life $t_{1/2}$ can be calculated using the equation:

$$t_{1/2} = \frac{\ln 2}{\lambda}$$

- This equation shows that half-life $t_{1/2}$ and the radioactive decay rate constant λ are inversely proportional
 - Therefore, the **shorter** the half-life, the **larger** the decay constant and the **faster** the decay
- The half-life of a radioactive substance can be determined from decay curves and log graphs
- Since half-life is the **time taken for the initial number of nuclei, or activity, to reduce by half**, it can be found by
 - Drawing a line to the curve at the point where the activity has dropped to half of its original value
 - Drawing a line from the curve to the time axis, this is the half-life

LINEAR DECAY CURVE



A linear decay curve. This represents the relationship: $N = N_0 e^{-\lambda t}$

- Straight-line graphs tend to be more useful than curves for interpreting data
 - Due to the exponential nature of radioactive decay, logarithms can be used to achieve a straight-line graph
- Take the exponential decay equation for the number of nuclei

$$N = N_0 e^{-\lambda t}$$

- Taking the natural logs of both sides

$$\ln N = \ln N_0 - \lambda t$$

$$\ln N = -\lambda t + \ln N_0$$

- In this form, this equation can be compared to the equation of a straight line

$$y = mx + c$$

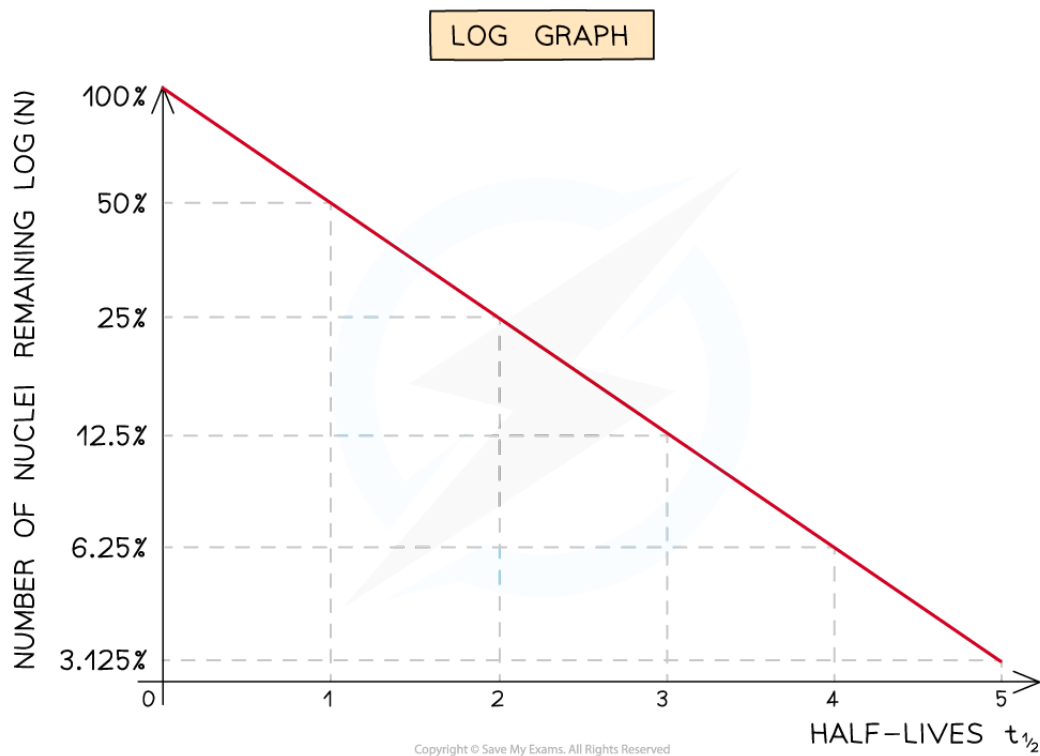
- Where:
 - $\ln N$ is plotted on the y-axis
 - t is plotted on the x-axis
 - gradient = $-\lambda$
 - y-intercept = $\ln N_0$
- Half-lives can be found in a similar way to the decay curve but the intervals will be regular as shown below:



Your notes



Your notes



A logarithmic graph. This represents the relationship: $\ln N = -\lambda t + \ln N_0$

- Note: experimentally, the measurement generally taken is the count rate of the source
 - Since count rate \propto activity \propto number of nuclei, the graphs will all take the same shapes when plotted against time (or number of half-lives) linearly or logarithmically



Your notes

Worked example

Radium is a radioactive element first discovered by Marie and Pierre Curie.

They used the radiation emitted from radium-226 to define a unit called the Curie (Ci) which they defined as the activity of 1 gram of radium.

It was found that in a 1 g sample of radium, 2.22×10^{12} atoms decayed in 1 minute.

Another sample containing 3.2×10^{22} radium-226 atoms had an activity of 12 Ci.

(a) Determine the value of 1 Curie

(b) Determine the decay constant for radium-226

Answer:

(a)

Step 1: Write down the known quantities

- Number of atoms decayed, $\Delta N = 2.22 \times 10^{12}$
- Time, $\Delta t = 1 \text{ minutes} = 60 \text{ s}$

Step 2: Write down the activity equation

$$A = \frac{\Delta N}{\Delta t}$$

Step 3: Calculate the value of 1 Ci

$$A = \frac{2.22 \times 10^{12}}{60} = 3.7 \times 10^{10} \text{ decays s}^{-1}$$

(b)

Step 1: Write down the known quantities

- Number of atoms, $N = 3.2 \times 10^{22}$
- Activity, $A = 12 \text{ Ci} = 12 \times (3.7 \times 10^{10}) = 4.44 \times 10^{11} \text{ Bq}$

Step 2: Write down the activity equation

$$A = \lambda N$$

Step 3: Calculate the decay constant of radium

$$\lambda = \frac{A}{N} = \frac{4.44 \times 10^{11}}{3.2 \times 10^{22}} = 1.388 \times 10^{-11} \text{ s}^{-1}$$

- Therefore, the decay constant of radium-226 is $1.4 \times 10^{-11} \text{ s}^{-1}$



Your notes



Your notes

Worked example

Strontium-90 is a radioactive isotope with a half-life of 28.0 years. A sample of Strontium-90 has an activity of 6.4×10^9 Bq.

- Calculate the decay constant λ , in year^{-1} , of Strontium-90.
- Determine the fraction of the sample remaining after 50 years.

Answer:

(a)

Step 1: List the known quantities

- Half-life, $t_{1/2} = 28$ years

Step 2: Write the equation for half-life

$$t_{1/2} = \frac{\ln 2}{\lambda}$$

Step 3: Rearrange for λ and calculate

$$\lambda = \frac{\ln 2}{t_{1/2}} = \frac{\ln 2}{28} = 0.025 \text{ year}^{-1}$$

(b)

Step 1: List the known quantities

- Decay constant, $\lambda = 0.025 \text{ year}^{-1}$
- Time passed, $t = 50$ years

Step 2: Write the equation for exponential decay

$$N = N_0 e^{-\lambda t}$$

Step 3: Rearrange for $\frac{N}{N_0}$ and calculate

$$\frac{N}{N_0} = e^{-\lambda t}$$

$$\frac{N}{N_0} = e^{-(0.025) \times 50} = 0.287$$

- Therefore, **28.7%** of the sample will remain after 50 years



Your notes

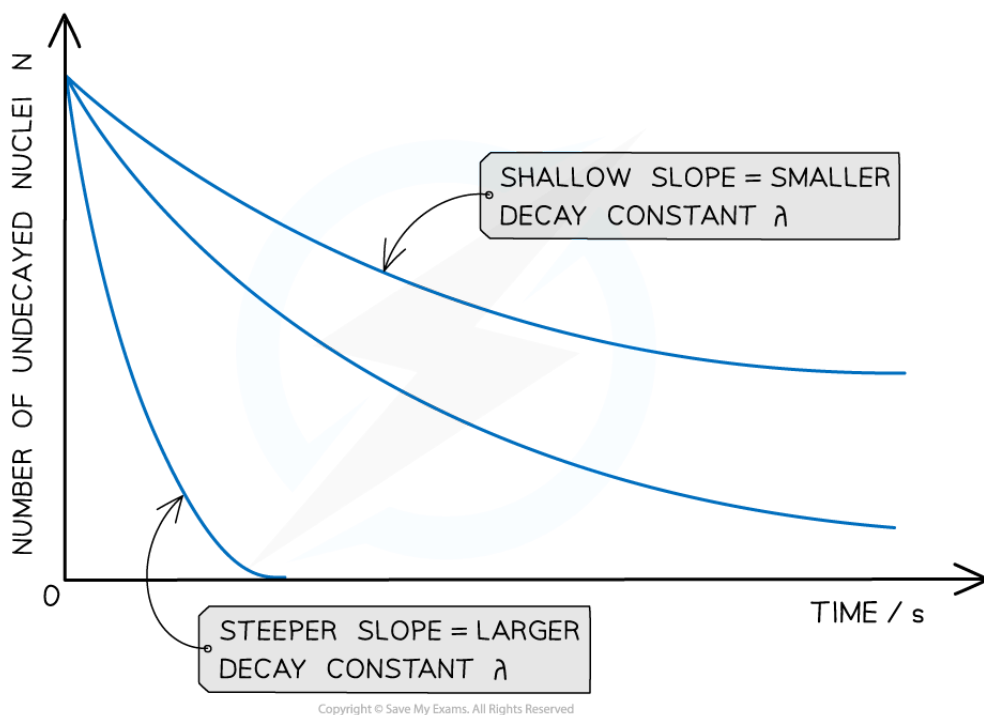


Your notes

The Law of Radioactive Decay (HL)

The Law of Radioactive Decay

- In radioactive decay, the number of undecayed nuclei falls very rapidly, without ever reaching zero
 - Such a model is known as **exponential decay**
- The graph of number of undecayed nuclei against time has a very distinctive shape:



Radioactive decay follows an exponential pattern. The graph shows three different isotopes each with a different rate of decay

- The key features of this graph are:
 - The steeper the slope, the larger the decay constant λ (and vice versa)
 - The decay curves always start on the y-axis at the initial number of undecayed nuclei (N_0)

Equations for Radioactive Decay

- The number of undecayed nuclei N can be represented in exponential form by the equation:

$$N = N_0 e^{-\lambda t}$$

- Where:
 - N_0 = the initial number of undecayed nuclei (when $t = 0$)
 - N = number of undecayed nuclei at a certain time t

- λ = decay constant (s^{-1})
- t = time interval (s)
- The number of nuclei can be substituted for other quantities.
- For example, the activity A is directly proportional to N , so it can also be represented in exponential form by the equation:

$$A = A_0 e^{-\lambda t}$$

- Where:
 - A = activity at a certain time t (Bq)
 - A_0 = initial activity (Bq)
- The received count rate C is related to the activity of the sample, hence it can also be represented in exponential form by the equation:

$$C = C_0 e^{-\lambda t}$$

- Where:
 - C = count rate at a certain time t (counts per minute or cpm)
 - C_0 = initial count rate (counts per minute or cpm)



Your notes



Your notes

Worked example

Strontium-90 decays with the emission of a β -particle to form Yttrium-90. The decay constant of strontium-90 is 0.025 year^{-1} .

Determine the activity A of the sample after 5.0 years, expressing the answer as a fraction of the initial activity A_0 .

Answer:

Step 1: Write out the known quantities

- Decay constant, $\lambda = 0.025 \text{ year}^{-1}$
- Time interval, $t = 5.0 \text{ years}$
- Both quantities have the same unit, so there is no need for conversion

Step 2: Write the equation for activity in exponential form

$$A = A_0 e^{-\lambda t}$$

Step 3: Rearrange the equation for the ratio between A and A_0

$$\frac{A}{A_0} = e^{-\lambda t}$$

Step 4: Calculate the ratio A/A_0

$$\frac{A}{A_0} = e^{-(0.025 \times 5)} = 0.88$$

- Therefore, the activity of strontium-90 decreases by a factor of 0.88, or 12%, after 5 years



Your notes

Worked example

A space probe uses a source containing 4.0 kg of plutonium-238.

Plutonium-238 is an alpha-emitter with a half-life of 87.7 years. Each alpha decay releases 5.5 MeV per emission. The space probe converts this into electrical energy with an efficiency of 32%.

The space probe can continue to operate as long as the power output is maintained at 0.4 kW or above.

Estimate the time, in years, the source is expected to supply power to the space probe.

Answer:

Step 1: List the known quantities

- Mass of Pu-238 = 4.0 kg = 4000 g
- Molar mass of Pu-238 = 238 g mol⁻¹
- Avogadro's constant, $N_A = 6.02 \times 10^{23}$ mol⁻¹
- Half-life of Pu-238 = 87.7 years
- Energy released per alpha decay = 5.5 MeV
- 1 electronvolt (eV) = 1.6×10^{-19} J
- Efficiency = 32% = 0.32
- Final power output, $P = 0.4$ kW = 400 W

Step 2: Calculate the initial number of nuclei present in the source

- 238 g of plutonium-238 contains 6.02×10^{23} atoms (Avogadro's number), so in 4 kg:

$$\text{Number of nuclei: } N = \frac{\text{mass} \times N_A}{\text{molar mass}}$$

$$\text{Initial number of nuclei: } N_0 = \frac{4000 \times (6.02 \times 10^{23})}{238} = 1.012 \times 10^{25} \text{ nuclei}$$

Step 3: Calculate the initial activity of the source

$$\text{Decay constant: } \lambda = \frac{\ln 2}{t_{1/2}}$$

$$\text{Activity: } A = \lambda N$$

- Combining these gives:

$$\text{Initial activity: } A_0 = \frac{N_0 \ln 2}{t_{1/2}}$$



$$A_0 = \frac{(1.012 \times 10^{25}) \times \ln 2}{87.7 \times (24 \times 60 \times 60 \times 365)} = 2.54 \times 10^{15} \text{ Bq}$$

Step 4: Calculate the initial power output of the source

$$\text{Power output: } P = \frac{\Delta E}{\Delta t}$$

$$\text{Energy released per decay: } E = (5.5 \times 10^6) \times (1.6 \times 10^{-19}) = 8.8 \times 10^{-13} \text{ J}$$

- Activity represents the decays per second, so:

$$\text{Initial power output: } P_0 = A_0 E$$

$$P_0 = (2.5 \times 10^{15}) \times (8.8 \times 10^{-13}) = 2200 \text{ W}$$

- The electrical power transferred to the probe is:

$$P_0 = 2200 \times 0.32 = 704 \text{ W}$$

Step 5: Use the exponential decay equation to calculate the time of operation

- The power available is proportional to the activity of the isotope, so:

$$\text{Exponential decay of power: } P = P_0 e^{-\lambda t}$$

$$\frac{P}{P_0} = e^{-\lambda t}$$

$$\ln\left(\frac{P}{P_0}\right) = -\lambda t$$

$$t = -\frac{1}{\lambda} \ln\left(\frac{P}{P_0}\right) = -\frac{t_{1/2}}{\ln 2} \ln\left(\frac{P}{P_0}\right)$$

$$t = -\frac{87.7}{\ln 2} \ln\left(\frac{400}{704}\right) = 71.5 \text{ years}$$

- Therefore, the source is expected to supply power to the space probe for **71.5 years**

Examiner Tip

The symbol e is used to represent the exponential constant and is approximately equal to $e = 2.718$

Make sure you are comfortable using the exponential function on your calculator, it is the button labelled e^x

The inverse function of e^x is the natural logarithmic function, $\ln y$

The rules for exponential functions are the same as the rules for logarithmic functions, so, if $y = e^x$, then $x = \ln y$



Your notes



Your notes

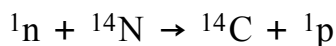
Applications of Radioactivity

Applications of Radioactivity

- When selecting a radioactive isotope for use in industry, agriculture or medicine, the key factors to consider are
 - The **penetrating power** of the decay particle
 - The **half-life** of the decay particle
- Some key examples which require the use of radioactive isotopes are:
 - [Nuclear power](#)
 - In medicine e.g. radiotherapy, tracers and sterilising equipment
 - Carbon dating
 - Uranium-lead dating for ageing rocks
 - Detecting leaks in underground pipes
 - Controlling the thickness of materials
 - Smoke detectors

Carbon Dating

- The isotope carbon-14 is commonly used in radioactive dating
- It forms as a result of cosmic rays knocking out neutrons from nuclei, which then collide with nitrogen nuclei in the air:



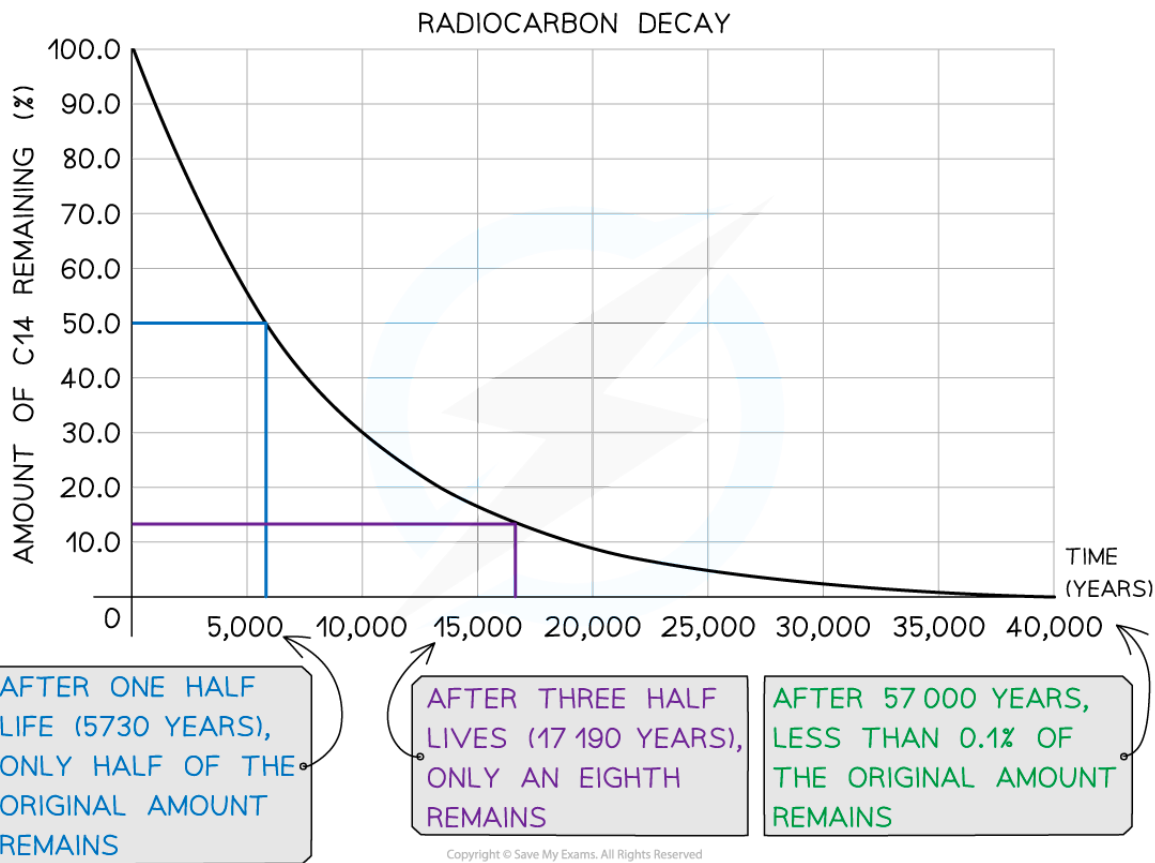
- All living organisms absorb carbon-14, but after they die they do not absorb any more
- The proportion of carbon-14 is constant in living organisms as carbon is constantly being replaced during the period they are alive
- When they die, the activity of carbon-14 in the organic matter starts to **fall**, with a half-life of around 5730 years
- Samples of living material can be tested by comparing the current amount of carbon-14 in them and compared to the initial amount (which is based on the current ratio of carbon-14 to carbon-12), and hence they can be dated

Reliability of Carbon Dating

- Carbon dating is a highly reliable method for estimating the ages of samples between **500** and **60 000 years old**
- This range can be explained by looking at the decay curve of carbon-14:



Your notes

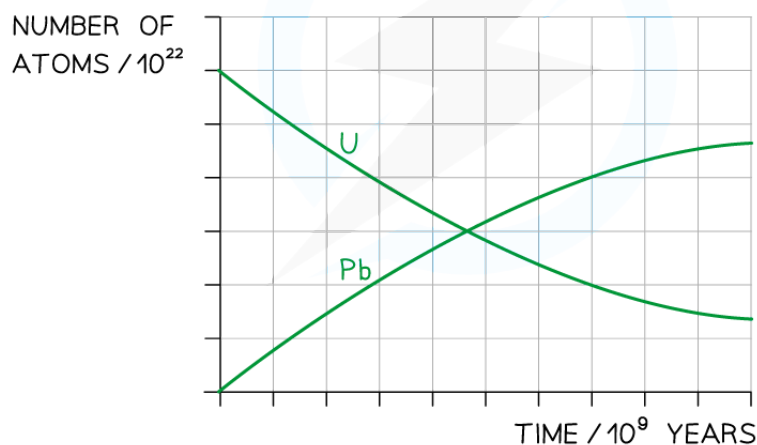
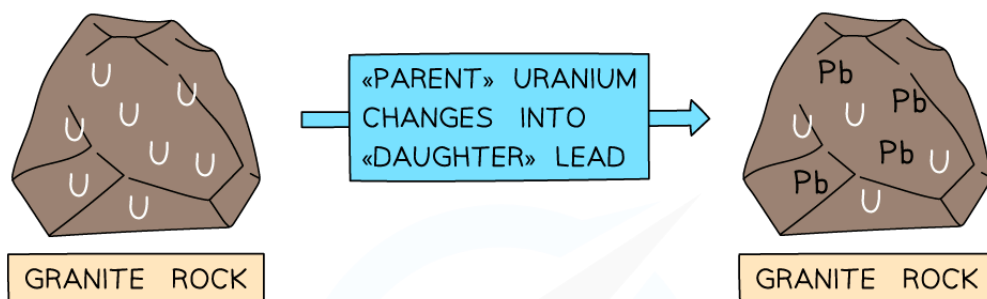


Carbon-14 decay curve used for radiocarbon dating

- If the sample is **less than 500** years old:
 - The activity of the sample will be too high to measure small changes accurately
 - Therefore, the ratio of carbon-14 to carbon-12 will be **too high** to determine an accurate age
- If the sample is **more than 60 000** years old:
 - The activity will be too low to distinguish between changes in the sample and background radiation
 - Therefore, the ratio of carbon-14 to carbon-12 will be **too small** to determine an accurate age
- Further sources of **uncertainty** arise with this dating method because:
 - The level of production of carbon-14 in the atmosphere varies slightly with location
 - The concentration of carbon-14 in the atmosphere may not have been constant over time

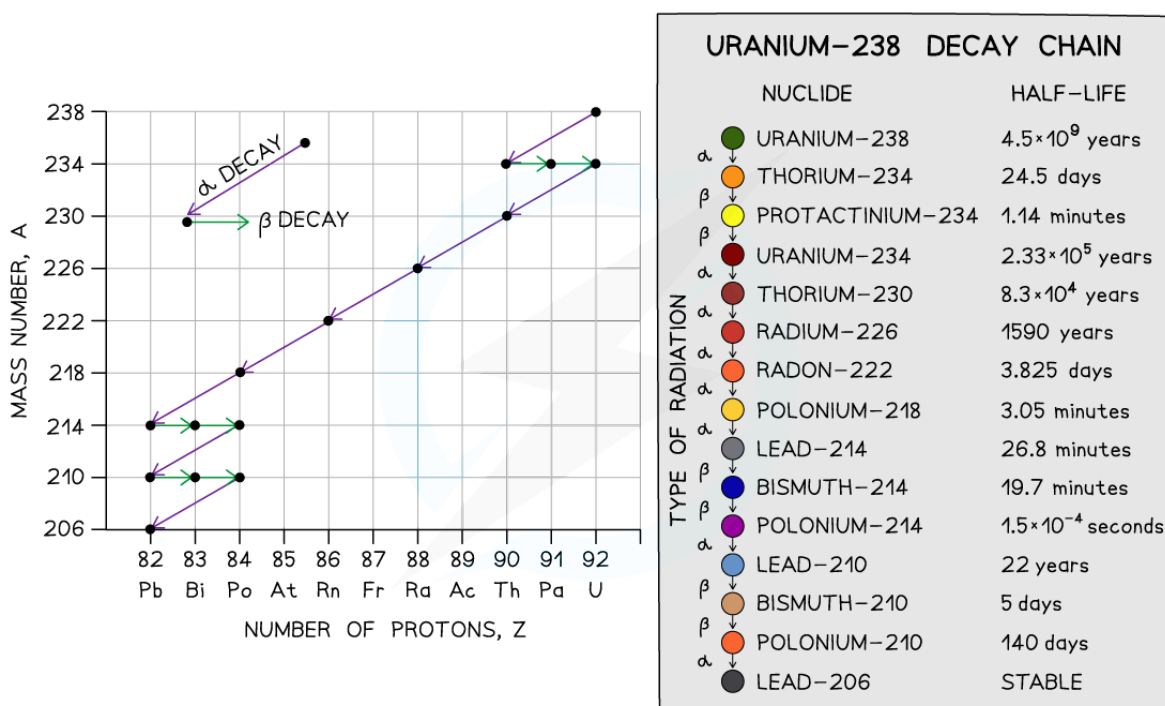
Uranium-Lead Dating

- For many years, scientists could not agree on the age of the Earth
- Until recently, the Earth was believed to be only millions of years old
- Over the last century, radiometric dating methods have enabled scientists to discover the age of the Earth is many **billions** of years old
- The most critical of these methods is **uranium-lead dating**



Uranium atoms decay whilst the number of lead atoms increases

- Initially, there is only uranium in the rock, but over time, the uranium decays via a decay chain which ends with lead-206, which is a stable isotope
- Uranium-238 has a half-life of **4.5 billion years**
- Over time, the ratio of lead-206 atoms to uranium-238 atoms increases
- The ratio of uranium to lead in a sample of rock can then be used to determine its age

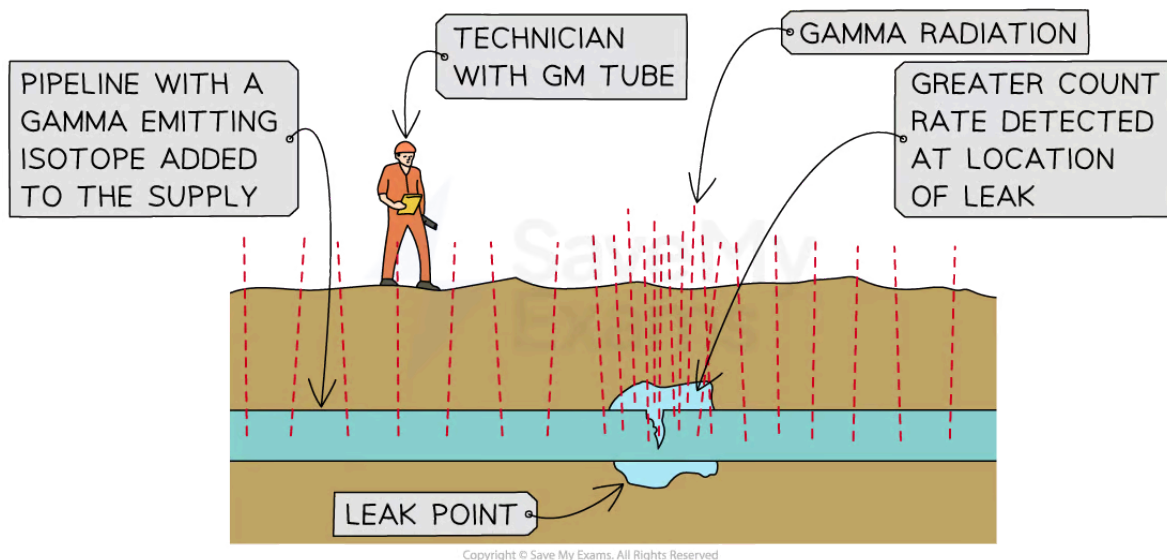


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The decay chain of uranium-238 into lead-206 has been crucial for determining an accurate age of the Earth

Detecting Leaks in Underground Pipes

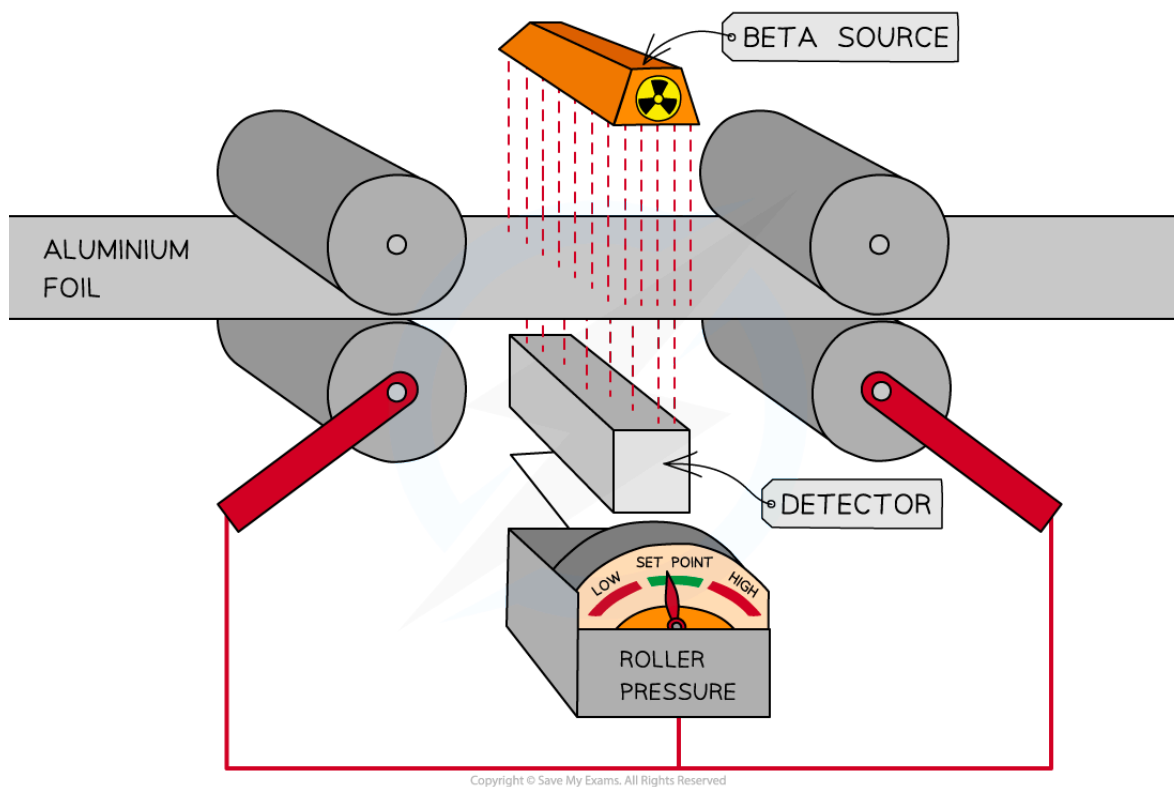
- Leaks in underground pipes can be detected by introducing a **gamma** emitter to the fluid supply in the pipe
- By moving a detector along the ground above the pipe, the location of the leak can be identified at the point where an increased count rate is detected
- Gamma radiation is required as it is the **most penetrating** type of radiation
 - It is the only type of radiation that would be detectable after passing through several metres of ground
 - Beta radiation could be used if the pipe is not too thick and is near the surface
- The **half-life** of the isotope must be
 - Long enough for the activity of the source to remain at detectable levels
 - Short enough that the isotope does not stay present in the supply any longer than required
- The isotope **sodium-24** is often used in leak detection
 - It emits both beta and gamma radiation and has a half-life of about 15 hours



The location of a leak in an underground pipe can be found at the point where a detector records a raised count rate compared to the other points along the pipe

Controlling the Thickness of Materials

- Beta radiation can be used to determine the thickness of aluminium foil, paper, plastic, and steel
- The thickness can be controlled by measuring how much beta radiation passes through the material to a Geiger counter
- Beta radiation must be used, because:
 - Alpha particles would be absorbed by all the materials
 - Gamma radiation would pass through undetected through the materials
- The Geiger counter controls the pressure of the rollers to maintain the correct thickness
- A source with a long half-life must be chosen so that it does not need to be replaced often



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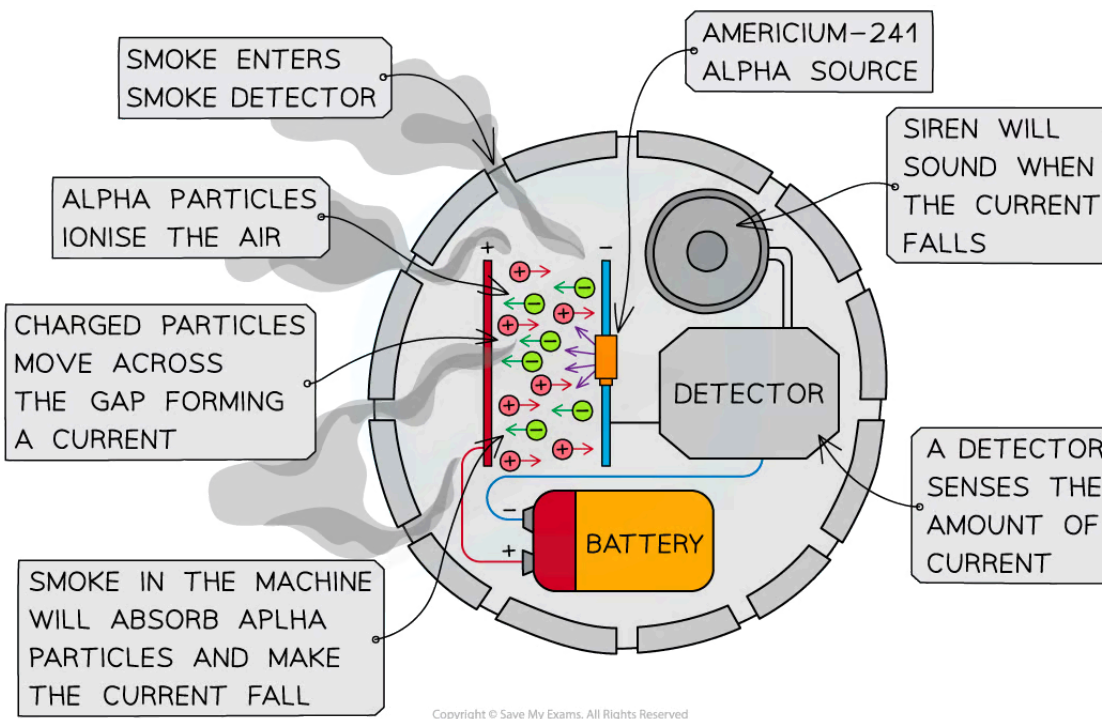
The pressure of the rollers can be adjusted to control the thickness of the aluminium foil depending on the amount of beta radiation detected

Smoke Detectors

- Smoke detectors contain a small amount of americium-241, an alpha emitter
- Within the detector, alpha particles are emitted and cause the ionisation of nitrogen and oxygen molecules in the air
- These ionised molecules enable the air to conduct electricity by allowing a small current can flow
- If smoke enters the alarm, it absorbs the alpha particles, hence reducing the current which causes the alarm to sound
- Americium-241 has a half-life of 460 years, so throughout the lifetime of a smoke detector, the activity of the source will not decrease significantly and it will not have to be replaced



Your notes



The operation of a smoke detector



Your notes

Worked example

Below are listed four radionuclides, together with the type of radiation they emit

radionuclide	type of radiation emitted
A americium-241	alpha (α)
B strontium-90	beta-minus (β^-)
C cobalt-60	beta-minus (β^-) and gamma (γ)
D fluorine-18	beta-plus (β^+)

Select the most suitable radionuclide in the following applications

- Sterilising hospital equipment sealed inside plastic bags
- Discharging static electricity that has built up in the manufacture of polythene
- Monitoring the thickness of a thin metal being produced in a factory
- A smoke detector

(a) **ANSWER: C**

- Alpha and low energy beta radiation would most likely be absorbed by the bag
- Therefore, gamma radiation, or very high energy beta particles, would be needed to penetrate the bag
- This would be best suited to **Cobalt-60**

(b) **ANSWER: D**

- Static electricity is an imbalance of electric charges on the surface of the polythene and is generally composed of negatively charged electrons
- In order to get rid of the static charge, it will need to be neutralised
- Beta-plus particles, or positrons, are the antimatter counterpart of the electron, and hence, are oppositely charged
- When the positrons are directed at the surface of the polythene, the electrons will be attracted to them and become neutralised as the particles annihilate as they collide
- Therefore, the beta-plus emitter, **Fluorine-18**, would be best suited to this job

(c) **ANSWER: B**

- Alpha particles would **not** be suitable for measuring the thickness of metal as they can be stopped by a **thin sheet of paper**
- Gamma rays are the most penetrating of the radiations and hence would **not** be suitable where thickness monitoring is up to a few millimetres as they would **all pass through**
- Beta particles are ideally suited as they have enough energy to pass through thin sheets of metal and any changes in thickness would be easily detected
- Therefore, the beta-minus emitter **Strontium-90** would be the most suitable isotope

(d) **ANSWER: A**

- Since smoke detectors are present inside homes and other buildings, they must **pose no hazard** to residents
- This means the smoke detector must contain a **very small amount** of the radioactive material
- Also, the radiation should not be too penetrating and should only be able to travel **a few centimetres**
- Therefore, an alpha source should be selected – this means **Americium-241** would be the most suitable isotope



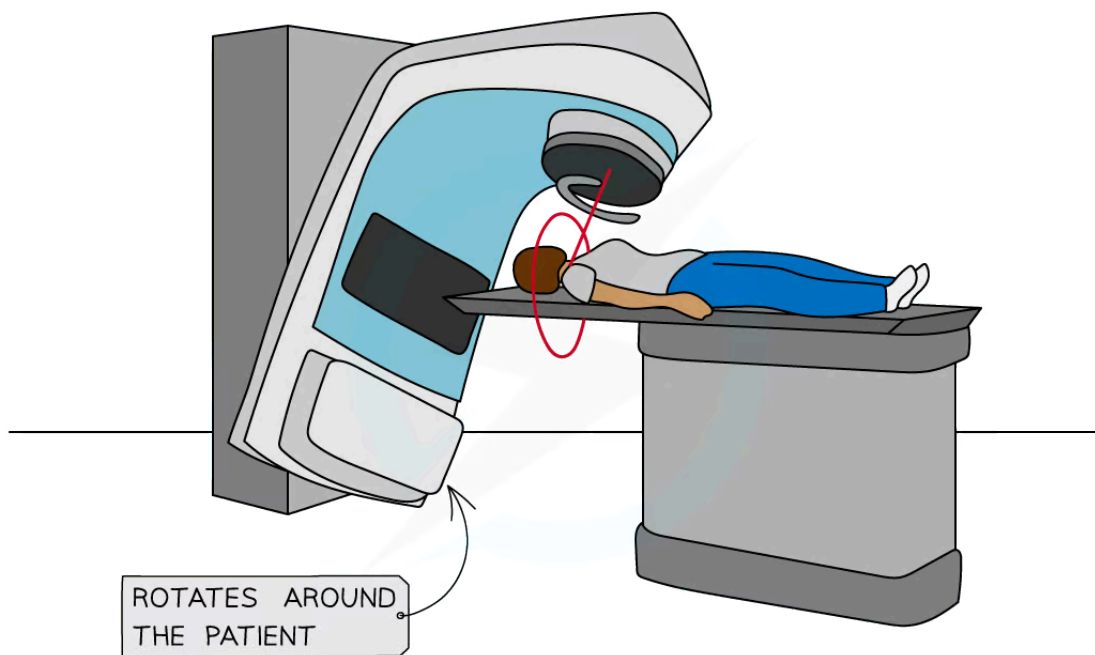
Your notes

Radiation in Medicine

- Radionuclides are widely used in medical applications, such as
 - Radiotherapy
 - Radioactive tracers
 - Sterilising equipment

Radiotherapy

- Gamma radiation can be used to destroy cancerous tumours
 - The gamma rays are concentrated on the tumour to protect the surrounding tissue
- Less penetrating beta radiation can be used to treat skin cancer by direct application to the affected area



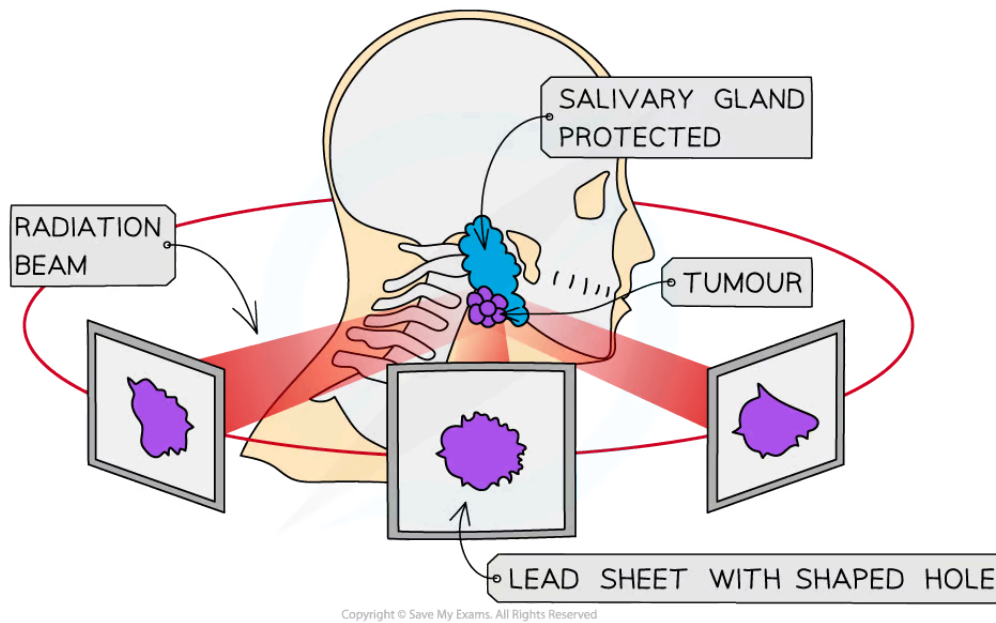
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Your notes



Your notes



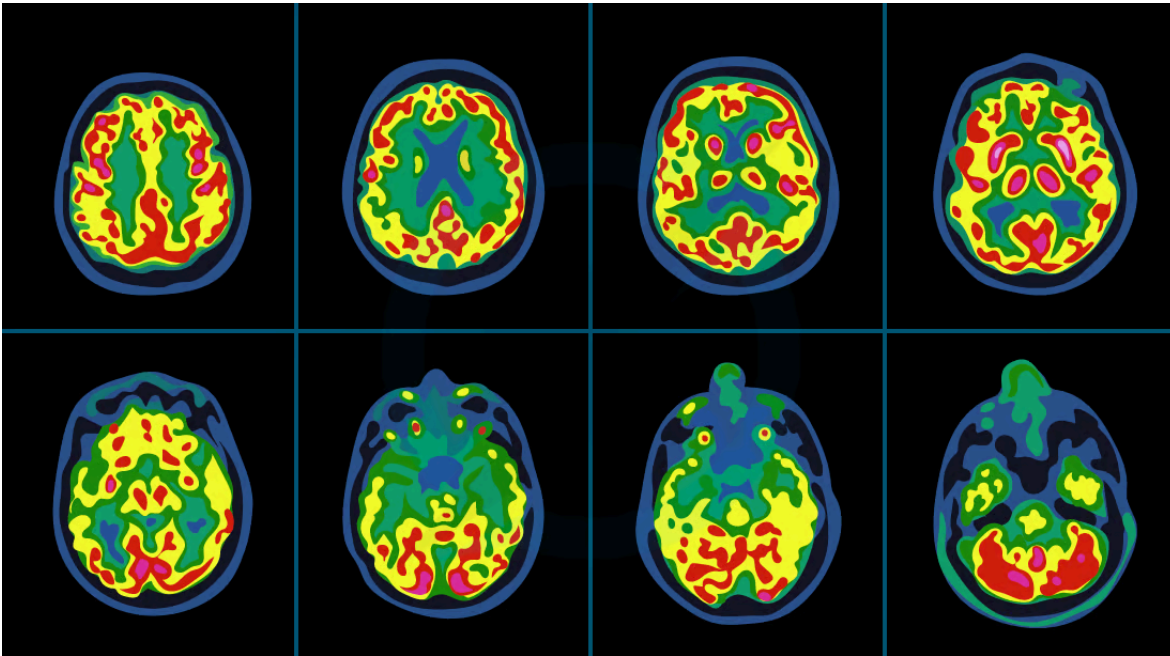
A radiotherapy machine. Powerful radiation is directed at the tumour and lead sheets can be used to prevent healthy tissue from being damaged

Radioactive Tracers

- Radioisotopes can be used as 'tracers' to monitor the processes occurring in different parts of the body
- Radioactive tracers with a short half-life are preferred because:
 - Initially, the activity is very high, so only a small sample needed
 - The shorter the half-life, the faster the isotope decays
 - Isotopes with a shorter half-life pose a much lower risk to the patient
 - The medical test doesn't last long so a half-life of a few hours is enough



Your notes



A radioactive tracer must be injected into the patient in order to take PET scan images of brain activity

- One example is **Iodine-131**
 - This isotope is known to be specifically taken up by the thyroid gland making it useful for monitoring and treating thyroid conditions
 - It emits beta particles which means it will stay concentrated on the thyroid area and nowhere else in the body
 - It has a short half-life of 8 days meaning it will not be around too long to cause prolonged exposure
- Another isotope commonly used as a tracer is **Technetium-99m**
 - It is a gamma emitter with an energy of about 140 keV which is ideal for detection
 - It has a half-life of 6 hours so it is ideal for use as a tracer, but will not remain active for too long and can be tolerated by the body
 - Gamma radiation is ideal as it is the most penetrating so it can be detected outside the body
 - Also, gamma is the weakest ioniser and causes minimal damage
 - As well as this, technetium-99m may be prepared easily at the hospital when required making it a cost-effective treatment

Sterilising Medical Equipment

- Gamma radiation is widely used to sterilise medical equipment
- Gamma is most suited to this because:
 - It is the most **penetrating** out of all the types of radiation
 - It is penetrating enough to irradiate **all sides** of the instruments

- Instruments can be sterilised without removing the **packaging**
- The general public might be worried that using gamma radiation in this way might cause the equipment itself to become radioactive, however, this is not the case because:
 - In order for a substance to become radioactive, the **nuclei** have to be affected
 - Ionising radiation only affects the **outer electrons** and not the nucleus
 - The radioactive material is kept securely sealed away from the packaged equipment so there is **no chance of contamination**



Your notes



Your notes

Mass Defect & Nuclear Binding Energy

Mass Defect & Nuclear Binding Energy

- Experiments into nuclear structure have found that the total mass of a nucleus is **less** than the sum of the masses of its constituent nucleons
 - In other words, the combined mass of 6 separate protons and 6 separate neutrons is more than the mass of a carbon-12 nucleus
 - This difference in mass is known as the **mass defect**

- Mass defect is defined as:

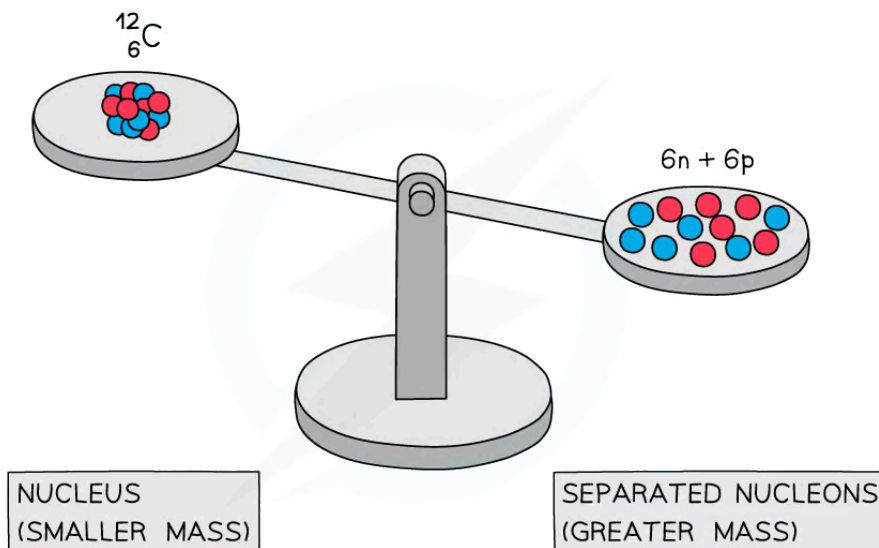
The difference between the measured mass of a nucleus and the sum total of the masses of its constituents

- The mass defect Δm of a nucleus can be calculated using:

$$\Delta m = Zm_p + (A - Z)m_n - m_{total}$$

- Where:

- Z = proton number
- A = nucleon number
- m_p = mass of a proton (kg)
- m_n = mass of a neutron (kg)
- m_{total} = measured mass of the nucleus (kg)



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A system of separated nucleons has a greater mass than a system of bound nucleons

- Due to mass-energy equivalence, a decrease in mass infers that energy must be released



Your notes

- Energy and mass are proportional, so, the total energy of a nucleus is **less than the sum of the energies** of its constituent nucleons
- Binding energy is defined as:
The energy required to break a nucleus into its constituent protons and neutrons
- The formation of a nucleus from a system of isolated protons and neutrons **releases energy**

Worked example

The binding energy per nucleon is 7.98 MeV for an atom of Oxygen-16 (^{16}O).

Determine an approximate value for the energy required, in MeV, to completely separate the nucleons of this atom.

Answer:

Step 1: List the known quantities

- Binding energy per nucleon, $E = 7.98 \text{ MeV}$

Step 2: State the number of nucleons

- The number of nucleons is 8 protons and 8 neutrons, therefore 16 nucleons in total

Step 3: Find the total binding energy

- The binding energy for oxygen-16 is:

$$7.98 \times 16 = 127.7 \text{ MeV}$$

Step 4: State the final answer

- The approximate total energy needed to completely separate this nucleus is **127.7 MeV**

Examiner Tip

The terms binding energy and mass defect can cause students confusion, so be careful when using them in your explanations.

Avoid describing the binding energy as the energy stored in the nucleus – this is not correct – it is energy that must be put **into** the nucleus to separate **all** the nucleons.

The same goes for the term mass defect, make sure to only use this when all the nucleons are separated and not to describe the decrease in mass which occurs during radioactive decay.



Your notes

Mass–Energy Equivalence

- Einstein showed in his Theory of Relativity that matter can be considered a form of energy and hence, he proposed:
 - Mass can be converted into energy
 - Energy can be converted into mass
- This is known as **mass–energy equivalence**, and can be summarised by the equation:

$$\Delta E = \Delta mc^2$$

- Where:
 - E = energy (J)
 - m = mass (kg)
 - c = the speed of light (m s^{-1})
- Some examples of mass–energy equivalence are:
 - The **fusion** of hydrogen into helium in the centre of the sun
 - The **fission** of uranium in nuclear power plants
 - Nuclear **weapons**
 - High-energy **particle collisions** in particle accelerators

Atomic Mass Unit

- The **atomic mass unit** is commonly used in nuclear physics to express the mass of subatomic particles
- It is defined as:

Exactly one twelfth $\left(\frac{1}{12}\right)$ the mass of a neutral atom of carbon-12

- Atomic mass unit u is roughly equal to the mass of one proton or neutron:
 - $1u = 1.661 \times 10^{-27} \text{ kg}$
- Using more precise values for well-known constants, a useful conversion factor can be determined
- A particle with a mass of $1u$ has an equivalent energy of

$$E = mc^2 = (1.66053907 \times 10^{-27}) \times (2.99792458 \times 10^8)^2 = 1.49241809 \times 10^{-10} \text{ J}$$

- Converting to eV by using the precise value of elementary charge gives

$$E = \frac{1.49241809 \times 10^{-10}}{1.60217663 \times 10^{-19}} = 931.494 \text{ MeV}$$

- Therefore, the unified atomic mass unit can be used to quickly **convert** between nuclear mass and energy using:
 - $1u = 1.661 \times 10^{-27} \text{ kg} = 931.5 \text{ MeV c}^{-2}$



Your notes

Worked example

Calculate the binding energy per nucleon, in MeV, for the radioactive isotope potassium-40 (${}_{19}^{40}\text{K}$).

You may use the following data:

- Nuclear mass of potassium-40 = 39.953 548 u
- Mass of one neutron = 1.008 665 u
- Mass of one proton = 1.007 276 u

Answer:

Step 1: Identify the number of protons and neutrons in potassium-40

- Proton number, $Z = 19$
- Neutron number, $N = 40 - 19 = 21$

Step 2: Calculate the mass defect, Δm

- Proton mass, $m_p = 1.007\,276\text{ u}$
- Neutron mass, $m_n = 1.008\,665\text{ u}$
- Mass of potassium-40, $m_{\text{total}} = 39.953\,548\text{ u}$

$$\Delta m = Zm_p + Nm_n - m_{\text{total}}$$

$$\Delta m = (19 \times 1.007276) + (21 \times 1.008665) - 39.953548$$

$$\Delta m = 0.36666\text{ u}$$

Step 3: Convert mass units from u to kg

- $1\text{ u} = 1.661 \times 10^{-27}\text{ kg}$

$$\Delta m = 0.36666 \times (1.661 \times 10^{-27}) = 6.090 \times 10^{-28}\text{ kg}$$

Step 4: Write down the equation for mass-energy equivalence

$$E = \Delta mc^2$$

- Where $c = 3.0 \times 10^8\text{ m s}^{-1}$

Step 5: Calculate the binding energy, E

$$E = 6.090 \times 10^{-28} \times (3.0 \times 10^8)^2 = 5.5 \times 10^{-11}\text{ J}$$

Step 6: Determine the binding energy per nucleon and convert J to MeV

- Take the binding energy and divide it by the number of nucleons
- $1\text{ MeV} = 1.6 \times 10^{-13}\text{ J}$

$$\text{Binding energy per nucleon} = \frac{5.5 \times 10^{-11}}{40} = 1.375 \times 10^{-12}\text{ J}$$

$$\text{Binding energy per nucleon} = \frac{1.375 \times 10^{-12}}{1.6 \times 10^{-13}} = 8.594 \text{ MeV}$$



Your notes

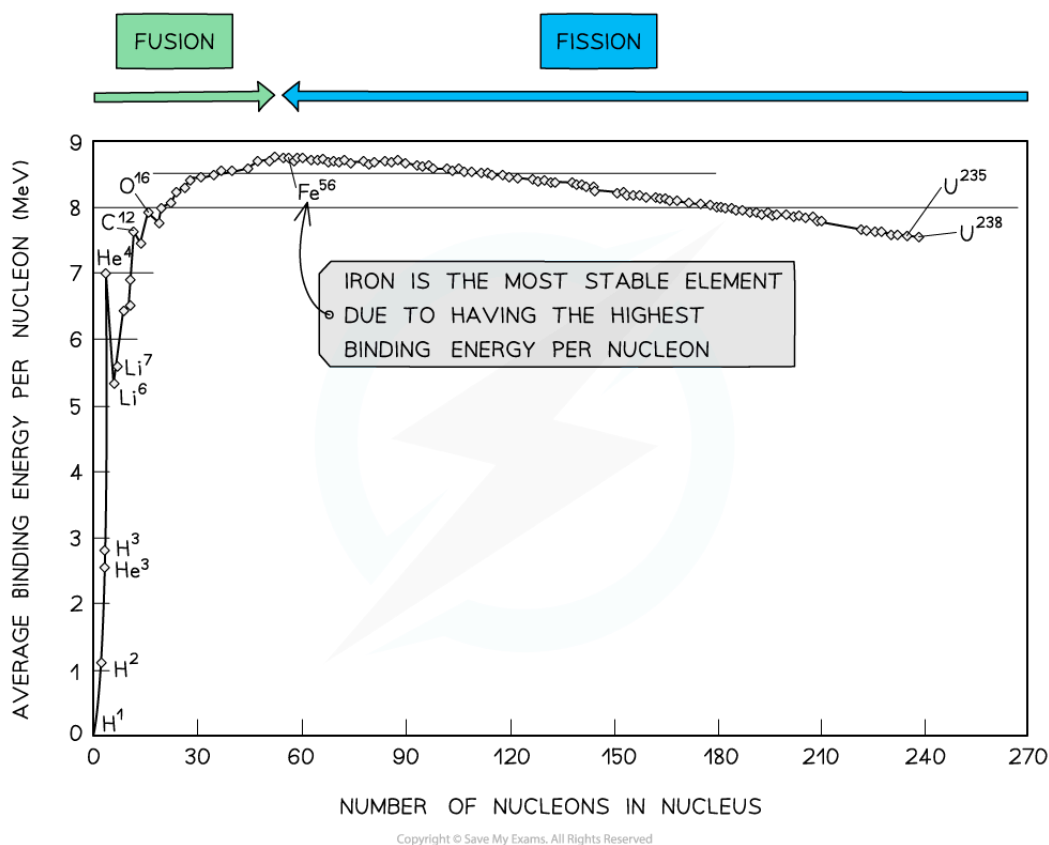


Your notes

Binding Energy per Nucleon Curve

Binding Energy per Nucleon Curve

- In order to compare nuclear stability, it is useful to look at the **binding energy per nucleon**
- The binding energy per nucleon is defined as:
The binding energy of a nucleus divided by the number of nucleons in the nucleus
- A higher binding energy per nucleon indicates a higher stability
- In other words, more energy is required to separate the nucleons contained within a nucleus



By plotting a graph of binding energy per nucleon against nucleon number, the stability of elements can be inferred

Key Features of the Graph

- At low values of A:
 - Nuclei have lower binding energies per nucleon than at large values of A, but they tend to be stable when $N = Z$



Your notes

- This means light nuclei have weaker electrostatic forces and will undergo **fusion**
- The gradient is **much steeper** compared to the gradient at large values of A
- This means that fusion reactions release a greater binding energy than fission reactions
- At high values of A :
 - Nuclei have generally higher binding energies per nucleon, but this gradually decreases with A
 - This means the heaviest elements are the most unstable and will undergo **fission**
 - The gradient is **less steep** compared to the gradient at low values of A
 - This means that fission reactions release less binding energy than fission reactions
- Iron ($A = 56$) has the highest binding energy per nucleon, which makes it the **most stable** of all the elements
- Helium (${}^4\text{He}$), carbon (${}^{12}\text{C}$) and oxygen (${}^{16}\text{O}$) do not fit the trend
 - Helium-4 is a particularly stable nucleus hence it has a **high** binding energy per nucleon
 - Carbon-12 and oxygen-16 can be considered to be three and four helium nuclei, respectively, bound together

Comparing Fusion & Fission

Similarities

- In both fusion and fission, the total mass of the products is slightly **less** than the total mass of the reactants
- The mass defect is equivalent to the binding energy that is released
- As a result, both fusion and fission reactions **release energy**

Differences

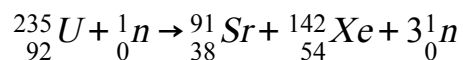
- In fusion, two smaller nuclei **combine** into a larger nucleus
- In fission, an unstable nucleus **splits** into two smaller nuclei
- Fusion occurs between **light** nuclei ($A < 56$)
- Fission occurs in **heavy** nuclei ($A > 56$)
- In light nuclei, **attractive** nuclear forces dominate over repulsive electrostatic forces between protons, and this contributes to nuclear **stability**
- In heavy nuclei, **repulsive** electrostatic forces between protons begin to dominate over attractive nuclear forces, and this contributes to nuclear **instability**
- Fusion releases much **more** energy per kg than fission
- Fusion requires a greater initial **input** of energy than fission



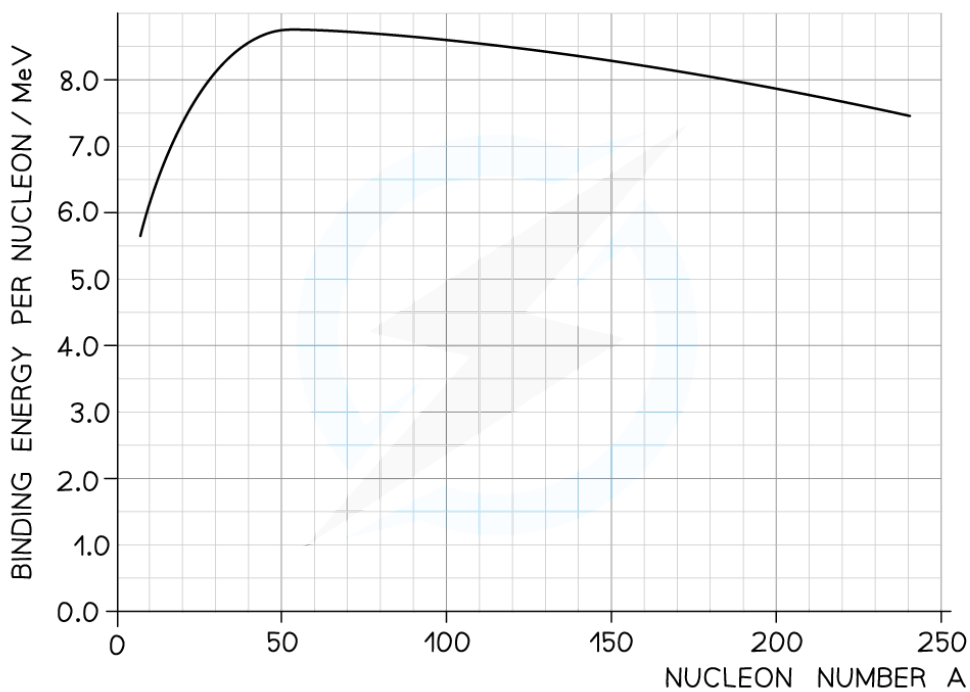
Your notes

Worked example

The equation below represents one possible decay of the induced fission of a nucleus of uranium-235.



The graph shows the binding energy per nucleon plotted against nucleon number A.



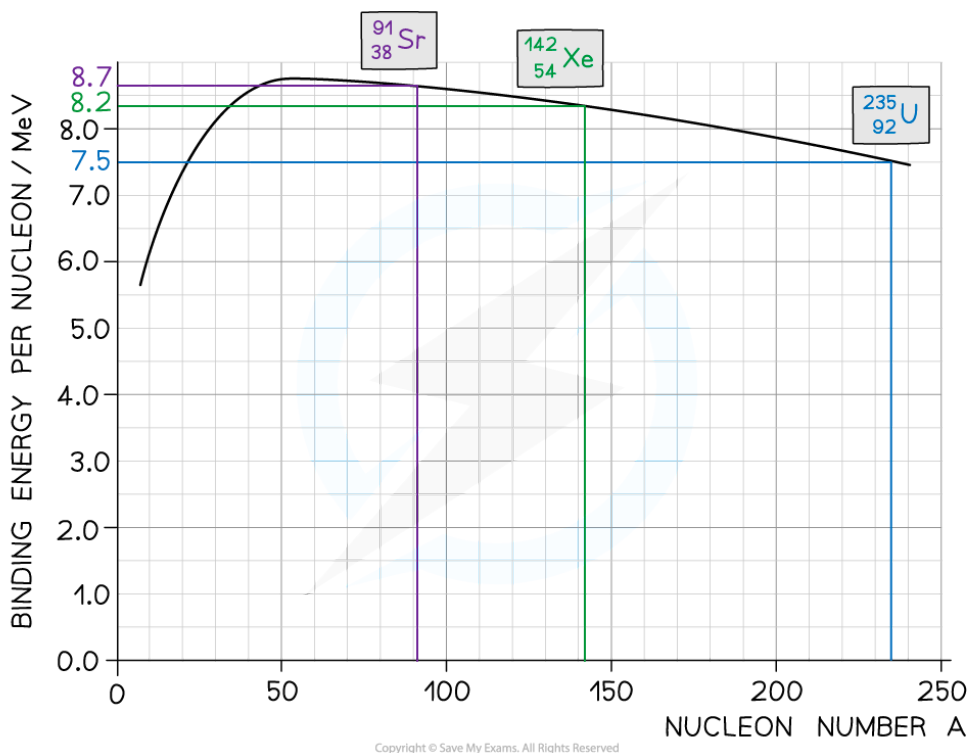
Calculate the energy released

- (a) by the fission process represented by the equation
- (b) when 1.0 kg of uranium, containing 3% by mass of U-235, undergoes fission

Answer:

Part (a)

Step 1: Use the graph to identify each isotope's binding energy per nucleon



- Binding energy per nucleon (U-235) = 7.5 MeV
- Binding energy per nucleon (Sr-91) = 8.2 MeV
- Binding energy per nucleon (Xe-142) = 8.7 MeV

Step 2: Determine the binding energy of each isotope

$$\text{Binding energy} = \text{Binding Energy per Nucleon} \times \text{Mass Number}$$

- Binding energy of U-235 nucleus = $(235 \times 7.5) = 1763 \text{ MeV}$
- Binding energy of Sr-91 = $(91 \times 8.2) = 746 \text{ MeV}$
- Binding energy of Xe-142 = $(142 \times 8.7) = 1235 \text{ MeV}$

Step 3: Calculate the energy released

$$\text{Energy released} = \text{Binding energy after (Sr + Xe)} - \text{Binding energy before (U)}$$

$$\text{Energy released} = (1235 + 746) - 1763 = 218 \text{ MeV}$$

Part (b)

Step 1: Calculate the energy released by 1 mol of uranium-235

- There are N_A (Avogadro's number) atoms in 1 mol of U-235, which is equal to a mass of 235 g
- Energy released by 235 g of U-235 = $(6 \times 10^{23}) \times 218 \text{ MeV}$

Step 2: Convert the energy released from MeV to J

- $1 \text{ MeV} = 1.6 \times 10^{-13} \text{ J}$

- Energy released = $(6 \times 10^{23}) \times 218 \times (1.6 \times 10^{-13}) = 2.09 \times 10^{13} \text{ J}$

Step 3: Work out the proportion of uranium-235 in the sample

- 1 kg of uranium which is 3% U-235 contains 0.03 kg or 30 g of U-235

Step 4: Calculate the energy released by the sample

$$\text{Energy released from 1 kg of Uranium} = (2.09 \times 10^{13}) \times \frac{30}{235} = 2.67 \times 10^{12} \text{ J}$$



Your notes

Examiner Tip

Checklist on what to include (and what not to include) in an exam question asking you to draw a graph of binding energy per nucleon against nucleon number:

- Do not begin your curve at $A = 0$, this is not a nucleus!
- Make sure to correctly label both axes AND units for binding energy per nucleon
- You will be expected to include numbers on the axes, mainly at the peak to show the position of iron (^{56}Fe)

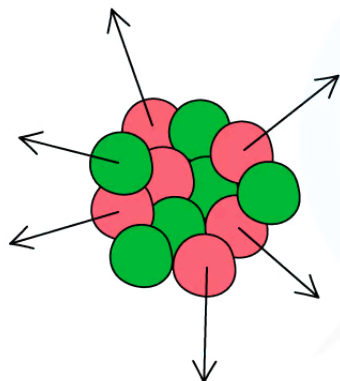


Your notes

Strong Nuclear Force

- In a nucleus, there are
 - Repulsive **electric** forces between protons due to their positive charge
 - Attractive **gravitational** forces due to the mass of the nucleons
- Gravity is the weakest of the fundamental forces, so it has a negligible effect compared to electric repulsion between protons
- If these were the only forces acting, the nucleus would not hold together
- Therefore, there must be an **attractive** force acting between all nucleons which is **stronger** than the electric repulsive force
 - This is known as the **strong nuclear force**
- The strong nuclear force acts between particles called **quarks**
- Protons and neutrons are made up of quarks, so the interaction between the quarks in the nucleons keeps them bound within a nucleus

ELECTROSTATIC REPULSION FORCES THE PROTONS IN THE NUCLEUS APART



THE STRONG FORCE HOLDS ALL THE NUCLEONS TOGETHER



KEY

● = PROTON

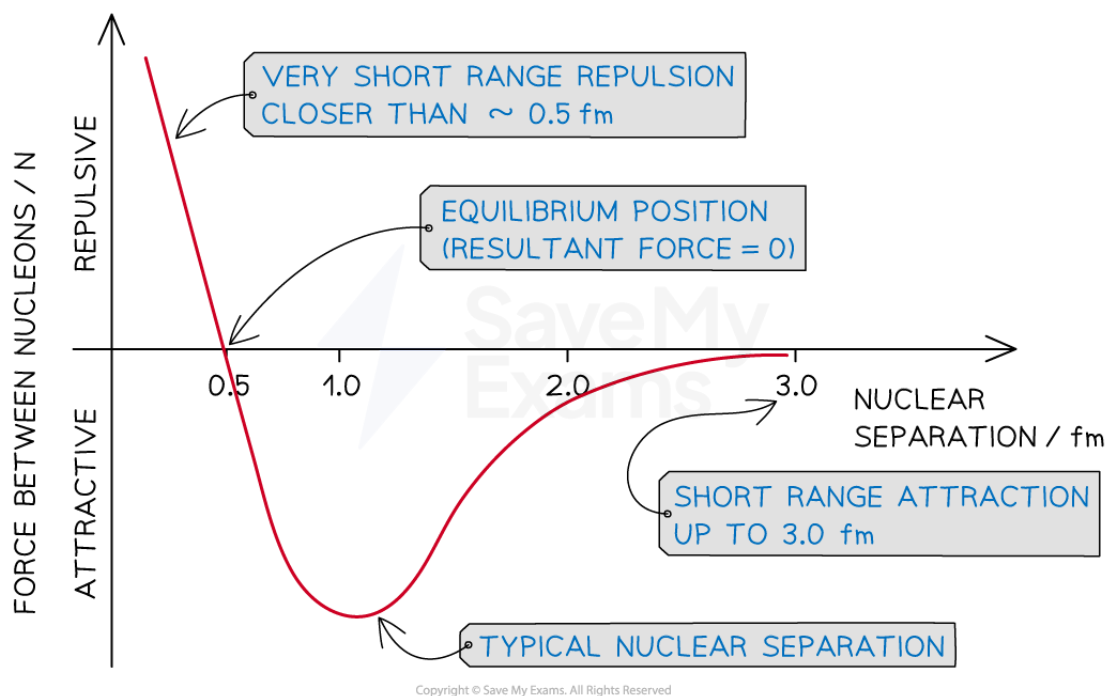
● = NEUTRON

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Whilst the electrostatic force is a repulsive force in the nucleus, the strong nuclear force holds the nucleus together

Properties of the Strong Nuclear Force

- The strength of the strong nuclear force between two nucleons varies with the separation between them
- This can be plotted on a graph which shows how the force changes with separation

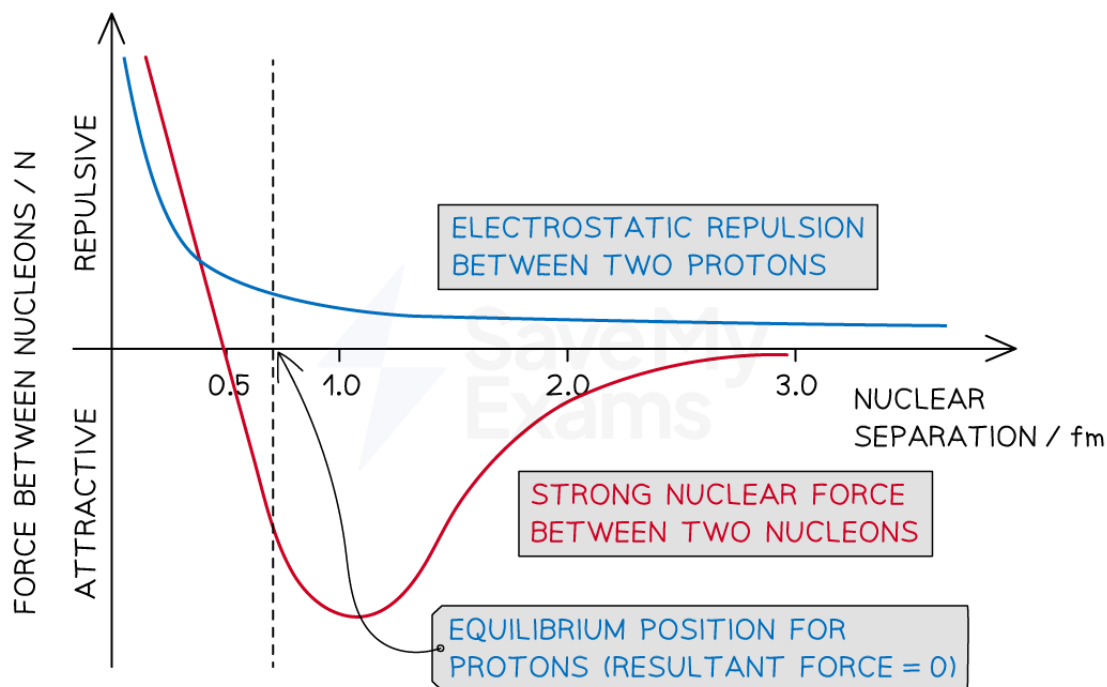


The strong nuclear force is repulsive below a separation of 0.5 fm and attractive up to 3.0 fm

- The key features of the graph are:
 - The strong force is **highly repulsive** at separations below 0.5 fm
 - The strong force is **very attractive** up to a nuclear separation of 3.0 fm
 - The **maximum** attractive value occurs at around 1.0 fm, which is a typical value for nucleon separation
 - The **equilibrium position**, where the resultant force is zero, occurs at a separation of about 0.5 fm
- In comparison to other fundamental forces, the strong nuclear force has a **very small range** (from 0.5 to 3.0 fm)

Comparison of Electrostatic and Strong Forces

- The graph below shows how the strength of the electrostatic and strong forces between two nucleons vary with the separation between them
 - The **red** curve represents the strong nuclear force between nucleons
 - The **blue** curve represents the electrostatic repulsion between protons



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At separations between 0.5 and 3.0 fm, the attraction of the strong force is far more powerful than the repulsion of the electrostatic force

- The repulsive electrostatic force between protons has a much **larger range** than the strong nuclear force
 - However, it only becomes significant when the proton separation is more than around 2.5 fm
- The electrostatic force is influenced by charge, whereas the strong nuclear force is not
- This means the strength of the strong nuclear force is roughly the **same** between all types of nucleon (i.e. proton-proton, neutron-neutron and proton-neutron)
 - This only applies for separations between 0.5 and 3.0 fm (where the electrostatic force between protons is insignificant)
- The **equilibrium position for protons**, where the electrostatic repulsive and strong attractive forces are equal, occurs at a separation of around 0.7 fm

Examiner Tip

You may see the strong nuclear force also referred to as the **strong interaction**

Make sure you can describe how the strong nuclear force varies with the separation of nucleons - make sure you remember the key values: range = 0.5 to 3.0 fm and typical nuclear separation ≈ 1.0 fm.

Remember to write that after 3 fm, the strong force becomes 'zero' or 'has no effect' rather than it is 'negligible'.

Recall that 1 fm, or 1 femtometre, is 1×10^{-15} m



Your notes

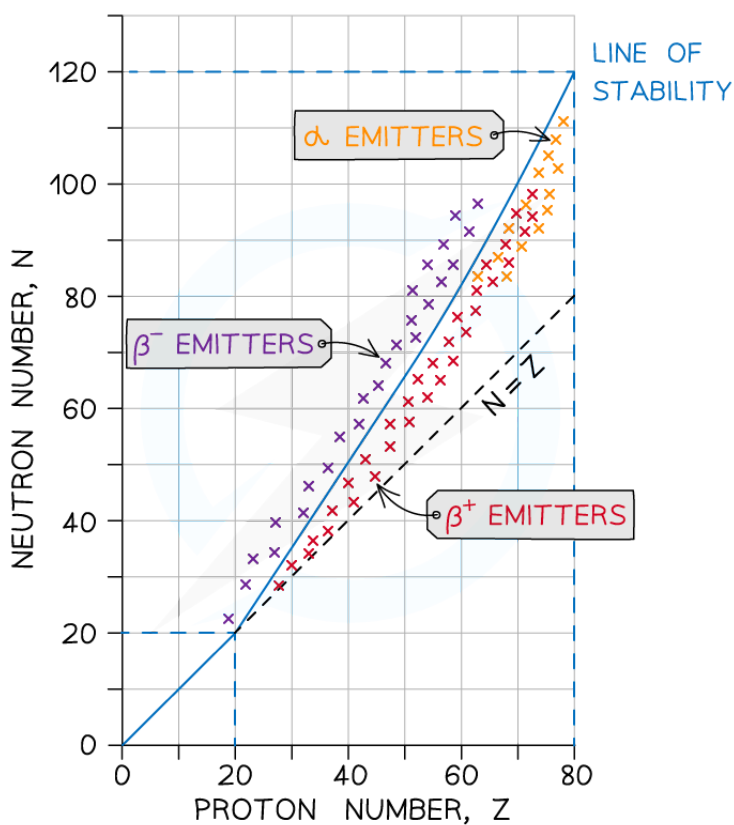


Your notes

Nuclear Stability (HL)

Nuclear Stability

- The most common elements in the universe all tend to have values of N and Z less than 20 (plus iron which has $Z = 26$, $N = 30$)
- Where:
 - N = number of neutrons
 - Z = number of protons / atomic number
- This is because lighter elements (with fewer protons) tend to be much **more stable** than heavier ones (with many protons)
- Nuclear stability becomes vastly clearer when viewed on a graph of N against Z



This nuclear stability curve shows the line of stable isotopes and which unstable isotopes will emit alpha or beta particles



Your notes

- The line of stability shows N and Z values that produce stable nuclei
 - If a nucleus on this line were to have more neutrons, for example, it would move above the line and become an unstable β^- emitter
- A nucleus will be unstable if it has:
 - Too many neutrons
 - Too many protons
 - Too many nucleons ie. too heavy
 - Too much energy
- An unstable atom wants to become stable
- For light isotopes, $Z < 20$:
 - All these nuclei tend to be very stable
 - They follow the straight-line $N = Z$
- For heavy isotopes, $Z > 20$:
 - The neutron-proton ratio increases
 - Stable nuclei must have more neutrons than protons

Evidence for the Strong Nuclear Force

- The imbalance in the neutron-proton ratio is very significant to the stability of nuclei
- At a short range (around 1–3 fm), nucleons are bound by the **strong nuclear force**
- Below 1 fm, the strong nuclear force is **repulsive** in order to prevent the nucleus from collapsing
- At longer ranges, the electromagnetic force acts between protons, so **more protons cause more instability**
- Therefore, as more protons are added to the nucleus, more neutrons are needed to add distance between protons to **reduce** the electrostatic repulsion
- Also, the extra neutrons increase the amount of binding force which helps to **bind the nucleons together**

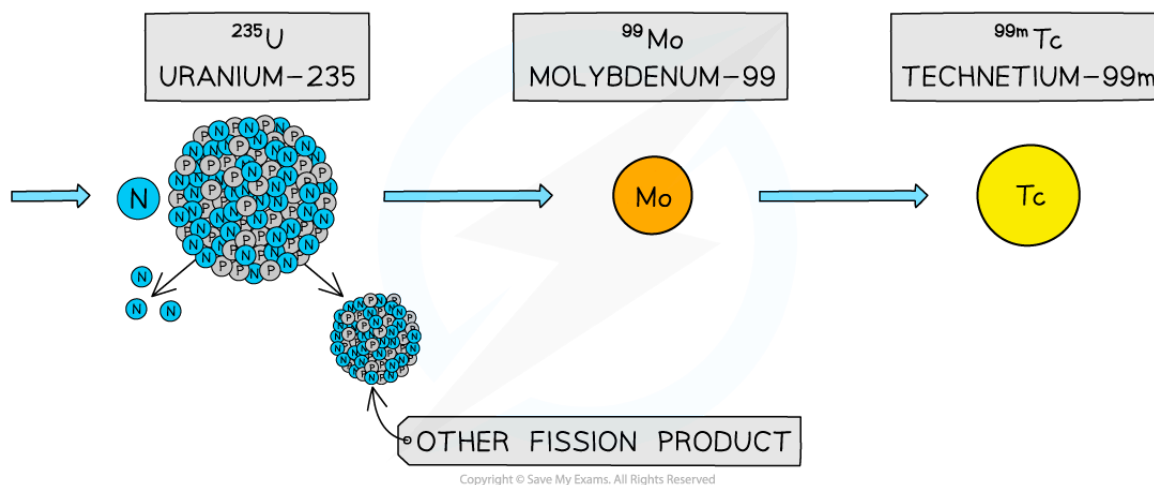


Your notes

Nuclear Energy Levels (HL)

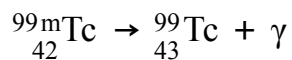
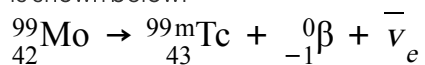
Nuclear Energy Levels

- A nucleus can exist in an **excited state** in the same way as an electron
- Once an unstable nucleus has decayed, it may emit any remaining energy in the form of a **gamma photon** (γ)
 - The emission of a γ photon does not change the number of protons or neutrons in the nucleus, it only allows the nucleus to **lose energy**
- This happens when a daughter nucleus is in an excited state after a decay
- This excited state is usually very **short-lived**, and the nucleus quickly moves to its **ground state**, either directly or via one or more lower-energy excited states



Metastable technetium-99m is a technetium-99 nucleus in an excited energy state

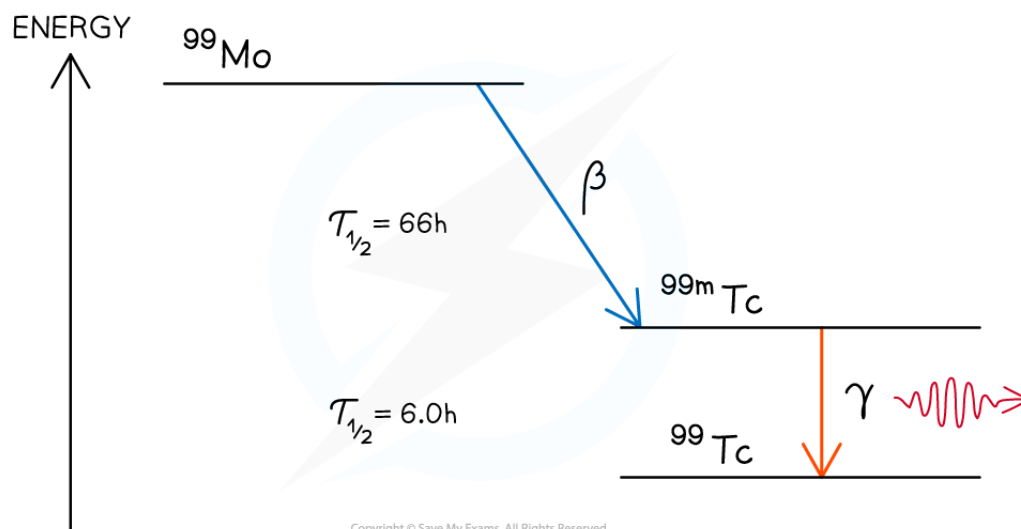
- One common application of this is the use of technetium-99m as a γ source in medical diagnosis
 - The 'm' stands for **metastable** which means the nucleus exists in a particularly stable excited state
- Technetium-99m is the decay product of molybdenum-99, which can be found as a product in nuclear reactors
- The decay of molybdenum-99 is shown below:



- Nuclear energy levels are similar to electron energy levels
- The nuclear energy level diagram of molybdenum-99 can be represented as follows:



Your notes



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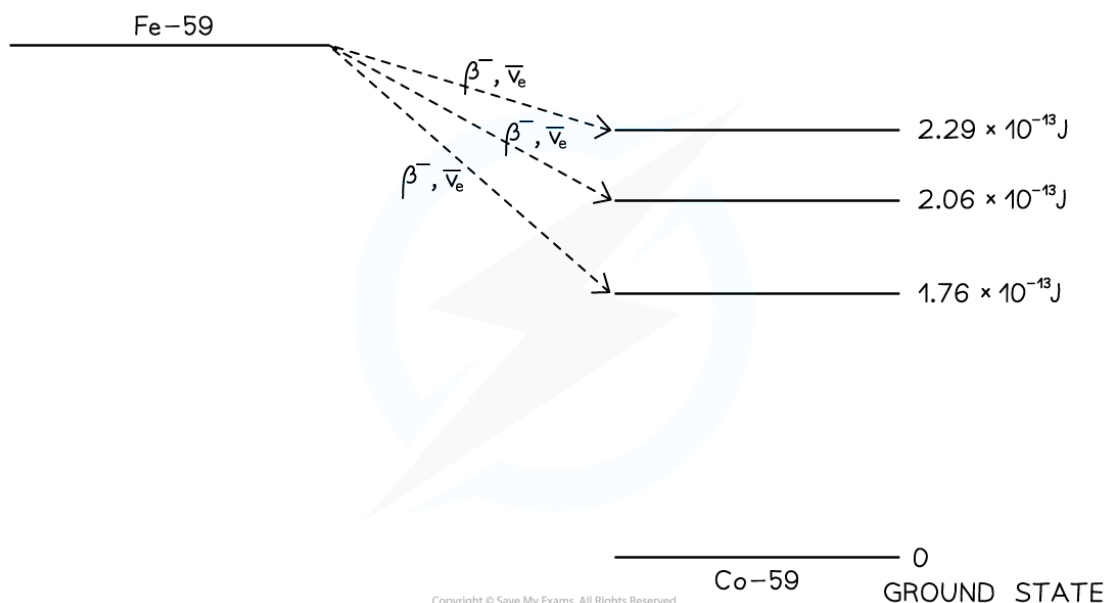
- A diagonal line represents the decay mode (usually alpha or beta)
- The excited state, or states, are generally stacked in descending energy order to the right of the decay



Worked example

A nucleus of iron Fe-59 decays into a stable nucleus of cobalt Co-59. It decays by β^- emission followed by the emission of γ -radiation as the Co-59 nucleus de-excites into its ground state.

The total energy released when the Fe-59 nucleus decays is 2.52×10^{-13} J. The Fe-59 nucleus can decay to one of three excited states of the cobalt-59 nucleus as shown below. The energies of the excited states are shown relative to the ground state.



Following the production of excited states of Co-59, γ -radiation of discrete wavelengths is emitted.

- Calculate the maximum possible kinetic energy of the β^- particle emitted in MeV
- State the maximum number of discrete wavelengths that could be emitted
- Calculate the longest wavelength of the emitted γ -radiation

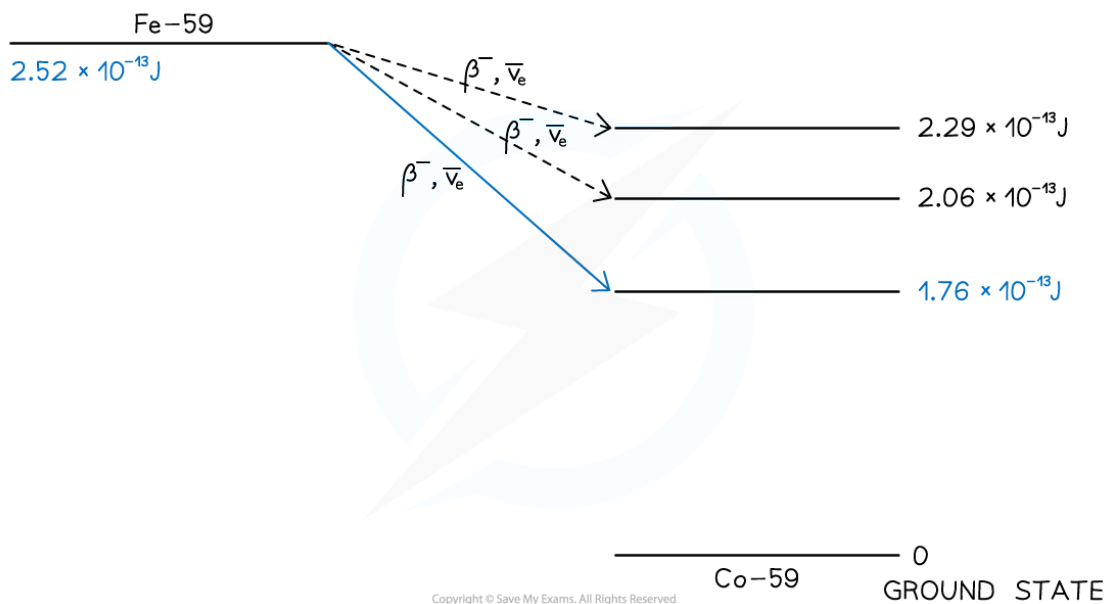
Answer:

Part (a)

Step 1: Identify the beta emission with the largest energy gap



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Step 2: Calculate the energy difference

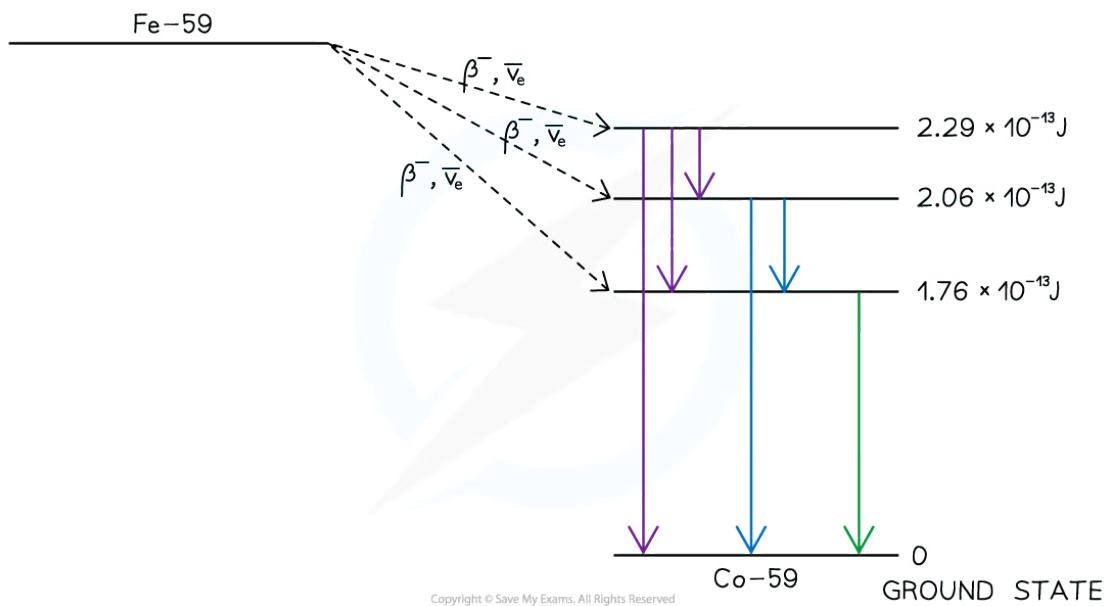
$$\Delta E = (2.52 - 1.76) \times 10^{-13} = 7.6 \times 10^{-14} \text{ J}$$

Step 3: Convert from J to MeV

$$\Delta E = \frac{7.6 \times 10^{-14}}{1.6 \times 10^{-13}} = 0.475 = 0.48 \text{ MeV}$$

- $1 \text{ MeV} = 1.6 \times 10^{-13} \text{ J}$

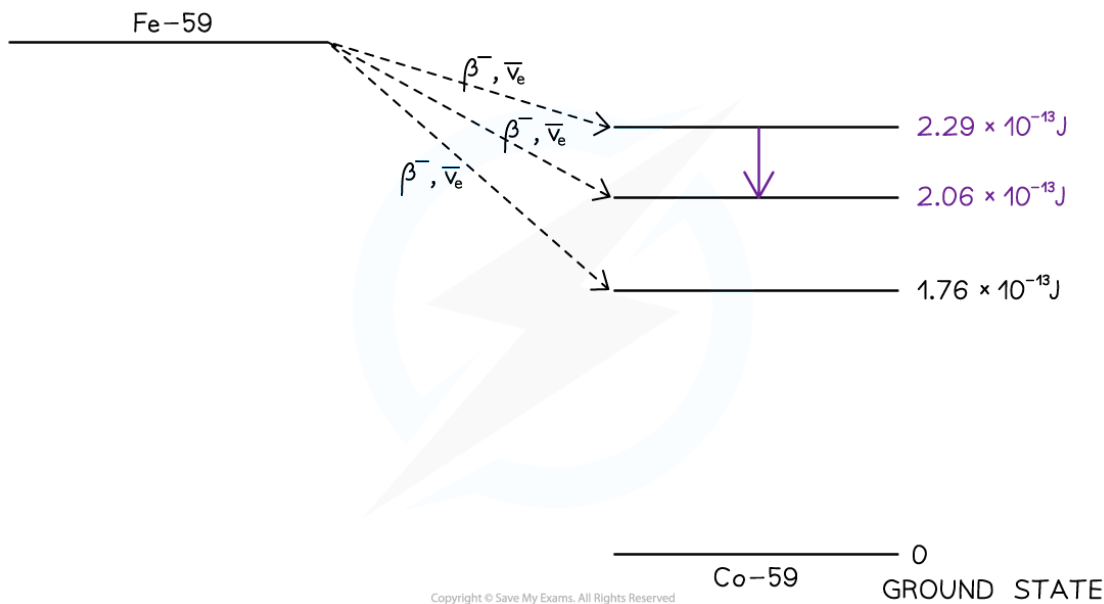
Part (b)



- There are 6 possible transitions, hence 6 discrete wavelengths could be emitted

Part (c)

Step 1: Identify the emission with the longest wavelength / smallest energy gap



- Longest wavelength = lowest frequency = smallest energy

Step 2: Calculate the energy difference

$$\Delta E = (2.29 - 2.06) \times 10^{-13} = 2.3 \times 10^{-14} \text{ J}$$

Step 3: Relate photon energy and wavelength

$$E = \frac{hc}{\lambda}$$

Where:

- h = Planck's constant
- c = speed of light

Step 4: Calculate the wavelength associated with the energy change

$$\lambda = \frac{hc}{E} = \frac{(6.63 \times 10^{-34}) \times (3.0 \times 10^8)}{2.3 \times 10^{-14}} = 8.6 \times 10^{-12} \text{ m}$$



Your notes

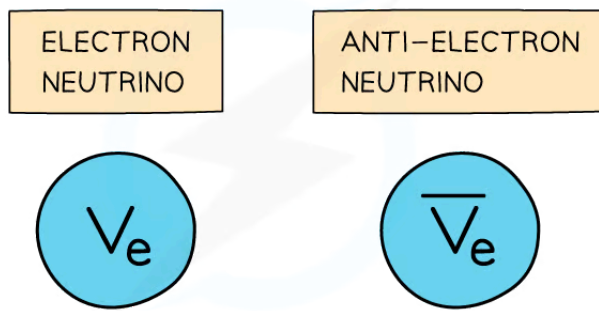


Your notes

Evidence for the Neutrino (HL)

Evidence for the Neutrino

- An electron neutrino is a type of subatomic particle with no charge and negligible mass which is also emitted from the nucleus
- The anti-neutrino is the antiparticle of a neutrino
 - Electron anti-neutrinos are produced during β^- decay
 - Electron neutrinos are produced during β^+ decay

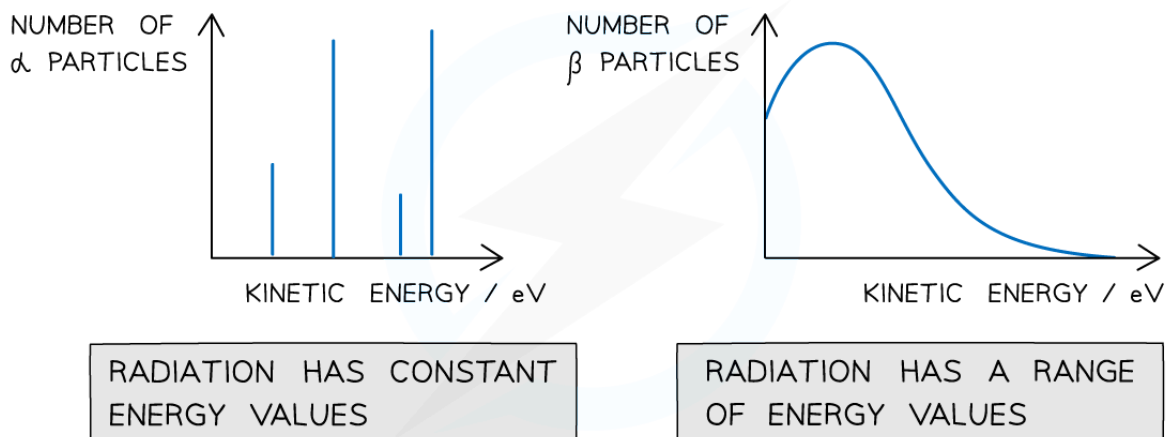


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- Although the neutrino has no charge and negligible mass, its existence was hypothesised to account for the conservation of **energy** in [beta decay](#)
- When the number of α particles is plotted against kinetic energy, there are clear spikes that appear on the graph
- This demonstrates that **α -particles have discrete energies** (only certain values)



Your notes



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Alpha particles have discrete energy levels whilst beta particles have a continuous range of energies

- When the number of β particles is plotted against kinetic energy, the graph shows a curve
- This demonstrates that **beta particles (electrons or positrons) have a continuous range of energies**
- This is because the energy released in beta decay is shared between the **beta particles** (electrons or positrons) and **neutrinos** (or anti-neutrinos)
- This was one of the first clues of the neutrino's existence
- The principle of conservation of momentum and energy applies in both alpha and beta emission

 **Examiner Tip**

Remember that beta minus particles **are** electrons and beta plus are protons. The names are interchangeable.